



Complete a Biometric screening by July 31, 2024.

Biometric screenings are required to receive a health insurance premium discount for 2025. Employees and their spouses, if applicable, must complete the screening by July 31, 2024, to be eligible for the discount.

A Biometric screening is crucial for assessing and monitoring individuals' health by measuring various physiological markers such as blood pressure, cholesterol levels, and body mass index. This data helps identify potential health risks and allows for early intervention, promoting preventive healthcare. Additionally, biometric screenings play a key role in the City of Raleigh's wellness programs, enabling us to create targeted health initiatives and improve the overall well-being of our workforce. Top of Form Take this opportunity Take this opportunity to receive valuable health information and a health insurance premium discount for 2025.

Register or Log In

To participate in the premium discount using one of the options below, you and your spouse must register individually for an account through [Virgin Pulse](#).

For additional information on how to navigate your virgin pulse portal, click [here](#).

Biometric screening options

The following options are available to City of Raleigh employees and spouses.

1. **WakeMed:** The city has partnered with WakeMed Hospital to provide onsite biometric screenings between April 1 and May 8, 2024. This is a check-up on important health indicators such as blood pressure and cholesterol. The onsite biometrics data will be collected and uploaded to the Virgin Pulse portal by the screening vendor. This information will also be located on the Virgin Pulse Portal "Benefits" page. Appointments are required, as no walk-ins will be accepted. You may schedule your appointment [here](#).
2. **Primary Care Provider (PCP):** Complete the Biometric Screening Verified Form with your primary care provider (PCP) and submit by July 31, 2024. This form is located on the "Benefits" page of your Virgin Pulse account. Make sure to click 'View ALL' to locate the form. All biometrics must be performed with your PCP from Aug. 1, 2023- July 31, 2024, to receive credit for participation. Instructions on how to securely submit your form are located at the top of the Biometric Screening Verified Form.

If you choose to have your screening done by your primary care provider (PCP), print out the Biometric Screening Verified form located on the “Benefits” page of your Virgin Pulse account. Your healthcare provider must complete the entire form. Employees are responsible for submitting the completed and signed (by you and your health care provider) form to Virgin Pulse using one of the following:

- i. Preferred method: Online Virgin Pulse portal to upload and submit your form (before this, you must have scanned the completed form and saved it to your files).
- ii. Secondary Method: Fax to 401-735-5853.

Your primary care provider cannot fax the biometric form on your behalf. It is highly recommended that you keep a copy of your fax receipt for your records. For tips on how to submit your biometric screening form, click [here](#).

Don't have a primary care provider? Find an in-network provider by logging into [Blue Connect](#).

If you have questions, please reach out via [email](#). Thank you!