

# Adult Program Trip Brochure

## January through December 2019

A guide to Adult Program Trips: Day Trips, Multi-Day Trips, S.O.A.R., Read and Go, Read and Watch and FAQ's



**RALEIGH** Parks,  
Recreation and  
Cultural Resources  
[parks.raleighnc.gov](http://parks.raleighnc.gov)

Anne Gordon Center for Active Adults 919-996-4720  
Five Points Center for Active Adults 919-996-4730  
Walnut Terrace Neighborhood Center 919-996-6160



# Day Trips and Multi-Day Trips

We offer a variety of day trips throughout the year that are open to all adults. No specific dates or prices are listed with the trip information as these trips are being planned throughout the year. Use this trip information as a guideline for the exciting trips to come. Complete the Yearly Trip Registration form on the back of this brochure to be on the mailing list to receive trip fliers and registration information by mail or email.

## Day Trips

### **February – Greensboro, NC: Black History Month**

Celebrate Black History Month with a visit to the International Civil Rights Center and Museum, a facility that has been devoted to the struggle for human and civil rights internationally. Explore the Underground Railroad to learn about the activities which took place locally, and the Guilford Courthouse National Military Park.

### **March – Sanford, NC: Temple Theatre**

“Big River” – Mark Twain’s timeless classic sweeps us down the mighty Mississippi as the irrepressible Huck Finn helps his friend Jim, a slave, escape to freedom at the mouth of the Ohio River. Their adventures along the way are hilarious, suspenseful and heartwarming.

### **April – Louisburg, NC: Louisburg College**

Enjoy The Midtown Men, the original cast members of Broadway’s hit show “The Jersey Boys”. This Rat Pack-inspired musical group performs all your favorite hits from the show as well as popular music from the 60’s.

### **May – Edenton, NC**

Discover the rich history, the scenic beauty and exceptional architecture of North Carolina’s first colonial capital. Edenton is home to several National Historic Landmarks including the state’s oldest courthouse, which was built in 1767 and is still in use and the 1886 Roanoke River Lighthouse.

### **June - Jordan Lake, NC: Eco Boat Tour**

Rescheduled from last year. Sit back and relax as you drink in the sights of nature while gliding across the waters of Jordan Lake. Enjoy the talk about the lake, the birds, the dam and its spillway.

### **August – Mystery Trip**

Enjoy a fun day of delightful surprises to??? Always popular and interesting. Lots of adventure and fun for everyone.

### **September – Surf City, NC: Turtle Rescue & Rehabilitation Center**

Karen Beasley Sea Turtle Rescue & Rehabilitation Center’s mission is the conservation and preservation of all species of marine turtles, both in the water and on the beach. They accomplish their mission through the rescue, care and release of sick and injured sea turtles, public education regarding the plight of sea turtles and the threat of their extinction; and learning opportunities for students of biology, wildlife conservation and veterinary medicine from around the world.

### **October – New Bern, NC**

Travel back in time and walk in the footsteps of colonial governors with a visit to Tryon Palace and the NC History Center. Enjoy the architectural history of some of the town’s mansions, churches, cemeteries and downtown.

# Day and Multi-Day Trips

## **November – Fayetteville, NC: Honor Our Veterans**

Visit the U.S. Army's Airborne and Special Operations Museum (ASOM), considered one of the country's most pristine military museums. Learn about the region and how the Cape Fear River played a role in southern North Carolina history by visiting the Museum of the Cape Fear Historical Complex.

## **December – Rose Hill, NC: Duplin Winery**

Celebrate the season with the Down-Home Country's presentation of the sights and sounds of the holidays. Take a tour of the winery and enjoy some samples before you sit back, relax, and enjoy the dinner and show.

## **Multi-Day Trips**

### **Cherokee, NC**

Nestled in the lush landscapes of Western North Carolina, Cherokee offers spectacular views and rich history of the Cherokee people. Visit the Museum of the Cherokee Indian, Oconaluftee Indian Village and experience the power of Cherokee performing arts in the outdoor drama production of *Unto These Hills*. You may choose to hit the gaming tables at Harrah's Cherokee Resort or take some time enjoying the breathtaking views and adventures the area has to offer.

### **Iceland - Exploration**

Iceland is a beacon of nature's majesty and culture: crystal-blue waters and mossy hills dotted with countless waterfalls. Explore Reykjavik, a sophisticated European city with museums, galleries, and more. View the geothermal pools at Strokkur Geyser and breathe in the beauty of the many water falls, or take a dip in the healing waters of the Blue Lagoon.

### **Branson, Memphis & Nashville: Music Cities Holidays**

Fly to Branson, MO to experience an Ozark winter holiday. "The Live Music Show Capital of the World" is known for world-class live shows and performers. Explore the light filled town, experience a top music and dance show or choose to experience the wonder of Silver Dollar City during An Old Time Christmas Festival. Travel by bus to Memphis, TN, known for the Blues and Rock 'n' Roll, where we will take in some of the incredible blues music and visit Elvis Presley's famous Graceland. We will then head to our final destination of Nashville, TN, "Music City USA".

## **Multi-Day Trip for 2020**

### **Canadian Rockies Discoveries**

Towering over the plains of Alberta and British Columbia are the peaks of the Canadian Rocky Mountains - mighty, rugged, exquisite. Each season in the Rockies has its own special beauty and selection of activities. Explore Canada's wild like recreational areas Kananaskis Country, Waterton, Banff, Jasper, Kootenay, Glacier and Yoho National Parks. Alpine towns such as Banff, Jasper and Lake Louise are sprinkled throughout the Canadian Rockies and are ideal locations for mountain adventure. Travel to the Icefields Parkway, one of the most scenic highways in the world. See a panorama of snow-capped mountain peaks, hanging glaciers, waterfalls, and amazing wildlife.



# S.O.A.R. Trips

The **S**ocial **O**utdoor **A**ctive **R**ecreation (SOAR) program offers adventurous trips geared for adults 50+ but is open to adults of all ages. The Adult Program has partnered with the PRCR Adventure Program to offer some amazing active trips. There are no special skills required to participate, just an adventurous and open mind. No Xers here, just a group of individuals looking to participate in adventurous activities with others and/or to check items off their bucket list.

## Day Trips

### Indoor Skydiving - No heights required

Experience the freedom that skydivers have without a plane or parachute. Indoor skydiving involves a vertical chamber (imagine a massive silo with windows) that has the most powerful fans you've ever seen, blowing lots of air into the tunnel from below. All you must do is lean into the airflow and take flight! You will receive hands on classroom step-by-step instructions by an experienced skydiver before even stepping into the wind.

### Paddles and Trails

Head out to one of the many local lakes or rivers that our area has to offer. Learn basic fundamentals of canoeing or kayaking with our experienced Adventure Program staff before heading out onto the water. Take a guided light walk and discover the amazing nature in your own back yard. All equipment provided for the trip.

## Multi-Day Trip

### Whitewater Rafting and Hiking - Bryson City, NC

Enjoy this amazing experience with a guided rafting trip and light hikes. North Carolina's shimmering Nantahala River offers river rafting through family-friendly rapids that are mild but exciting. The Nantahala features eight miles of practice on easy Class II rapids before splashing through the exciting Class III whitewater of Nantahala Falls. Bryson City is a small town tucked on the southern side of the Great Smoky Mountains. Spend your leisure time exploring a town that is filled with both old and new. Want to enjoy the mountain views but not sure about the rafting or hiking? Not a problem—this trip will have options for those activities.

### New England Adventures

Adventure awaits while exploring beautiful New England. Portland, Maine during the summer is sunny but not hot, breezy but not cold, the perfect place to explore. From ornate mansions to ocean views, this charming city is the largest in Maine. Travel to Vermont and ride to the top of the highest peak in New England, Mt. Washington, on the world's first mountain climbing Cog Railway Train. Enjoy the spectacular views on Mt. Washington. Take in the breathtaking views of the jagged coast lines and pristine lakes of Acadia, ME the first national park east of the Mississippi River. You might choose to spend your day on a light hike at the park, kayak along the gentle ocean coast line or watch the sunrise atop Cadillac Mountain.

# Read and Go

This is a book club with a twist. We read books written by NC authors or books based in NC, have a book discussion and then go on a trip based on the book. The author may be involved in the book discussion, trip planning and sometimes going on the trip with us. This program has gotten so popular that the authors are now contacting us to use their books.

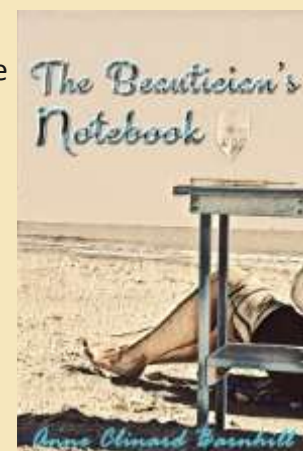
## **A CHOSEN FEW**, Carolyn Rawls Booth *\*books available upon request to the first 38 patrons*

*A Chosen Few* is the third in Carolyn Booth's *Between the Rivers Trilogy*, a series that recounts the struggles of several families in rural eastern North Carolina during the 1920's and 1930's when young farmers faced a bleak future brought on by The Great Depression. When Franklin Roosevelt is elected in 1932, one of his New Deal programs, a *farm city* named Penderlea Homesteads in Pender County, offered what seemed like a utopian answer to young families wanting to make a new start. Subsistence farm homesteads, complete with a picture perfect cottage, outbuildings and livestock in a community setting were offered for only \$60 a year. The author was born in Bladen County, but her family was among the "chosen few" who got their start in the resettlement community. Booth offers a story that is both historical and engaging with fictional and true-life characters.



## **The Beautician's Notebook**, Anne Clinard Barnhill

When Willa Jo Temple is found stabbed through the heart on the floor of her beauty shop, the good folks of Summerset, NC are sent into a tizzy. It's up to her ex-husband, Sheriff Tal Hicks, to investigate. Willa Jo kept a notebook containing all the secrets she's learned while doing hair. Rumor has it Willa Jo was going to write a book, exposing everything. Now the incriminating notebook is missing, leaving very little to go on. Before the interrogations are over, Avenelle Young, confesses. The sheriff is skeptical of her guilt because she refuses to discuss what happened. Her statement is a terse declaration of guilt, with neither motive nor method explained. During the investigations, as the secrets are slowly revealed, each family touched by Willa Jo's death must come to terms with the new information being unearthed.



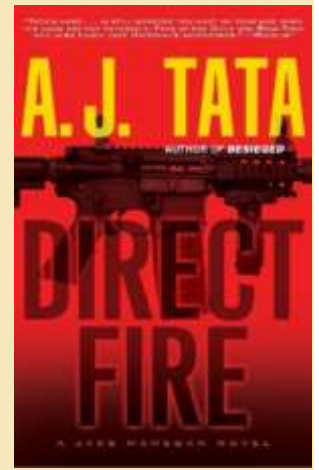
## **Slightly South of Simple**, Kristy Woodson Harvey

Caroline Murphy swore she'd never return to the small Southern town of Peachtree Bluff. She was a New York girl born and bred and the worst day of her life was when, after her father's death, her mother selfishly forced her to move during her senior year of high school, back to that tick-infested rat trap where she'd spent her childhood summers. Now that her marriage to a New York high society heir has fallen apart in a very public fashion, a pregnant Caroline decides to escape with her daughter and head home to her mother, Ansley. Ansley has always put her three daughters first, especially when she found out that her late husband left her with next to nothing. Now the proud owner of a charming waterfront design business and finally standing on her own two feet, Ansley welcomes Caroline. But when her other daughter Sloane, and youngest daughter, Emerson join the fray, Ansley begins to feel like the piece of herself she had finally found might be slipping from her grasp.



### **Direct Fire, A.J. Tata**

A powerful banker, gunned down in cold blood. A military family, senselessly slaughtered as they sleep. A four-star general, hacked and framed by virtual assassins. Another key general, kidnapped from his farm. Jake Mahegan receives a distress call from General Savage, and rushes to the commander's home walking right into an ambush. When the smoke clears, is alive but the implications of the attack are as absolute as death: The terrorists are here...and no one is safe. Joining forces with Savage's combat JAG officer, Alexandra Russell, Mahegan follows the trail to a killer who goes by the name "Jackknife," who is a Syrian refugee-turned-terrorist vowing to avenge the bombing of a Syrian wedding by killing as many Americans as possible. Time is running out. Terrorist cells are gathering in the Blue Ridge Mountains. Hackers are emptying the nation's banks of millions of dollars. Their final act of vengeance will bring the whole world to its knees.



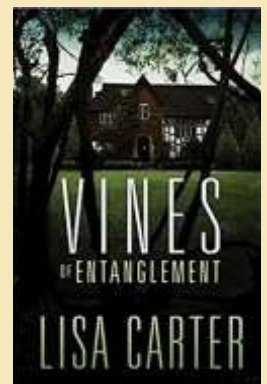
### **The Secret, Book & Scone Society, Ellery Adams**

Miracle Springs, North Carolina, is a place of healing. Strangers flock here hoping the natural hot springs, five-star cuisine, and renowned spa can cure their ills. If none of that works, they often find their way to Miracle Books, where, over a fresh-baked "comfort" scone from the Gingerbread House bakery, they exchange their stories with owner Nora Pennington in return for a carefully chosen book. That's Nora's special talent—prescribing the perfect novel to ease a person's deepest pain and lighten their heaviest burden. A visiting businessman reaches out to Nora for guidance, but before their appointment, he's found dead on the train tracks. Stunned, Nora forms a group for damaged souls yearning to gain trust and earn redemption by helping others. To join the society, members must divulge their darkest secret—the terrible truth that brought each of them to Miracle Springs. Determined to uncover the truth behind the businessman's demise, the women meet. As they untangle a web of corruption, they discover their own courage, purpose, and a sisterhood that will carry them through every challenge, proving it's never too late to turn the page.



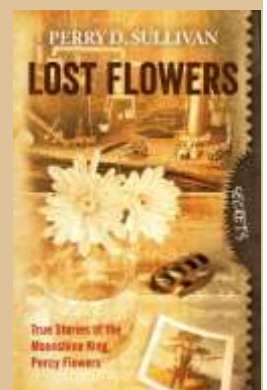
### **Vines of Entanglement, Lisa Carter**

A tangled web of lies characterizes the life Laura Mabry has built for herself and her son after the tragic death of her husband. Experience has taught Lumbee homicide detective Jon Locklear that he can't trust Laura, especially after she finds a young girl's body on Raleigh's Greenway. Jon is Laura's worst nightmare...and her fondest dream come true. But old habits, like old loves, die hard. And when the killer threatens Laura and her son, Jon may be the only one who can save her. Laura must face her deepest fears and unravel the lies of her past before she and her son become the Greenway Killer's next victims.



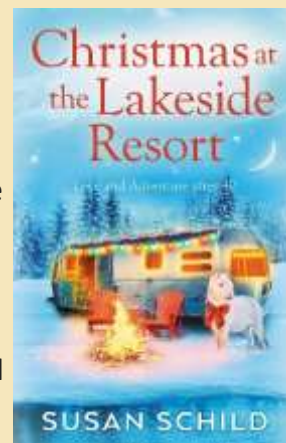
### **Lost Flowers, Perry Sullivan**

This is a gut-wrenching, colorful, never-before-told true stories of the notorious North Carolina Moonshine King, Joshua Percy Flowers, as told by his son, Percy Sullivan. In the backwoods of Clayton, North Carolina, in the first half of the twentieth century, life may have been harsh, but whiskey could be found that was smooth, clear, and potent. Especially if it was the product of moonshine kingpin Joshua Percy Flowers, the legendary bootlegger who amassed a small fortune from the making of white lightning. Perry Sullivan, breaks decades of silence to share his firsthand account of the whiskey making, cockfighting, and foxhound-racing ways of his rough-hewn but surprisingly wise wheeler and dealer.



## **Christmas at the Lakeside Resort,** Susan Schild

Forty-two year old Jenny Beckett is dreading the holiday. Her fiancé has just called off their Christmas wedding, and to top it off, she's been evicted. When her estranged father dies and leaves her eight rustic guest cabins on Heron Lake, Jenny seizes the chance to make a new life. She packs up her dogs, her miniature horse and her beat up Airstream trailer and moves to the lake. Short on time and money, Jenny and her contractor, widower Luke, work feverishly to renovate the cabins in time to rent for the festive holiday event she's promised guests. Her ex resurfaces and seems intent on winning her back, but Jenny is fighting a growing attraction to Luke and the last thing she needs is another disastrous romance. When an unexpected blizzard snows them in and jeopardizes the festivities they've promised the guests, Jenny and Luke work to save the event and along the way, find true love... and the magic of Christmas.



Barcode #	Book Title	Discussion Date/Time	Tentative Trip Month
#235340	<b>**A Chosen Few</b>	February 25, 1:00 pm	March
#219177	The Beautician's Notebook	March 25, 1:00 pm	April
#219178	Slightly South of Simple	April 22, 1:00 pm	May
#219179	Direct Fire	May 6, 1:00pm	June
#235341	The Secret, Book & Scone Society	July 22, 1:00pm	August
#235342	Vines of Entanglement	August 26, 1:00pm	September
#235343	Lost Flowers	September 23, 1:00pm	October
#235344	Christmas at the Lakeside Cabins	October 22, 1:00pm	November

### **Schedule For Discussions and Trips**

- Pre-registration is required for all book discussions at least one week prior to discussion date.
- Book discussions are held at the Anne Gordon Center for Active Adults at Millbrook Exchange Park, unless otherwise noted on the schedule with \*\*.

\*\* discussion will be held at Millbrook Community Center

- Books can be checked out of the Wake County Library.
- Books can be purchased at Quail Ridge Book Store (4209-100 Lassiter Mill Rd, Raleigh).

Tell them you are with the Read and Go program to receive a discount.

### **For trip information and registration or to sign up for the Adult Program Trip Mailing List:**

Raleigh Parks, Recreation and Cultural Resources Adult Program

Five Points Center for Active Adults 919-996-4730

Walnut Terrace Center 919-996-6160

Anne Gordon Center for Active Adults 919-996-4720

Visit our website at [www.raleighnc.gov](http://www.raleighnc.gov) Keyword Search: *Adult Program*

RecLink: To Register for discussions and trips online <https://reclink.raleighnc.gov>



# Read and Watch

Are you interested in going on a trip full of adventure, intrigue, love or sorrow without leaving your chair. This program centers around reading a book which has been made into a movie. We will have a book discussion and then enjoy watching the movie together!

## **Crazy Rich Asians**, Kevin Kwan

Monday, Jan 14

#219164

This book is about three super-rich, pedigreed Chinese families and the gossip, backbiting, and scheming that occurs when the heir to one of the most massive fortunes in Asia brings home his ABC (American-born Chinese) girlfriend to the wedding of the season. When Rachel Chu agrees to spend the summer in Singapore with her boyfriend, Nick, she envisions a humble family home, long drives to explore the island, and quality time with the man she might one day marry. What she doesn't know is that Nick's family home happens to look like a palace, that she'll ride in more private planes than cars, and that with one of Asia's most eligible bachelors on her arm, Rachel might as well have a target on her back.

## **The Leisure Seeker**, Michael Zadoorian

Monday, April 8

#219165

John and Ella Robina have shared a wonderful life for more than fifty years. Now in their eighties, Ella suffers from cancer and has chosen to stop treatment and John has Alzheimer's. Yearning for one last adventure, the self-proclaimed "down-on-their-luck geezers" kidnap themselves from the adult children and doctors who seem to run their lives and head to a forbidden vacation of rediscovery. With Ella as his vigilant copilot, John steers their '78 Leisure Seeker RV along the forgotten roads of Route 66 toward Disneyland in search of a past they're having a hard time remembering. Ella is determined to prove that, when it comes to life, a person can go back for seconds—sneak a little extra time, grab a small portion more—even when everyone says you can't. It is the story of Ella and John: the people they encounter, the problems they overcome, the experiences they have lived, the love they share, and their courage to take back the end of their own lives.

## **Red Sparrow**, Jason Matthews

Monday, June 17

#219166

Written by veteran CIA officer Jason Matthews. In present-day Russia, ruled by President Vladimir Putin, Russian intelligence officer Dominika Egorova struggles to survive in the post-Soviet intelligence jungle. Ordered against her will to become a "Sparrow," a trained seductress, Dominika is assigned to operate against Nathaniel Nash, a young CIA officer who handles the Agency's most important Russian mole. Spies have long relied on the "honey trap," whereby vulnerable men and women are intimately compromised. Dominika learns these techniques in Russia's secret "Sparrow School," hidden outside of Moscow. Dominika and Nate soon collide in a duel of wills, tradecraft, and, inevitably, forbidden passion that threatens not just their lives but those of others. As secret allegiances are made and broken, Dominika and Nate's game reaches a deadly crossroads. Soon, one of them begins a dangerous double existence in a life-and-death operation.

## **Where'd You Go Bernadette**, Maria Semple

Monday, Sep. 30

#235349

To her husband, Bernadette is a fearlessly opinionated partner. To fellow private-school mothers, she's a disgrace. To design mavens, she's a revolutionary architect, to 15-year-old Bee, she is a best friend and simply, Mom. Then Bernadette disappears. It began when Bee aced her report card and claimed her promised reward: a family trip to Antarctica. But Bernadette's intensifying allergy to Seattle, and people in general, has made her so agoraphobic that an assistant in India now runs her most basic errands. A trip to the end of the earth is problematic. To find her mother, Bee compiles emails, official documents, and secret correspondence, creating a compulsively readable and touching story about misplaced genius and a mother and daughter's role in an absurd world.

## **Devil in the White City**, Erik Larson

Monday, Oct. 21

#235350

This story tells of the incredible events surrounding the 1893 Chicago World's Fair. A story of two men: Daniel H. Burnham, the architect responsible for the fair's construction, and H.H. Holmes, a serial killer masquerading as a charming doctor. Burnham's challenge was immense. In a short period of time, he was forced to overcome the death of his partner and numerous other obstacles to construct the famous "White City" around which the fair was built. The activities of the sinister Dr. Holmes, devised and erected the World's Fair Hotel, complete with crematorium and gas chamber, near the fairgrounds and used the event, as well as his own charismatic personality, to lure victims



# Frequently Asked Questions

- 1. Who can go on the Raleigh Parks, Recreation and Cultural Resources Adult Program Trips?** All of the trips that are offered through the Adult Program are geared towards adults 50+ years. However, anyone of adult age 18+ are welcome to enjoy our trips.
- 2. Do I have to be a City of Raleigh resident to go on an Adult Program trip?** No, you don't even have to be a North Carolina resident to participate in the trips. Any adult no matter where they reside can go on the trips. In fact, if someone is interested in going on a multi-day trip they do not have to travel to Raleigh to go on that trip with us. We will work directly with the tour company to fly the person (s) from the closest larger airport to the destination, arriving approximately the same time the main group is scheduled to arrive. There could be a price difference (higher or lower) based on airfare.
- 3. Why are there no dates and prices listed with the trips in this brochure?** The Adult Program Trip Brochure goes out in October of the year before the trip year. All of the trips are planned and finalized throughout the trip year. Therefore, we are unable to include any specific detailed information about the trips in the brochure. We do our best to have the trip during the month that has been advertised; however, unforeseen circumstances may arise with the facilities or events that may cause trip dates to change.
- 4. Will the trip descriptions in this trip brochure specifically say what will be done on the trip?** Most of the time, yes. The trip descriptions are a guideline to let you know what we are planning for a trip. At times, trips have to be altered because of location availability or a new site becomes available. Since the trip brochure goes out prior to when the trips are being developed, site availability is not always known and new sites may open that we feel would add to the trip experience.
- 5. I am very interested in going on a trip listed in the trip brochure. How do I get the trip flier?** To receive trip fliers and to be able to register for any trip, participants must turn in the 2019 Yearly Trip Registration Form (see last page). Trip fliers will be sent out to individuals who have filled out the Yearly Trip Registration Form. This form must be done every year and will cover trips offered January 2019 to December 2019. This form can be done online or turned in to one of the Active Adult Centers. Unfortunately, due to record keeping, this form can't be turned in at any other PRCR facility.  
\*Any individual that wishes to register for any Adult Program trip must have a current Yearly Trip Registration Form on file with the Adult Program.
- 6. What is the process if I want to register for a trip but I haven't completed this years Yearly Trip Registration Form?** Whether you are calling in to register over the phone or mail in your trip payment, the staff will confirm that there is a current Yearly Trip Registration Form on file before you will be registered for a trip.  
\*If there is not a current form on file then your payment will be taken and you will be placed on the waitlist. A spot will be held for you for the trip, however you will not be moved over from the waitlist to the trip list until your Yearly Trip Registration Form is completed, signed and turned in.
- 7. I really want to go on a trip but there is no open space for the trip. What do I do?** You are always highly encouraged to get on the waitlist for any trips that are full. Spots frequently open for trips due to various reasons and often we are able to add more spots on a trip or add a second trip on another date. No money is required to be added to the waitlist for a full trip. Once a spot becomes available, individuals on the waitlist will

# Frequently Asked Questions

be contacted in the order in which they were added to the waitlist. If the waitlisted patron is unable to go on the trip, the next patron on the waitlist will be called. This will continue until the spot is filled. We will call for opened spots up until one day before trip. At the time that a spot is accepted, the patron will be registered (if they have a current Yearly Trip Registration Form) and payment will be taken.

8. **What do I need to do if I can't go on a trip in which I've already registered and paid?** To withdraw from a trip it must be submitted in writing or by email. Once the letter is received by the Recreation Program Manager, you will be withdrawn from the trip. All day trips follow the PRCR withdrawal guidelines listed on the Yearly Trip Registration Form. Multi-Day trip withdrawals follow the tour operators cancellation policy.
- 100% refund/credit/transfer if the Department cancels the program or the facility rental.
  - Refund requests received in writing at least 14 or more days in advance of the program/rental/team placement date are entitled to:
    - A. 100% credit or transfer of fees to another program at the time of the withdrawal
    - B. 85% refund based on the total cost of the program or rental
    - C. 85% credit/transfer/refund of eligible rental fees
  - Refund/credit/transfer requests received less than 14 days in advance of the program/rental/team placement date will not be granted.
  - Refunds for medical circumstances requested prior to the program/rental/team placement date will be granted at 100%, pending verification.
9. **Do you offer one-on-one assistance or accept special requests?** The trip escorts cannot provide one-on-one assistance to the patrons. Trip escorts are responsible for all of the trip patrons as well as ensuring the trip remains on schedule. If you have a special need, such as use of a wheelchair or dietary need, you must list these on the Yearly Trip Registration Form and trip registration form for consideration.
- \*Each trip flier lists the patron expectations, walking expectations, including volume and possible walking issues (steps, gravel paths, non-handicap accessibility facilities), as well as any schedule timeline requirements.
10. **Where do I catch the bus for a trip?** All of the trips leave from the Anne Gordon Center for Active Adults at 1901 Spring Forest Road, Raleigh located in the Millbrook Exchange Park.
- When you are parking for a trip, we ask that you not park in the parking spaces in front or on the side of the center. These spots are used for the center patrons. Please park in the lower parking lot of the active adult center located closer to the Millbrook High School.
11. **What type of transportation is used for the trips and are there bathrooms available?** For all of the larger trips we use a chartered motorcoach. These coaches are equipped with a bathroom for your emergency use. For trips that have a smaller number of patrons, or are within the Raleigh area, we will use one of our department buses or vans. During all of our trips, we offer a rest stop at least every 2 hours.

# 2019 Adult Program Yearly Trip Registration Form

☐ Raleigh Resident ☐ Non-resident Add \$15 to course. Non-resident fees do not apply to courses less than \$15

**Participant #1** Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Male ☐ Female  
I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: \_\_\_\_\_  
I request ADA accommodation for the disability/medical condition listed. ☐ Yes ☐ No  
Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ \*Email \_\_\_\_\_  
Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

## Individuals living at the same address may use same Yearly Trip Registration Form

**Participant #2** Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Male ☐ Female  
I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: \_\_\_\_\_  
I request ADA accommodation for the disability/medical condition listed. ☐ Yes ☐ No  
Cell Phone \_\_\_\_\_ \*Email \_\_\_\_\_  
Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

The City of Raleigh Parks, Recreation and Cultural Resources Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and will provide reasonable accommodations to facilitate participation in our programs. To ensure that reasonable accommodations are in place, program registration or accommodation request should be received at least two weeks prior to the start date of the program. For more information please contact Inclusion Services 919.996.2147

Pictures or video may be taken of participant for use in program publicity. ☐ Please check, if you do not approve

Registration Receipt: (for mail-in) I would like my receipt (please check one) ☐ emailed (valid email address required) ☐ printed/mailed

## Registration

Register Participant(s): \_\_\_\_\_ to receive trip fliers/registrations for the trips indicated by the participant(s) initial. Understood by initialing, the Yearly Trip Registration Form covers all 2019 Adult trips January to December.

Trip Fliers/Registration	Registration barcode	Patron #1 initials	Patron #2 initials
Adult Program 2019 Trips	#235366	_____	_____

## Non-Discrimination Policy

The policy of the City of Raleigh is, and shall be, to oppose any discrimination based on actual or perceived age, mental or physical disability, sex, religion, race, color, sexual orientation, gender identity or expression, familial or marital status, economic status, veteran status or national origin in any aspect of modern life. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with either the Director of Raleigh Parks, Recreation and Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240

## Release, Indemnity, and Agreement Not to Sue

\* By providing my email address I agree to receive email communication from Raleigh Parks, Recreation and Cultural Resources.  
I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, and musculoskeletal injuries, among others. I choose for myself or for my child to participate in the selected programs despite the risks.  
By signing the Program Registration form, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the teachers and supervisors of the program.

In return for the opportunity to participate in this program, I agree for myself and for my heirs, assigns, executors, and administrators to release, waive, and discharge any legal rights I may have to seek payment or relief of any kind from the City, its employees or its agents for injury, illness, or death resulting from this program. If I am registering a child for a program, I agree that I am a parent, legal guardian, or am otherwise responsible for the child whose application I am submitting and that I release, waive, and discharge any legal rights that I may assert on behalf of the child participation in the program. I also agree not to sue the City, its employees, or its agents and agree to indemnify the City for all claims, damages, losses, or expenses, including attorney's fees, if a suit is filed concerning an injury, illness, or death to me or to my child resulting from participation in the program.

By signing below, I acknowledge that I have read, understand, and agree to the City of Raleigh policies listed on this form.

Participant Signature _____	Date _____
Participant Signature _____	Date _____

*\*Signature is required to complete the registration process.*

**Return by mail to:** Walnut Terrace Center Adult Program 1256 McCauley Street, Suite 103 Raleigh NC 27608

**Walk-In:** Anne Gordon Center 1901 Spring Forest Road

Five Points Center 2000 Noble Road




Walnut Terrace Center 1256 McCauley Street, Suite 126



City of Raleigh  
Parks, Recreation and  
Cultural Resources Department  
PO Box 590  
Raleigh NC 27602  
Seniors 6600

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