



Complete Online Health Risk Assessment

Completing a health risk assessment is vital for gaining insights into one's personal health status, identifying potential risk factors, and proactively addressing lifestyle choices that may impact well-being. By engaging in a health risk assessment, individuals can make informed decisions about their health, adopt preventive measures, and work towards achieving long-term wellness goals.

Register or Log In

To participate in the premium discount using one of the options below, you and your spouse must register individually for an account through [Virgin Pulse](#). Use the account to complete the online health risk assessment questionnaire offered by Virgin Pulse.

For additional information on how to navigate your virgin pulse portal, click [here](#).

NOTE: You are encouraged to complete before attending a scheduled biometric screening.

Health Risk Assessment options

The Health Risk Assessment can be accessed through the following:

1. Your personal dashboard.
2. Under the “Health” tab and then click on “Surveys” at the top of the page.

The HRA must be completed by July 31, 2024.

Virgin Pulse - Your Surveys

app.member.virginpulse.com/#/surveys-ui/historical-surveys

Raleigh

Home

Health

Benefits

Social

Media

More

Support

Journeys

My Care Checklist

Surveys

Nutrition Guide

Sleep Guide

Rewards 4240 / 15000 Points

Your Surveys

Keep tabs on your active surveys and past results.

Start

93 out of 100

Health Risk Assessment

Apr 13, 2022

84 out of 100

Health Risk Assessment

Jun 30, 2021

86 out of 100

Health Check Health Risk Assessment

Apr 7, 2020