

# Student Resource Guide

ALL OF YOUR **BASIC**  
NEEDS IN ONE PLACE

Wake County, NC



## What are basic needs?

**The Hope Center** defines students' basic needs as access to nutritious and sufficient food; safe, secure, and adequate housing—to sleep, to study, to cook, and to shower; healthcare to promote sustained mental and physical well-being; affordable technology and transportation; resources for personal hygiene; and childcare and related needs.<sup>1</sup>



Nearly **3 in 5** students in the United States experienced basic needs insecurity in 2020.<sup>1</sup>

**52%** of the students facing basic needs insecurity did not seek assistance because they did not know how to apply.<sup>1</sup>

**Use this resource guide as a tool for identifying available services in Wake County and how to apply for those services based on your eligibility.**

## Disclaimer

North Carolina Cooperative Extension is part of a national organization funded by federal, state, and local governments, as well as private sources, serving as a link between university agricultural research and the people of North Carolina. This publication has been developed independently and is not endorsed by any organization. The information in this guide is subject to change at any time and it is important that students, community members, university and college staff contact the organizations listed to obtain the most current and accurate information.

**Contributors:** Madison Griffin, B.S., AmeriCorps VISTA, NC Cooperative Extension; Cameron Phipps, B.A., AmeriCorps VISTA, NC Cooperative Extension

<sup>1</sup> The Hope Center for College, Community, and Justice. (2021a). *#RealCollege 2021: Basic needs insecurity during the ongoing pandemic*. <https://hope4college.com/wp-content/uploads/2021/03/RCReport2021.pdf>

# Student Resources in Wake County

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All website links are live and clickable.



## RESOURCE KEY:

Resources will be identifiable as a university specific resource, a community-wide resource, or a federal resource. This labeling will help in determining your eligibility.

★ **University Resource**

● **Community Resource**

■ **Federal Resource**



# Food

## Prepared Food

### ● A Place at the Table

**Contact:** 919-307-8914, [info@tableraleigh.org](mailto:info@tableraleigh.org)

**Location:** 300 W Hargett St #50, Raleigh, NC 27601

**Website:** [www.tableraleigh.org](http://www.tableraleigh.org)

**Services:** A pay-what-you-can café, open Tuesday through Sunday from 8:00 am to 2:00 pm providing community and good food for all, regardless of means. Customers have the option to pay the suggested price, less than the suggested price, or volunteer for their meal.

**Eligibility:** Open to all.

### ● Love Wins Community Engagement Center

**Contact:** 919-834-2611

**Location:** 622 Maywood Ave, Raleigh, NC 27603

**Website:** [www.facebook.com/LoveWinsCommunityCenter/](http://www.facebook.com/LoveWinsCommunityCenter/)

**Services:** Love Wins provides to-go meals Monday through Friday from 9:15 to 10:15 am and 11:45 to 12:45 pm, and Tuesday through Thursday from 5:45 to 6:45 pm.

**Eligibility:** Open to all. No application required.

### ● Oak City Cares

**Contact:** 984-344-9599

**Location:** 1430 S Wilmington St, Raleigh, NC 27603 (accessible via the #21 bus from downtown Raleigh)

**Website:** [www.oakcitycares.org](http://www.oakcitycares.org)

**Services:** Weekend meals offered Saturdays and Sundays at 9:00 am, 12:30 pm, and 3:00 pm. Indoor and outdoor patio eating space available.

**Eligibility:** Individuals and families experiencing homelessness and/or food insecurity. No registration required.

## ● Shepherd's Table Soup Kitchen

**Contact:** 919-831-2010, [soupkitchen@shepherds-table.org](mailto:soupkitchen@shepherds-table.org)

**Location:** 121 Hillsborough St. Raleigh, NC 27603, Basement floor of the Church of the Good Shepherd in downtown Raleigh

**Website:** [www.shepherds-table.org](http://www.shepherds-table.org)

**Services:** Hot lunch served Monday through Friday from 11:00 to 12:00.

**Eligibility:** All community members welcome. No registration required.

## ● The Center of Hope Soup Line

**Contact:** 919-834-6733

**Location:** 1863 Capital Blvd, Raleigh, NC 27604

**Website:**

[www.salvationarmycarolinas.org/wakecounty/programs/social-ministries/soup-line/soup-line-assistance](http://www.salvationarmycarolinas.org/wakecounty/programs/social-ministries/soup-line/soup-line-assistance)

**Services:** Evening meal served Monday through Friday from 5:00 pm to 6:00 pm at The Center of Hope location.

**Eligibility:** No identification or information required. Service is open for all community members to receive.

## Food Pantries

### ★ The Nest Food Pantry

**Contact:** 919-866-6111, [care@waketech.edu](mailto:care@waketech.edu)

**Location:** Wake Technical Community College  
Southern Wake Campus - Building L, Room 138  
Scott Northern Wake Campus - Building B, 137A  
Perry Health Sciences Campus - Building A, Room 4  
RTP Campus - Building 1, Room 137

**Website:** [www.waketech.edu/student-services/student-support](http://www.waketech.edu/student-services/student-support)

**Services:** Student food pantry offering online and advanced ordering. Students can build their own custom order unique to their personal preferences and dietary needs for pick up on any Wake Tech campus.

**Eligibility:** Open to currently enrolled Wake Tech students. Fill out [New Pantry Shopper Registration](#) to get started.

## ★ Daisy Trade Food Pantry

**Contact:** 919-760-8607, rcafaldo@meredith.edu

**Location:** Jones Chapel, Raleigh, NC 27607, adjacent to the Jones Chapel common room

**Website:** <https://rlhagedorn1.wixsite.com/website/more-info-1>

**Services:** Meredith College's on-campus food pantry offering perishable food, non-perishable food and personal hygiene items. Open Monday through Friday from 8:00 am to 5:00 pm.

**Eligibility:** Open to the Meredith Community. No check-in or sign-up required.

## ★ Feed the Pack Pantry

**Contact:** [feedthepackpantry@ncsu.edu](mailto:feedthepackpantry@ncsu.edu)

**Location:** Honors and Scholars Village Commons, 2221 Dunn Ave Raleigh, NC 27695

**Website:** <https://feedthepack.dasa.ncsu.edu/>

**Services:** Feed the Pack is the food pantry on NC State's campus. Check website for current hours of operation.

**Eligibility:** All current students, staff, and faculty members can visit the food pantry. Bring NC State Campus ID.

## ★ KIOTA Food Pantry

**Contact:** 919- 516-5083, [abrown@st-aug.edu](mailto:abrown@st-aug.edu)

**Location:** 1315 Oakwood Avenue, Hunter 201, Raleigh, NC 27610

**Website:** [www.st-aug.edu/student-food-pantry/](http://www.st-aug.edu/student-food-pantry/)

**Services:** Saint Augustine's student pantry offering non-perishable food items, toiletries/household items, and school supplies. Open Tuesday and Thursday from 9:00 am to 1:00 pm.

**Eligibility:** Current St. Augustine's student, faculty, or staff only; by appointment only.

## ★ The Pacer Pantry

**Contact:** 919-508-2502, [HealthServices@peace.edu](mailto:HealthServices@peace.edu)

**Location:** Item pick-up on the front porch of Joyner House.

**Website:** [www.peace.edu/student-life/health-wellness/](http://www.peace.edu/student-life/health-wellness/)

**Services:** William Peace University's student pantry offering non-perishable foods and personal hygiene items.

**Eligibility:** Currently enrolled William Peace University students can request items through [Pacer Pantry Request Form](#).

## ★ Shaw University Food Pantries

**Contact:** 919-508-2502, HealthServices@peace.edu

**Location:** Football House, 521 S. Person Street, Raleigh NC

**Website:** [www.peace.edu/student-life/health-wellness/](http://www.peace.edu/student-life/health-wellness/)

**Services:** Shaw's student pantry offering non-perishable foods.

**Eligibility:** Currently enrolled Shaw students can request items.

### ● Comunidad Cristiana Hosanna Food Bank

**Contact:** 919-834-4122

**Location:** 204 Shelden Drive, Raleigh, NC 27610

**Website:** [www.comunidadch.org/pages.asp?pageid=109268](http://www.comunidadch.org/pages.asp?pageid=109268)

**Services:** Food pantry offering services the first and third Friday of each month at 10:00 am.

**Eligibility:** No registration required.

### ● Hope Community Church Food Pantry

**Contact:** 919-532-0620, info@gethome.net

**Location:** 821 Buck Jones Rd, Raleigh, NC 27606

**Website:** [www.gethope.net/localhope/](http://www.gethope.net/localhope/)

**Services:** Food pantry offering services on Wednesdays from 12:00 pm to 6:30 pm.

**Eligibility:** Open to all.

### ● Millbrook United Methodist Food Pantry

**Contact:** 919-876-0865, office@millbrookumc.org

**Location:** 1712 East Millbrook Rd, Raleigh, NC 27609

**Website:** [www.millbrookumc.org/food-pantry](http://www.millbrookumc.org/food-pantry)

**Services:** Food pantry offering services every Saturday from 10:00 am to 12:00 pm.

**Eligibility:** Open to all.

## ● Taylor-Burroughs Market P.L.A.C.E.

**Contact:** 919-834-2437, [info@aas-c.org](mailto:info@aas-c.org)

**Location:** 1637 Old Louisburg Rd., Raleigh, NC 27604

**Website:** [www.aas-c.org/contact](http://www.aas-c.org/contact)

**Services:** Food pantry offering non-perishable goods, fresh produce, milk, eggs, meats, personal hygiene items, baby necessities, and household cleaning supplies. Hours of operation are Tuesdays from 1:00 pm to 4:00 pm and Wednesday/Thursday from 10:00 am to 1:00 pm.

**Eligibility:** Individuals living with HIV, and those at high risk for contracting HIV including individuals experiencing poverty, food insecurity, homelessness, substance use, and interpersonal violence.

## ● Islamic Association of Raleigh Food Pantry

**Contact:** 919-834-9572

**Location:** Al Iman School Building, 3020 Ligon St, Raleigh, NC 27607

**Website:** [www.raleighmasjid.org/services/social-services-welfare/food-pantry-service/](http://www.raleighmasjid.org/services/social-services-welfare/food-pantry-service/)

**Services:** Provides food for individuals and families who are in financial difficulty and are unable to afford to purchase adequate food for their needs. Typical items distributed include but no limited to rice, cooking oil, sugar, flour, milk, eggs, juice, and zabiha meat and special items like dates during Ramadan. Open once a month - on the first Saturday of the month from 10:00 am to 12:00 pm. During the month of Ramadan, the pantry is open every Saturday.

**Eligibility:** This service is made available to all people - inside and outside the community, Muslim and non-Muslim. Each participant is required to fill out forms and register with the Food Pantry on their first visit.

## ● Urban Ministries Food Pantry

**Contact:** 919-836-1642, info@urbanmin.org

**Location:** 1390 Capital Blvd, Raleigh, NC 27603

**Website:** www.urbanmin.org/services/food-pantry/

**Services:** Providing a week's worth of groceries to each household that visits. The selection of food ranges from fresh produce, frozen meats, to canned goods. Open Monday through Thursday from 9:00 am to 11:00 am. Pantry closes when service capacity is reached for the day.

**Eligibility:** Individuals must provide a current photo ID with full name and date of birth, proof of Wake County Address, and documentation of income/expenses for household.



Check the **Wake Network of Care Food Pantry List** for the most up-to-date information on pantry services available in Wake County.

# Mini Pantries

Take what you need, leave what you can pantries, accessible 24/7/365.

## Locations:

### Little Free Pantry

7506 Falls of Neuse Rd, Raleigh, NC 27615

### FNB Raleigh - Crabtree Blvd

2409 Crabtree Blvd #102, Raleigh, NC 27604

### FNB Raleigh - Ashe Ave

1301 Hillsborough St Suite 102, Raleigh, NC 27605

### FNB Raleigh - Western Blvd/Method Rd

1035 Method Rd, Raleigh, NC 27606

### Church on Morgan Little Free Pantry

136 E Morgan St, Raleigh, NC 27601

### Corner Pantry

231 Glascock St, Raleigh NC 27604

### Pullen Baptist Church: The Food Drive Kids #4

1801 Hillsborough St, Raleigh, NC 27605

### The Well Fed Garden: The Food Drive Kids #3

1321 Athens Drive, Raleigh, NC 27606

### The Food Drive Kids #2

2700 Avent Ferry Rd, Raleigh, NC 27606

### The Food Drive Kids #1

4900 Kaplan Dr, Raleigh, NC 27606

### The Little Grocerteria

521 W Cabarrus St, Raleigh, NC 27603

••••• Check [mapping.littlefreepantry.org/](https://mapping.littlefreepantry.org/) for updates.

# Financial Assistance for Food

## Supplemental Nutrition Assistance Program (SNAP), previously known as Food Stamps

**Services:** SNAP is a federal program that provides nutrition benefits to supplement the food budget of low-income individuals and families so they can purchase healthy food and move towards self-sufficiency.

### Do I qualify?

*"I am enrolled less than half-time at my institution of higher education."*

- Students enrolled less than half-time may be eligible to receive SNAP if their total income falls below the appropriate gross income limits for your household size. The number of hours considered half-time enrollment is determined by the institution of higher education.

### Income:

*Effective Oct 1, 2022- September 30, 2023*

Applicants must meet an income test, based on their household size. The chart below details the maximum gross income eligible as well as the associated benefit amount per household member.

Number of people in household	Maximum Gross Income (200%)	Maximum Benefit Amount
1	\$2,266	\$281
2	\$3,052	\$516
3	\$3,840	\$740
4	\$4,626	\$939
5	\$5,412	\$1,116
6	\$6,200	\$1,339
7	\$6,986	\$1,480
8	\$7,772	\$1,691
Each Additional Member	+\$788	+211

## Household Composition:

Some individuals must apply as one household even though they purchase and prepare their meals separately.

This includes:

- Individuals living together who purchase/prepare their food together.
- Spouses living together or individuals representing themselves as a married couple.
- Individuals under the age of 22 living with a parent.
- Individuals under 18 the parental control of an adult living in the home.
- Two unmarried adults living in the same home who are parents of a mutual child.



## Citizenship/Immigration Status:

All individuals receiving SNAP benefits must be US citizens or immigrants admitted to the United States under specific immigration status. \*\* **Under the new public charge rule in March 2021, using SNAP benefits will NOT affect your immigration status or immigration application.**



## Resources:

Households may have up to \$2,250 in **countable resources**.

Take the pre-screener survey below to see if you may be eligible to receive SNAP benefits.

- 
- Checking accounts
  - Investment accounts
  - Cash
  - Property (other than home)
  - Boats, RVs

*"I am enrolled at least half-time at my institution of higher education."*

- Students enrolled at least half-time, who meet the SNAP eligibility requirements above (income, citizenship/immigration status, resources) must also meet at least ONE of the exemptions listed below to qualify for SNAP benefits.
  - Under 18 or are age 50 or older
  - Have a physical or mental disability
  - Participate in a state or federally financed work study program

- Participate in an on-the-job training program
- Responsible for a child under the age of 6
- Responsible for a child age 6 to 11 and lack the necessary child care to attend school and work 20 hours a week or participate in work study
- Are a single parent enrolled full-time in college and taking care of a child under 12
- Receive Temporary Assistance for Needy Families (TANF)
- Are enrolled in TANF Job Opportunities and Basic Skills (JOBS) program
- Are assigned to, placed in, or self-placed in a college or other institution of higher education through:
  - A SNAP Employment and Training (SNAP E&T) program
  - Certain other E&T programs for low-income households, which are operated by a state or local government and have an equivalent component to SNAP E&T
  - A Trade Adjustment Assistance Program under Section 236 of the Trade Act of 1974



Fill out this 10 question, **pre-screener survey**, to see if you may be eligible to receive SNAP benefits. mRelief has an easy-to-use platform, accessible through the web, text messaging, and voice. After completing the survey, mRelief will connect you directly to the North Carolina ePASS application, if likely eligible.

## How do I apply?

**1 Check your eligibility** using the mRelief pre-screener survey link above. If "likely eligible", continue to the North Carolina SNAP website, [ePASS.nc.gov](https://ePASS.nc.gov). From there, create a new NCID account or log in with a previously made NCID account.

**2 Prepare your documents.** Gather the applicable documents below for reference while completing the SNAP application and/or for the follow-up phone interview.

- **Identification:** Driver's License, Work/School/Health Benefit ID, Voter Registration Card, Birth Certificate
- **Address/Residency:** Voter Registration Card, Library Card, Utility Bill, Rent/Mortgage Receipt, Received Mail
- **Earned Income:** Pay Stub, Employee W-2, Income Tax Forms, Letter from Employer, Self-Employment Bookkeeping Records
- **Unearned Income:** Bank Statement, Child Support Agreement, Benefit Award Letter, Benefit Payment Check, Income Tax Forms
- **Expenses:** Rent or Lease Agreement, Daycare Receipts, Mortgage/Property Tax/Homeowner's Insurance Statement, Utility Bill Receipts

**3 Complete your application.** Go to [ePASS.nc.gov](https://ePASS.nc.gov) and login with your NCID account information. Next, click "Apply for Benefits", then apply under the Food & Nutrition Services section. Follow the prompted questions until your application is complete. If you have questions while completing your application, contact [More in my Basket](#) at 1-855-240-1451 or 1-888-382-7105 (para ayuda en español) for application assistance.

## Now that I have applied, what's next?

- A caseworker will reach out to schedule an interview via in-person, by telephone, or video conference with you or a representative (head of household, spouse, or adult member) of your household.
- Eligible households must be given the opportunity to receive SNAP benefits no later than **30 days** from the date of application. Upon approval, households will receive their EBT card 5-10 days via mail.

# FAQs



## Applying to SNAP:

### **Do I need to report my parent's income?**

If you are not currently living in your parent's household, their income and assets are not needed at the time of application, unless they provide you with ongoing financial support. If you live in your parent's household, but buy and prepare food independently, and are at least 22 years old, your parent's income does not need to be reported. If you are living at home and are under 22 years of age, your parent's income must be reported in your application.

### **Does financial aid count as income?**

No, federal financial aid does not count as income. This includes grants, student loans, work-study, fellowships, and scholarships. Non-federal financial aid used for normal living expenses may be counted, depending on state regulations. Private student loans are also excluded as income.

### **Do SNAP benefits affect my financial aid?**

No, SNAP benefits are not counted as income when determining expected family contribution for federal financial aid (FAFSA). When completing your FAFSA application, reporting the receipt of SNAP and/or other public benefits in the past 24 months, will make you eligible for a simplified needs analysis, which allows you to bypass questions about family assets.

### **What address do I use on my application?**

You should include the address where you receive mail, whether that be an on or off-campus address. If you are currently experiencing homelessness, include your situation on the application as well as an address where you could receive mail.

### **Will SNAP affect my immigration status?**

No, receiving SNAP benefits is not part of the public charge test and will not affect your immigration status.

### **I have roommates. Do I have to include them on my application?**

It depends. If you buy and prepare food with your roommates, you should apply as one household; however, if you do this separately, you can apply for yourself alone.

### **Are there other ways to apply for SNAP benefits?**

Yes, SNAP applications can be submitted and/or completed in-person at the Wake County Department of Social Services (DSS) Office.

### **I submitted my SNAP application, but have not heard back. What should I do?**

Your application should be processed within 30 days of submission; however, if you have concerns about the status of your application, contact the NC EBT Call Center at 1-866-719-0141.

## **Receiving SNAP:**

### **What is the North Carolina EBT Card?**

The electronic benefits transfer (EBT) card looks and works like a debit card and is loaded with your SNAP and/or cash benefits. Your EBT card will be mailed to the address listed on your application.

### **What can I buy with SNAP benefits?**

Your EBT card can be used to purchase fruits, vegetables, meat, poultry, fish, dairy products, breads and cereals, snack foods, non-alcoholic beverages, seeds and plants to produce food for the household.

### **Where can I use my EBT card?**

Your EBT card can be used at any USDA authorized retailer, which includes most major grocery stores, select farmers markets, and Amazon Fresh online. Find exact locations of SNAP retailers in Wake County [here](#).

### **How long am I eligible to receive benefits?**

Your benefits will continue until your certification period ends. For households without elderly (60+) or disabled individuals, the certification period is 6 months; otherwise the period is 12 months.

### **When will I receive my SNAP benefits?**

Benefits are distributed from the 3rd to the 21st of each month, based on the last digit of your Social Security Number. The benefit distribution dates can be found [here](#).

## ■ Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

**Services:** The WIC program serves to safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion and support, and referrals to health care.

### ➔ Do I qualify?



#### Eligibility:

Pregnant, breastfeeding, and postpartum women, infants and children up to the age of five who:

- live in North Carolina
- have a family income less than 185% of the U.S. Poverty Guidelines
- are at nutritional risk, as determined by a nutritionist or health professional

Fill out the [WIC Prescreening Tool](#) to check if you might be eligible to receive WIC benefits.

### ➔ How do I apply?

1

**Check your eligibility** using the WIC Prescreening Tool linked above. If "you may be eligible" to receive WIC benefits, continue to the [North Carolina WIC Program](#) webpage.

2

**Reach out to your local WIC agency.** Contact one of the WIC locations in Wake County listed below or fill out the [WIC Referral Form](#); a clinic will reach out to you within 20 days.

10 Sunnybrook Rd  
Raleigh, NC 27620-4049  
919-250-4720

111 James Jackson Ave.  
Suite 201, Cary, NC 27513  
919-250-4720

2909 E. Millbrook Rd  
Raleigh, NC 27604  
919-250-4720

130 N. Judd Parkway NE  
Fuquay Varina, NC 27526  
919-250-4720

350 E. Holding Ave.  
Wake Forest, NC 27587  
919-250-4720

1002 Dogwood Dr.  
Zebulon, NC 27597  
919-250-4720

**3 Prepare your documents.** Remember to bring identification for each individual applying, one proof of address, and proof of income for the entire household to your scheduled WIC appointment.

Example Documents:

- **Identification** (for each individual applying): Driver's License, Social Security Card, Birth Certificate, Work/School ID, Military ID, Medicaid Card
  - For Infants - Hospital Crib Card, ID Bracelet, Mother's Verification of Facts Form
- **Address/Residency:** Driver's License, Utility bill, Medicaid Card, Bank Statement, Current Rental or Mortgage Receipts, DMV ID Card
- **Income** (for all household members): Paycheck Stubs, Medicaid Card, Letter of Certification for NC Food and Nutrition Services, Letter from Employer with Gross Income, Pay Frequency, Unemployment Letter

### **What can I expect at my WIC appointment?**

- Your documents will be reviewed to determine eligibility.
- A health assessment will be given; identifying information about your diet, height, weight, and iron levels.
- You will meet with a nutritionist to discuss and review information about your health and/or your child's health.
- If found eligible, you will be given an eWIC card and information on how to shop with your benefits.

## Temporary Housing

### ★ NC State University Housing Temporary/ Emergency Housing

**Contact:** Katrina Pawluk, 919-515-4339, kjpawlu@ncsu.edu

**Location:** NCSU Campus

**Website:** Pack Essentials: Food and Housing Resources

**Services:** NC State University Housing provides temporary and emergency housing on a case-by-case basis. Contact Katrina Pawluk for more information.

**Eligibility:** Currently enrolled NC State University students

### ● Family Promise

**Contact:** 919-832-6024

**Location:** 903 Method Rd, Raleigh, NC 27606

**Website:** [www.familypromisewakenc.org/](http://www.familypromisewakenc.org/)

**Services:** Transitional housing program, offering short-term church-based emergency shelter and meals to families in Wake County experiencing homelessness.

**Eligibility:** Referral required for emergency shelter and transitional housing program through House Wake! Access Hub [here](#).

### ● Helen Wright Center

**Contact:** 919-836-1642 for case management, 919-833-1748 for bed availability

**Location:** 3603 Bastion Lane, Raleigh, NC 27603; 401 W Cabarrus Street, Raleigh, NC 27603

**Website:** [www.urbanmin.org/services/shelter/](http://www.urbanmin.org/services/shelter/)

**Services:** Emergency shelter for women with a 14 day stay and option to request additional time by entering a program bed. Additional programming includes intensive case management, job readiness, and life skills classes. Call after 1:00 pm, Monday through Friday for Case Manager assistance.

**Eligibility:** Single women without children experiencing homelessness.

## ● Healing Transitions

**Contact:** 919-838-9800

**Location:** Men's Campus - 1251 Goode St, Raleigh, NC 27603;  
Women's Campus - 3304 Glen Royal Rd, Raleigh, 27617

**Website:** [www.healing-transitions.org/](http://www.healing-transitions.org/)

**Services:** Overnight emergency shelter at the men's and women's campuses offer "wet" shelters seven days a week.

**Eligibility:** Anyone experiencing homelessness. Shelters open on a first-come first-serve basis.

## ● InterAct Emergency Shelter

**Contact:** 919-828-7740, [gethelp@interactofwake.org](mailto:gethelp@interactofwake.org)

**Location:** 1012 Oberlin Road, Raleigh, NC 27605

**Website:** [www.interactofwake.org/](http://www.interactofwake.org/)

**Services:** InterAct's Emergency Shelter provides a safe and supportive environment in which a victim and their family can rebuild their lives. Through providing emergency shelter and comprehensive case management services, the Emergency Shelter is designed to ensure that domestic violence victims have the resources and support to meet their basic needs and to establish safe and stable home environments free from abuse and violence.

**Eligibility:** Survivors of domestic and sexual violence who are in need of emergency shelter for themselves and their family.

## ● The HOST Program

**Contact:** 984-444-2303, [info@bwelnc.org](mailto:info@bwelnc.org)

**Location:** 4501 New Bern Avenue, Suite 130, Box 236, Raleigh, NC 27610

**Website:** [www.bwelnc.org/host/](http://www.bwelnc.org/host/)

**Services:** HOST matches college students experiencing housing insecurity with community members who welcome the student into their home. Host homes are well screened and well matched, safe spaces, equitable, short term, and stable and calming.

**Eligibility:** Program eligibility is yet to be determined. Check HOST Program website for updates.

## ● Barbara L. Goodman Family Shelter

**Contact:** (919) 443-0096; <https://partnershipwake.org/access-hub/contact-the-access-hub/>

**Location:** 1863 Capital Boulevard, Raleigh, NC

**Website:** <https://southernusa.salvationarmy.org/wake/shelter-1>

**Services:** Provides transitional or emergency housing to families in need. They provide basic necessities, individual case management, parenting workshops and tutoring opportunities for children.

**Eligibility:** There is a referral form that needs to be filled out at the link above. Someone from the access hub will contact you back. This is for anyone needed transitional housing or emergency housing.

## ● Raleigh Rescue Mission

**Contact:** (919) 828-9014

**Location:** 314 E. Harget Street, Raleigh NC 27601

**Website:** <https://www.raleighrescue.org/our-solution/get-help-today/>

**Services:** Services to those who need transitional housing or emergency housing, for women and children. Separated services for men.

**Eligibility:** Those who have a determination for a transitioned life; you can fill out a client form at the link above. You can also email them from the link above.

## ● Wake County Human Services: S. Wilmington

**Contact:** 919-857-9428

**Location:** 1420 S Wilmington Street, Raleigh NC 27601

**Website:** <https://www.wakegov.com/departments-government/housing-affordability-community-revitalization/find-services/south-wilmington-street-center>

**Services:** Short term emergency dorm rooms, and long-term shelter in exchange for services such as a mental health/substance abuse treatment or case management. Housing services to sustain and develop a permanent life outside of the shelter.

**Eligibility:** Open 24/7, 365 days a year. Open to men only.

# Housing Support

## ● House Wake! Access Hub

**Contact:** 919-443-0096, AH@partnershipwake.org

**Location:** 112 Cox Ave, Raleigh, NC 27605

**Website:** [www.partnershipwake.org/access-hub/](http://www.partnershipwake.org/access-hub/)

**Services:** This referral helpline connects individuals to compassionately trained specialists that will collect situational information and connect them to local programs such as emergency shelters, street outreach, and financial assistance programs to prevent homelessness.

**Eligibility:** Individuals who are at risk for or are experiencing homelessness

## ● Oak City Cares - Weekday Services

**Contact:** 984-344-9599

**Location:** 1430 S Wilmington St, Raleigh, NC 27603 (accessible via the #21 bus from downtown Raleigh)

**Website:** [www.oakcitycares.org/services/](http://www.oakcitycares.org/services/)

**Services:** Laundry and shower services available for use Monday through Friday from 9:00 am to 5:00 pm. Last call for laundry services is 3:30 pm and shower services is 4:30 pm. Medical services provided onsite by Advance Community Health are available Monday through Friday from 9:00 am to 1:00 pm.

**Eligibility:** Individuals and families experiencing homelessness and/or food insecurity. No registration required.

## ● The Hope Center at Pullen

**Contact:** 919-636-3641, info@hopecenteratpullen.org

**Location:** 112 Cox Ave, Raleigh, NC 27605

**Website:** [www.hopecenteratpullen.org/](http://www.hopecenteratpullen.org/)

**Services:** The Transition Program serves former foster youth and their children (ages 0-8). Transition Specialists work with clients to access affordable housing and set achievable goals in education and employment. Transition Specialists also connect clients with other resources like positive parenting practices, basic needs assistance, and other childcare needs.

**Eligibility:** Individuals, ages 18-24, who have a history in foster care.

## ● Cornerstone

**Contact:** 919-443-0096, AH@partnershipwake.org

**Location:** 220 Snow Avenue, Raleigh NC

**Website:** [www.partnershipwake.org/access-hub/](http://www.partnershipwake.org/access-hub/)

**Services:** Wake County Homeless Services Center that gives the following services: voicemail, ID's, mailing address service, information and referral services, disability applications, substance abuse counseling, hygiene items, laundry, mental health, traveler's aid, local telephone, and a phone.

**Eligibility:** Individuals who are experiencing homelessness and are in need of services. Hours are 8:30-12:00PM M/Tu/Th/F and 1:00PM to 5:00PM on M/Tu/W/Th/F.

## ● Martin Street Baptist Church

**Contact:** 919-833-9756; [churchofficemsbc@gmail.com](mailto:churchofficemsbc@gmail.com)

**Location:** 1001 E. Martin Street

**Website:** Martin Street Baptist Church - Raleigh - Wake County, North Carolina ([networkofcare.org](http://networkofcare.org))

**Services:** Bagged grocery shopping every 2nd Saturday at 8 AM. There is a free clothing distribution every Tuesday from 12:00PM to 3:00PM. The Benevolence ministry provides financial assistance to final notices on light or gas bills.

**Eligibility:** Must be a resident of Raleigh. Interviews are on the 1st and 3rd Tuesday of each month from 12:30PM - 1:00PM. Bring ID, bill, pay stubs, and other documentation that would be helpful for assistance. If you have children, bring a birth certificate. For more information or to schedule an interview, please email the contact above.

## ● The Green Chair

**Contact:** 919-322-0474, [hello@thegreenchair.org](mailto:hello@thegreenchair.org)

**Location:** 1853 Capital Boulevard Raleigh, NC 27604

**Website:** <https://thegreenchair.org/>

**Services:** The The Green Chair Project reuses essential furnishings donated by our community to help neighbors in need facing the challenges of homelessness, crisis or disaster.

**Eligibility:** Contact Vielka Gabriel at 919-623-7812 for a referral.

## ■ Crisis Intervention Program (CIP)

**Services:** CIP is a federally funded program that assists individuals and families who are experiencing a heating or cooling related crisis.

Heating crisis funds available October through April and cooling crisis funds available May through September, or until funds are spent.

**Eligibility:** The household applying must have at least one U.S. citizen or eligible legal permanent resident, have an income equal to or less than 150% of the federal poverty level, have an energy related crisis, and have a utility bill stating expenses owed.

## ■ Low Income Energy Assistance Program (LIEAP)

**Services:** LIEAP is a federally-funded program that provides a one time vendor payment to help eligible households pay their heating bills.

Available December through March, or until funds are spent.

**Eligibility:** The household applying must have at least one U.S. citizen or eligible legal permanent resident, have an income equal to or less than 150% of the federal poverty level, have less than 2,250 in liquid resources, and are responsible for the heating or cooling utility bill.

## ■ Low Income Household Water Assistance Program (LIHWAP)

**Services:** LIHWAP is a federally-funded program that provides emergency assistance to help eligible households to prevent disconnection or provide assistance reconnection of drinking and wastewater services.

**Eligibility:** The household applying must have at least one U.S. citizen or eligible legal permanent resident, have an income equal to or less than 150% of the federal poverty level, have water services that are at risk of being or are currently disconnected, and are responsible for paying the water utility bill.



## How do I apply?

If you need assistance paying your utility expenses, login to [ePASS.nc.gov](http://ePASS.nc.gov) using your new or previously made NCID account and apply for LIHWAP, LIEAP, and/or CIP. Applications can also be printed and dropped off at your nearest Health and Human Services building.

### Additional Contact Information:

**Phone:** 919-212-0476 or 919-212-7000  
**Email:** [Hs.energy@wakegov.com](mailto:Hs.energy@wakegov.com)  
**Address:** WCHHS - ENERGY Program,  
PO Box 46833, Raleigh, NC 27620-6833  
[Energy Assistance Site](#)



[LIEAP and CIP Application](#)  
[LIHWAP Application](#)

## Thrift Stores

### Locations:

#### Dorcas Thrift Shop

187 High House Rd, Cary, NC 27511

#### Cause for Paws Thrift Shop

1634 S Saunders St, Raleigh, NC 27603  
1657 N Market Dr, Raleigh, NC 27609

#### Hand 2 Hands Thrift Store

3925 Beryl Rd, Raleigh, NC 27607

#### North Raleigh Ministries Thrift Shoppe

9650 Strickland Rd Suite 161, Raleigh, NC 27615

#### The Salvation Army Family Store

205 Tryon Rd, Raleigh, NC 27603

#### Thrift2Gift

900 E Chatham St, Cary, NC 27511

#### A-Z Thrift Shop

1621 N Market Dr, Raleigh, NC 27609

#### Recovered Treasures

4011 Capital Blvd, Suite 113, Raleigh, NC 27604

#### Pass It On Thrift Store

1012 Oberlin Rd, Raleigh, NC 27605

#### Retails Thrift Shop

2821 Spring Forest Rd, Raleigh, NC 27616

## Crisis Hotlines

### **Lifeline**

National suicide prevention lifeline  
988

### **Hopeline**

Crisis and suicide prevention helpline, call 24/7 or text Monday through Friday from 10am-10pm  
919-231-4525 or 877-235-4525

### **SAMHSA National Helpline**

Confidential, free 24/7/365 information service for individuals facing mental and/or substance use disorders  
1-800-662-HELP (4357)

### **National STD and AIDS Hotline**

Anonymous and confidential answers to questions about STDs and HIV/AIDS  
800-232-4636

### **Childhelp National Child Abuse Hotline**

24/7 hotline staffed with professional crisis counselors  
1-800-422-4453

### **InterAct Sexual Assault Hotline**

24 hour hotline for survivors and victims of sexual assault  
919-828-3005

### **InterAct Domestic Violence Hotline**

24 hour hotline for survivors and victims of domestic violence  
919-828-7740

### **United Way Resource Line**

A free, confidential service to help individuals find local resources  
211

## Health Services

### ● Advance Community Health

**Contact:** 919-833-3111

**Location:** 1001 Rock Quarry Rd, Raleigh, NC 27610

**Website:** [www.advancechc.org/](http://www.advancechc.org/)

**Services:** A nonprofit Community Health Center, offering pediatric, adult, senior, behavioral health, and pharmacy services. Individuals without insurance or enrolled in a Medicaid family plan are eligible to apply for the sliding fee discount program.

**Eligibility:** Individuals who are uninsured, on Medicaid, Medicare, NC Health Choice, and most private insurance plans.

## ● Alliance of AIDS

**Contact:** 919-834-2437

**Location:** 1637 Old Louisburg Rd, Raleigh NC, 27604

**Website:** [www.aas-c.org/get-tested](http://www.aas-c.org/get-tested)

**Services:** Free HIV and STI testing, no appointment needed.

Confidential testing available Monday through Thursday from 9:00 am to 4:00 pm and Friday from 9:00 am to 12:00 pm.

**Eligibility:** Open to all.

## ● Birthchoice

**Contact:** 919-781-5433, [ceo@birthchoicewake.org](mailto:ceo@birthchoicewake.org)

**Location:** 2304 Wesville Court, Suite 340, Raleigh, NC 27607

**Website:** [www.birthchoicewake.org/](http://www.birthchoicewake.org/)

**Services:** Free pregnancy services; pregnancy tests, ultrasounds, patient advocates available to talk.

**Eligibility:** Open to all.

## ● Mariam Clinic

**Contact:** 919-824-4672, [mariamclinicdirector@gmail.com](mailto:mariamclinicdirector@gmail.com)

**Location:** 1100 NW Maynard Rd, Suite 110, Cary, NC 27513

**Website:** [www.mariamclinic.org/](http://www.mariamclinic.org/)

**Services:** Nonprofit health clinic offering free medical, dental, and mental health services. Open Sunday from 12:00 pm to 5:00 pm by appointment only.

**Eligibility:** Open to all.

## ● NC MedAssist

**Contact:** 866-331-1348, [info@medassist.org](mailto:info@medassist.org)

**Location:** 4428 Taggart Creek Rd, Suite 101, Charlotte, NC 28208

**Website:** [www.medassist.org/](http://www.medassist.org/)

**Services:** Statewide nonprofit pharmacy providing prescription and over-the-counter medications to the community at no cost. Those interested in applying to the Free Pharmacy Program can enroll [here](#).

**Eligibility:** Individuals who live in NC, are uninsured without access to Medicaid, Medicare, VA Insurance, or private insurance, and have an income at or below 300% of the Federal Poverty Level eligible to participate in the Free Pharmacy Program.

## ● Planned Parenthood Raleigh

**Contact:** 919-833-7526

**Location:** 100 S Boylan Ave, Raleigh, NC 27603

**Website:** [www.plannedparenthood.org/](http://www.plannedparenthood.org/)

**Services:** Healthcare provider offering reproductive health services and support to women, men, and the LGBTQ community, 13 years and older. Primary care services now available at Raleigh Center. Appointments available for scheduling online.

**Eligibility:** Individuals 13 years and older; Uninsured, Medicaid, and other private insurance accepted.

## ● Smile Starters

**Contact:** 919-773-3002, [aomraleigh@smilestartersdental.com](mailto:aomraleigh@smilestartersdental.com)

**Location:** 3212 S. Wilmington St, Raleigh, NC 27603

**Website:** [www.smilestarterdental.com/](http://www.smilestarterdental.com/)

**Services:** Dental care service for children, teens, and young adults, ages 1-20 years old.

**Eligibility:** Medicaid, NC Health Choice, and most private insurances accepted.

## ■ Sunnybrook Health and Human Services

**Contact:** 919-212-7000

**Location:** 10 Sunnybrook Rd, Raleigh, NC 27610

**Website:** [www.wakegov.com/departments-government/health-human-services/public-health-and-medical-services/health-clinics](http://www.wakegov.com/departments-government/health-human-services/public-health-and-medical-services/health-clinics)

**Services:** The Sunnybrook building offers the following health clinics: Sexually Transmitted Diseases, ID clinic, Pediatric Health and Dental, Immunization/Preventative Services, Tuberculosis, Women's Health, Maternal and Child Health.

**Eligibility:** Open to all. Check insurance eligibility per clinic.

# Mental Health Resources

## ★ University Counseling Services

### Wake Tech Community College

704-529-1428

wellness@waketech.edu

### St. Augustine University

919-516-4255

### NC State University

919-515-2423

### Shaw University

919-546-8525

counselingcenter@shawu.edu

### Meredith College

919-760-8427

counselingcenter@meredith.edu

### Peace University

919-508-2502

counseling@peace.edu

## ● Alliance Health

**Contact:** Access and Information Center Call Line open 24/7/365 at 800-510-9132

**Location:** 5200 W Paramount Parkway, Suite 200, Morrisville, NC 27560

**Website:** [www.alliancehealthplan.org/](http://www.alliancehealthplan.org/)

**Services:** Alliance is a health plan providing access to a network of private providers offering mental health, developmental disability, and substance use disorder services, provider search found [here](#). Call the Access and Information Center to apply.

**Eligibility:** Individuals with Medicaid or who are uninsured or underinsured, living in Cumberland, Durham, Johnston, Mecklenburg, Orange, and Wake counties

## ● Community Counseling, Education, and Research Center (CCERC)

**Contact:** 919-856-9233 Ext. 4, [ccerc\\_admin@ncsu.edu](mailto:ccerc_admin@ncsu.edu)

**Location:** 714 St. Mary's Street, Raleigh, NC 27605 (Virtual Sessions)

**Website:** [sites.ced.ncsu.edu/ccerc/](http://sites.ced.ncsu.edu/ccerc/)

**Services:** The CCERC of the NC State Counselor Education Program provides accessible and affordable counseling services to individuals, couples, and families that focus on healthy personal, emotional, social, and career development.

**Eligibility:** Clients are asked to select the amount that they are able to pay based on their financial situation, recommending payments of \$10 per \$10,000 of yearly family income. No insurance required.

## ● Monarch Behavioral Health

**Contact:** 919-856-4703

**Location:** 1001 Navaho Dr, Suite 100, Raleigh, NC 27609-7318

**Website:** [www.monarchnc.org/service-locations/wake/](http://www.monarchnc.org/service-locations/wake/)

**Services:** Provides individualized services for people with intellectual and developmental disabilities, mental illnesses, and support and counseling for those with substance use challenges. Open for services Monday through Friday from 8:00 am to 5:00 pm .

**Eligibility:** Individuals with Medicaid, Medicare, BCBS, Bright Health, Friday Health Plans, Humana, Magellan, MedCost, United Health, VA Community Care. Sliding fee schedule pay available for eligible patients.

## ● Triangle Family Services

**Contact:** 919-821-0790

**Location:** 3937 Western Blvd, Raleigh, NC 27606

**Website:** [www.tfsnc.org/](http://www.tfsnc.org/)

**Services:** Offers programming focused on family safety, financial stability, and mental health through therapy, housing assistance, supervised visitations, finance counseling, domestic safety (DOSE), and anger management services.

**Eligibility:** All major insurance providers, Medicare, and Medicaid are accepted. If uninsured, contact Alliance Health to see if you may be eligible for financial assistance.

## ● New Leaf Behavioral Health

**Contact:** 919-781-8370, [info@nlbh.org](mailto:info@nlbh.org)

**Location:** 3725 National Drive, Suite 220, Raleigh, NC 27612

**Website:** [www.nlbh.org/](http://www.nlbh.org/)

**Services:** A non-profit community mental health organization providing affordable and effective mental health services through individual, family, and group counseling.

**Eligibility:** All insurance carriers accepted, excluding Medicare. Individuals who are uninsured or underinsured have access to the reduced fee program, with rates as low as \$5 per session. Call the contact number for more information.

## Child Care Services

### ■ Child Care Subsidy Program

**Services:** The Wake County Child Care Subsidy Program provides financial assistance for parents and their child care needs. The amount of child care subsidy provided to each family is based on an assessment of need, income, and family size.

**Eligibility:** You may be eligible to receive child care subsidy if one or more of the following situations apply to your family:

- You are working
- You are in school or in a job training program
- Your child is receiving child protective services
- Your child needs care to support child welfare service or if your family is experiencing a crisis
- Your child has developmental needs

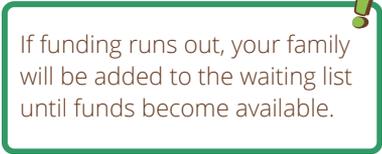
You must be the parent or legal guardian of the child receiving subsidy benefits. Most families are required to pay a percentage of their child care costs based upon their gross monthly income, generally around 10%.

#### Contact Information:

**Phone:** 919-212-9285

**Email:** [childcaresubsidy@wakegov.com](mailto:childcaresubsidy@wakegov.com)

[Child Care Subsidy Program Site](#)



If funding runs out, your family will be added to the waiting list until funds become available.

### ■ Early Head Start / Head Start

**Services:** Promotes school readiness of children from birth to 5 years old from low-income families by enhancing their cognitive, social, and emotional development. Services include quality early education in and out of the home, parenting education, health and social-emotional wellness services, nutrition education, and family support services.

**Eligibility:** Your family qualifies for Early Head Start and/or Head Start if your household income is at or below the Federal Poverty Guidelines.

## Programs Offered at No Cost to Eligible Participants.

- **Early Head Start**

Infant and toddler childcare for children up to age 3

- **Early Head Start Home-Based Parenting Education**

In-home education program for child and parent or pregnant women

- **Head Start**

Preschool for children ages 3 to 5 years old



**Contact Information:**

**Phone:** 919-851-7611

[Early Childhood & Family Support Page](#)

## ■ North Carolina Child Care Search

**Services:** Find child care facility general information and information about which facilities accept the Child Care Subsidy.

**Website:** [ncchildcare.ncdhhs.gov/childcaresearch](http://ncchildcare.ncdhhs.gov/childcaresearch)

## ● Child Care Referral Central

**Contact:** 1-888-600-1685 (statewide, toll-free line)

**Website:** [www.childcareservices.org/families/](http://www.childcareservices.org/families/)

**Services:** A service offered through the Child Care Services Association to help families with their child care needs. Child Care Referral Specialists provide referrals to local programs, inform families on the NC Star Rated licensing system, and provide resources on where to get help paying for child care.

**Eligibility:** Open to all.

## Family Support Services

### ■ Care Management for At-Risk Children (CMARC)

**Contact:** 919-250-1004, [HS.MCH@wakegov.com](mailto:HS.MCH@wakegov.com)

**Website:** [www.wakegov.com/departments-government/health-human-services/children-and-family-services/care-management-risk-children-cmarc](http://www.wakegov.com/departments-government/health-human-services/children-and-family-services/care-management-risk-children-cmarc)

**Services:** A service for parents to connect with care managers about their worries and discuss their child's individual needs.

**Eligibility:** A free program for children from birth to 5 years old who have Medicaid health insurance.

## ■ Smiles at Sunnybrook

**Contact:** 919-250-4615

**Location:** 10 Sunnybrook Rd, Raleigh, NC 27610

**Website:** [www.wakegov.com/departments-government/health-human-services/public-health-and-medical-services/health-clinics](http://www.wakegov.com/departments-government/health-human-services/public-health-and-medical-services/health-clinics)

**Services:** Dental clinic offering free teeth cleanings to uninsured children age 0-20 years old. Services offered Monday through Friday from 8:00 am to 5:00 pm by appointment only.

**Eligibility:** Wake County children, ages 0 to 20 years old, without insurance

## ● Triangle Area Parenting Support

**Contact:** 984-464-1601, [info@tapsnc.org](mailto:info@tapsnc.org)

**Website:** [www.tapsnc.org](http://www.tapsnc.org)

**Services:** TAPS exists to connect, inform, and empower parents by facilitating inclusive, research based, non-judgmental, sustainable support programs.

**Eligibility:** Learn more about the registration process [here](#).

## ● The Diaper Train

**Contact:** 919-833-6400, [info@saviourcenter.org](mailto:info@saviourcenter.org)

**Location:** 616 Tucker St, Raleigh, NC 27603

**Website:** <https://diapertrain.org/>

**Services:** The Diaper Train provides diapers to low-income families in Wake County.

**Eligibility:** A referral is required for first visits. Referrals can be made through Wake County Human Service agencies: WIC, CC4C, Nurse Family Partnership, Maternal Health, Wake County Public School Nurse as well as Garner Area Ministries and Raleigh Housing Authority.

## ● Wake County Smart Start

**Contact:** 919-851-9550

**Location:** 4901 Waters Edge Dr, Suite 101, Raleigh, NC 27606

**Website:** [www.wakesmartstart.org](http://www.wakesmartstart.org)

**Services:** Wake County Smart Start works to build the capacity of families and the community to prepare children for success in school and in life through programs focused on supporting families, improving child care quality, encouraging health development and school readiness, and strengthening the early childhood systems of care and education. Learn more about their funded programs and initiatives [here](#).



# Emergency Aid

## ★ Meredith College Emergency Fund

**Information:** The Chaplain's Student Emergency Fund provides money for students with unforeseen expenses and other emergencies. Student requests are confidential. Some examples of needs include healthcare expenses, travel expenses, and food insecurity.

**Apply here:** [www.meredith.edu/financial-assistance/emergency-assistance/](http://www.meredith.edu/financial-assistance/emergency-assistance/)

## ★ NC State University Emergency Fund

**Information:** The Student Emergency Fund was established to help ensure that NC State students have access to the support and resources they need to successfully recover from unexpected financial crises.

**Apply here:** [dasa.ncsu.edu/support-and-advocacy/pack-essentials/student-emergency-fund/](http://dasa.ncsu.edu/support-and-advocacy/pack-essentials/student-emergency-fund/)

## Accessing Devices

### Assurance Wireless

**Contact:** 1-888-321-5880

**Website:** [www.assurancewireless.com/](http://www.assurancewireless.com/)

**Services:** Assurance Wireless is a federal Lifeline Assistance program, providing eligible low-income customers a free phone with free monthly data, unlimited texting, and free monthly minutes. Apply now on the Assurance Wireless website.

**Eligibility:** You may qualify based on federal or state-specific household income eligibility and/or if you qualify for public assistance programs, like Medicaid or SNAP. Lifeline Assistance is available for one wireless or wireline account per household. Separate households that live at the same address or have a temporary address are also eligible.

### Wake County Public Libraries

**Contact:** 919-212-7930

**Website:** [www.wakegov.com/departments-government/libraries](http://www.wakegov.com/departments-government/libraries)

**Services:** Wake County Libraries offer computers, self-service printing and copying, internet access, Wi-Fi, small group study rooms and conference rooms ([request a reservation](#)) for public use.

**Eligibility:** Open to all Wake County residents

#### Locations

Athens Drive Community Library  
1420 Athens Dr, Raleigh, NC 27606

Duraleigh Road Community Library  
5800 Duraleigh Rd, Raleigh, NC 27612

Express Library Fayetteville Street  
336 Fayetteville, Raleigh, NC 27601

Green Road Community Library  
4101 Green Rd, Raleigh, NC 27604

Northeast Regional Library  
14401 Green Elm Ln, Raleigh, NC 27615

Olivia Raney Local History Library  
4016 Cary Dr, Raleigh, NC 27610

Richard B. Harrison Community Library  
1313 New Bern Ave, Raleigh, NC 27610

Village Regional Library  
1930 Clark Ave, Raleigh, NC 27605

Leesville Community Library  
5105 Country Trail, Raleigh, NC 27613

## ● Kramden Institute

**Contact:** 919-293-1133, info@kramden.org

**Location:** 5010 NC Hwy 55, Durham, NC 27713

**Website:** kramden.org/affordable-computers-for-low-income-individuals/

**Services:** The Technology Access Program at Kramden Institute offers affordable computers to low-income adults. Low-cost refurbished computers are available to eligible participants at \$50 for desktops and \$100 for laptops, which includes a 90-day warranty and Windows 10 installed.

**Eligibility:** Individuals below 200% of the Federal Poverty Level and/or enrolled in an income based government assistance program (Medicaid, SNAP, Disability) may apply for a computer [here](#).

## Discounted Subscriptions

**Amazon Prime Student** + Audible Premium Plus for 3 months  
\$6.59/month

**Amazon Prime for EBT Card Users**  
\$5.99/month

**Apple Music for Students**  
\$4.99/month

**Spotify Premium Student** + Hulu and Showtime  
\$4.99/month

**The New York Times**  
\$4.00/month

**Wake County Library Card**  
FREE! if you live or own property in Wake County



# Transportation

## Public Transportation

### ● GO Triangle

**Contact:** 919-485-7433

**Website:** [gotriangle.org/services-programs](http://gotriangle.org/services-programs)

**Services:** Providing regional bus services to the Research Triangle region of North Carolina in Wake, Durham, and Orange counties. Locate your buys in real time using [Transloc](#).

**Eligibility:** Students attending Meredith College, NC State University, and Wake County Community College have access to a free/discounted GoPass.

### ● GOWake Access

**Contact:** 919-212-7005

**Location:** 220 Swinburne St, Raleigh, NC 27610

**Website:** [www.wakegov.com/departments-government/health-human-services/programs-assistance/gowake-access-transportation](http://www.wakegov.com/departments-government/health-human-services/programs-assistance/gowake-access-transportation)

**Services:** Provides door-to-door, shared ride transportation services Monday through Saturday from 6:00 am to 6:00 pm, excluding holidays.

**Eligibility:** Available to the general public who are age 60 or older, have a disability, need work-related transportation, reside in rural services zones of Wake County, or participate in a sponsored eligible service (Medicaid, Public Health, Work First)

### ● Raleigh Bikeshare Program

**Contact:** 877-460-2435, [info@citrixcycle.com](mailto:info@citrixcycle.com)

**Location:** Citrix Cycle station locations found [here](#).

**Website:** [www.citrixcycle.com](http://www.citrixcycle.com)

**Services:** Rent a bike in Raleigh using the Citrix Cycle website, through the Citrix Cycle app, or at one of the 15 payment station kiosks.

**Eligibility:** Open to all. Prices to ride range from \$2 for single trips to a monthly pass at \$20 and annual membership at \$85. Annual Plus Memberships are \$95 and include unlimited 60 minute rides.

## ● Wolfline Transit System

**Contact:** 919-515-9653, trnwolfline@ncsu.edu

**Location:** Wolfline bus routes and stops found [here](#).

**Website:** [www.transportation.ncsu.edu/wolfline/](http://www.transportation.ncsu.edu/wolfline/)

**Services:** Wolfline is NC State's bus service, which is tailored to student class schedules, but also serves the general public fare-free. The bus service operates every day classes are in session, serving all three campuses, three park and ride lots, official NC State housing and private apartment complexes located on city streets traveled by Wolfline buses on the way to or from these areas.

**Eligibility:** No university ID, pass, or fare is required to ride.

## ● ShareTheRideNC

**Contact:** 1-800-VAN-4-WORK

**Website:** [www.sharetheridenc.org/Public/Home.aspx?  
CustomSubSite=None](http://www.sharetheridenc.org/Public/Home.aspx?CustomSubSite=None)

**Services:** Share the Ride NC is a free carpool-matching service that connects people who have similar work/class schedules and travel similar routes.

**Eligibility:** Open to all.



## Want to learn more?

### Visit...

#### **Benefits.gov**

[www.benefits.gov](http://www.benefits.gov)

As the official benefits website of the U.S. government, their mission is to increase citizen access to benefit information, while reducing the expense and difficulty of interacting with the government. The Benefit Finder questionnaire can help you find benefits you may be eligible to receive and direct you to the agency to apply.

#### **N.C. Cooperative Extension - Wake County Center**

[wake.ces.ncsu.edu](http://wake.ces.ncsu.edu)

N.C. Cooperative Extension partners with communities to deliver education and technology that enrich the lives, land and economy of North Carolina.

#### **Raleigh Community Resources**

[www.raleighnc.gov/services/community/community-resources](http://www.raleighnc.gov/services/community/community-resources)

Listed resources related to disability rights, housing, elderly/youth services, and substance use help.

#### **Wake Network of Care**

[www.wake.nc.networkofcare.org](http://www.wake.nc.networkofcare.org)

The Wake Network of Care is a comprehensive, up to date Service Directory to locate needed services, organizations, and supports throughout Wake County. Available in 118 languages.

#### **Wake County Veteran Services**

[www.wakegov.com/departments-government/veterans-services](http://www.wakegov.com/departments-government/veterans-services)

The Wake County Veterans Services Office assists eligible veterans, their dependents and/or surviving spouses, children of deceased veterans, members of the Reserves or National Guard and active-duty service members in applying for benefits and services from the Department of Veterans Affairs and North Carolina Department of Military & Veterans Affairs.