

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 1

March 9<sup>th</sup> – 13<sup>th</sup>

“Dr. Seuss Week”



Monday, March 9<sup>th</sup>: Dr. Seuss Week

SCHOOL HOLIDAY  
(TRACK OUT PROGRAM CLOSED)

Tuesday, March 10<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Rabbit Hole	Science: Butter Seuss Science	Holiday Quiz	Lunch	Down Time	Dance Crew Battle	Tomahawk Snatch	Tower Take Down	Merge with ASX
Group 2				Steal The Snow		Spoons		Down Time			Playground	

Wednesday, March 11<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-10:00	10:00-1:00		1:00-1:30	1:30-2:00	2:00-2:30	2:30-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Assembly	Pick Up from Site @ 10:00am Six Forks Station Cinema 10:30-12:30 Return to Site @ 1:00pm		Lunch	Down Time	Beat The Bunny	Creeping Closer	Playground	Merge with ASX
Group 2							Down Time	Time Travel			

Thursday, March 12<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Circle Run	Snowball Alley	Name That Song	Lunch	Down Time	Tic Tac Relay	Art Project: Tuffula Trees	Bird, Beast, Fish	Playground	Merge with ASX
Group 2								Down Time					

Friday, March 13<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Art Project: Handprint Thing (1&2)	Hotdog Switch	Space Clean Up	Lunch	Down Time	Gaga Ball	Science: Stack The Cats Hat	1. Fitness Tag 2. Silent Ball	Merge with ASX
Group 2						Shark, Shark		Down Time			Playground	



ARTS / CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 1

March 16<sup>th</sup> – 20<sup>th</sup>

“Disney Week”



## Monday, March 16<sup>th</sup>: Disney Week

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Assembly	Octopus Tag	Telephone	Lunch	Down Time	Science: Frozen Playdough	Pokémon Tag	Hula Hoop Tag	Merge with ASX
Group 2								Down Time			Dodgeball	

## Tuesday, March 17<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:00	11:00-11:30	11:30-2:00	2:00-2:30	2:30-3:30	3:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Art: Mickey Mouse Art	Clock Patience	Lunch	Pick Up from Site @ 11:30am Paint Your Pot 12:00-1:30 Return to Site @ 2:00pm	Down Time	Snake In The Grass	Playground	Merge with ASX
Group 2					Crab Attack			Down Time	4-Corner Dodgeball		

## Wednesday, March 18<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:15	10:15-11:00	11:00-11:30	11:30-2:30	2:30-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Science: Aladdin Flying Carpet	Captain's Order	Lunch	Pick Up from Site @ 11:30am Marbles Museum 12:00-2:30 Return to Site @ 2:30pm	Down Time	Playground	Merge with ASX
Group 2								Down Time		

## Thursday, March 19<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Ghost	Super Hero Tag	Don't Forget Me	Lunch	Down Time	Ring Circle	Food Experience: Rainbow Milk	SPUD	Merge with ASX
Group 2				Good Morning Captain	Minefield			Down Time			Find A Thimble	

## Friday, March 20<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Shooting Stars	Mission Impossible	Art: Popsicle Stick Cars	Lunch	Down Time	Keep The Balloon Up	Alien Invasion	Disney Movie	Merge with ASX
Group 2					Boomerang			Down Time	Barnyard Bedland	Smaug's Jewel		



ARTS / CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 1

March 23<sup>rd</sup> – 27<sup>th</sup>  
“Willy Wonka Week”



## Monday, March 23<sup>rd</sup>: Willy Wonka Week

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Assembly	Gym	Bounce Change	Clinic: LEGO Challenge	Lunch	Down Time	Scatterball	Mancala Tournament	Science: Pop Rock Expander	Playground	Merge with ASX
Group 2					Connect Four Tournament			Down Time					

## Tuesday, March 24<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:30	9:30-12:30				12:30-1:00	1:00-1:30	1:30-2:15	2:15-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Pick Up from Site @ 9:30am NC Museum of Natural Science 10:00-12:00 Return to Site @ 12:30pm				Lunch	Down Time	Art: DIY Candy Wrapper	Spiders & Scorpions	Silent Speedball	Merge with ASX
Group 2								Down Time		Red Rover	Playground	

## Wednesday, March 25<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:30	11:30-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Roll A Monster	World Cup	Airplane Toss	Lunch	Down Time	Mystery	Art: Paper Plate Lollipops	Crazy Moves	Playground	Merge with ASX
Group 2					Battle Ball			Down Time	Electricity				

## Thursday, March 26<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Science: Winter STEM Task	Movement: Wiz Bang Bounce	Garbage Can Game	Lunch	Down Time	Houdini Hoops	Gaga Ball	Playground	Merge with ASX
Group 2								Down Time			Kid's Choice	

## Friday, March 27<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:00	11:00-11:30	11:30-2:30				2:30-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Snake Wall, Fire Wall	Zip Zip Zonk	Lunch	Pick Up from Site @ 11:30am Galaxy Fun Park 12:00-2:30 Return to Site @ 2:30pm				Down Time	1. Asteroids 2. Recharge	Merge with ASX
Group 2				Zip Zip Zonk	Snake Wall, Fire Wall						Down Time	Playground	



ARTS / CRAFTS



FOOD EXPERIENCE



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SCIENCE / NATURE

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 1

March 30<sup>th</sup> – April 3<sup>rd</sup>

“Chinese New Year”



## Monday, March 30<sup>th</sup>: Chinese New Year

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Assembly	Gym	Art Project: Cupcake Liner Dragon	Pong Hau K'i	Lunch	Down Time	Catching The Dragon's Tail	Science: DIY Floam	Bun Shuffle	Playground	Merge with ASX
Group 2								Down Time					

## Tuesday, March 31<sup>st</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Science: Rainbow Paper	Chinese Pictionary	Cat And Mouse	Lunch	Down Time	Everybody's It	Art Project: Chinese Slate Book	Chinese Ball	Merge with ASX
Group 2								Dow Time	Gag Ball		Playground	

## Wednesday, April 1<sup>st</sup>:

TRACK 1 IN SCHOOL													
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## Thursday, April 2<sup>nd</sup>:

TRACK 1 IN SCHOOL													
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## Friday, April 3<sup>rd</sup>:

TRACK 1 IN SCHOOL													
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ARTS / CRAFTS



FOOD EXPERIENCE



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FIELD TRIP



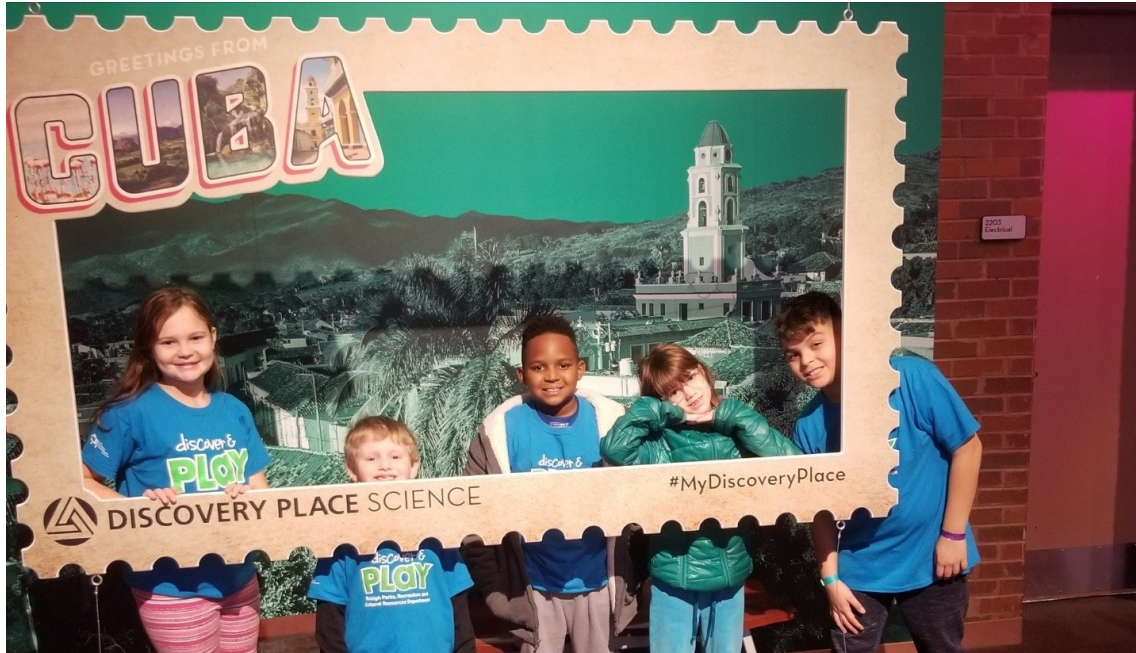
CLINIC



SCIENCE / NATURE

# Marsh Creek Track Out

## Track 1 - Week 1 – Dr. Suess Week



### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips

### Field Trip Information and More!

#### Six Forks Station Cinemas

9500 Forum Drive, Raleigh, NC 27615

919-846-3904

Participants will get to enjoy a trip to the movies complete with popcorn & drink as they view a children's movie on the big screen!

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*



**RALEIGH** Parks,  
Recreation and  
Cultural Resources  
[parks.raleighnc.gov](http://parks.raleighnc.gov)

**Marsh Creek Track Out X-Press**

919-996-4924

Program Manager: Piper Taylor





# Marsh Creek Track Out

## Track 1 - Week 2 – Disney Week



### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips

### Field Trip Information and More!

#### Paint Your Pot

2755 NC Hwy 55, Cary, NC 27519  
919-363-9333

At Paint Your Pot, campers will have the opportunity to design & paint their very own piece of pottery! Remember to wear appropriate clothes for painting! Pieces will be available to take home at the end of the week!

#### Marbles Museum

201 E Hargett Street, Raleigh, NC 27601  
919-834-4040

Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play!

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*

# Marsh Creek Track Out

## Track 1 - Week 3 – Willy Wonka Week



## Field Trip Information and More!

### NC Museum of Natural Science

11 W Jones Street, Raleigh, NC 27601

919-870-7947

Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

### Galaxy Fun Park

14460 Falls of Neuse Road, Raleigh, NC 27614

919-584-4000

Galaxy Fun Park is an indoor facility filled with tons of exciting activities for kids of all ages! Campers will have unlimited play time on the trampolines, Laser Tag & soft play areas!

## Reminders

### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign waiver for Galaxy Fun Park

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*

# Marsh Creek Track Out

## Track 1 - Week 4 – Chinese New Year Week



### Field Trip Information and More!

**No Field Trips this week!**

### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*



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