

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

## December 30<sup>th</sup> – January 3<sup>rd</sup>

### “Chinese New Year”



**Monday, December 30<sup>th</sup>: Chinese New Year**

**SCHOOL HOLIDAY  
(TRACK OUT PROGRAM CLOSED)**

**Tuesday, December 31<sup>st</sup>:**

**SCHOOL HOLIDAY  
(TRACK OUT PROGRAM CLOSED)**

**Wednesday, January 1<sup>st</sup>:**

**SCHOOL HOLIDAY  
(TRACK OUT PROGRAM CLOSED)**

**Thursday, January 2<sup>nd</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Assembly	Gym	Art Project: Cupcake Liner Dragon	Pong Hau K'i	Lunch	Down Time	Catching The Dragon's Tail	Science: DIY Floam	Bun Shuffle	Playground	Merge with ASX
Group 2					Pong Hau K'i	Art Project: Cupcake Liner Dragon		Down Time		Bun Shuffle	Science: DIY Floam		

**Friday, January 3<sup>rd</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Science: Rainbow Paper	Chinese Pictionary	Cat And Mouse	Lunch	Down Time	Gaga Ball	Art Project: Chinese Slate Book	Chinese Ball	Playground	Merge with ASX
Group 2				Chinese Pictionary	Science: Rainbow Paper			Down Time	Everybody's It	Chinese Ball	Art Project: Chinese Slate Book		



ARTS / CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

**January 6<sup>th</sup> – 10<sup>th</sup>**  
**“For The Love Of Snow”**



## Monday, January 6<sup>th</sup>: For The Love Of Snow

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Assembly	Gym	Circle Run	Name That Song	Lunch	Down Time	Art Project: Paper Plate Snow Globe	Tic Tac Toe Relay	Bird, Beast, Fish	Playground	Merge with ASX
Group 2					Snowball Alley			Down Time	Tic Tac Toe Relay	Art Project: Paper Plate Snow Globe	Time Travel (Younger)		

## Tuesday, January 7<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:30	9:30-12:30					12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Pick Up from Site @ 9:30am  Marbles Museum 10:00-12:00  Return to Site @ 12:30pm					Lunch/Down Time	Shovel Snow	Science: Snow STEM	Creeping Closer	Playground	Merge with ASX
Group 2								Lunch/Down Time		Creeping Closer	Science: Snow STEM		

## Wednesday, January 8<sup>th</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-12:00					12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Pick Up from Site @ 9:00am  Six Forks Station Cinema 9:30-11:30  Return to Site @ 12:00pm					Lunch	Down Time	Movement: Wiz Bang Bounce	Beat The Bunny	Tower Take Down	Playground	Merge with ASX
Group 2								Down Time		Fitness Tag			

## Thursday, January 9<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Art Project: Winter Tree	Hot- Dog Switch	Space Clean Up	Lunch	Down Time	Silent Speedball	Gaga Ball	Spiders And Scorpions	Playground	Merge with ASX
Group 2				Hot- Dog Switch	Art Project: Winter Tree	Shark, Shark		Down Time	Gaga Ball	Silent Speedball			

## Friday, January 10<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Rabbit Hole	Holiday Quiz	Shoulder Challenge	Lunch	Down Time	Dance Crew Battle	Science: Melting Ice	Tomahawk Snatch	Playground	Merge with ASX
Group 2				Steal The Snow Ball	Spoons			Down Time		Tomahawk Snatch	Science: Melting Ice		



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# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

January 13<sup>th</sup> – 17<sup>th</sup>

“Disney Week”



**Monday, January 13<sup>th</sup>: Disney Week: Please wear your blue field trip shirt.**

	7:00-9:00	9:00-9:15	9:15-10:00	10:00-10:30	10:30-11:30	11:30-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX			Pick Up from Site @ 10:00am Paint Your Pot (younger group) 10:30-12:00 Return to Site @ 12:30pm				Lunch/ Down Time	Octopus Tag	Science: Frozen Playdough	Pokemon Tag	Playground	Merge with ASX
Group 2				Lunch/ Down Time	Octopus Tag	Pick Up from Site @ 10:00am Paint Your Pot (older group) 10:30-12:00 Return to Site @ 12:30pm							

**Tuesday, January 14<sup>th</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Clock Patience	Pirate's Treasure	Telephone	Lunch	Down Time	Art: Mickey Mouse Art	Snake In The Grass	4-Corner Dodgeball	Playground	Merge with ASX
Group 2				Crab Attack	Telephone	Pirate's Treasure		Down Time	Snake In The Grass	Art: Mickey Mouse Art			

**Wednesday, January 15<sup>th</sup>: Please wear your blue field trip shirt.**

	7:00-9:00	9:00-9:15	9:30-12:30				12:30-1:00	1:00-1:30	1:30-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Pick Up from Site @ 9:30am NC Museum of Natural Science 10:00-12:00 Return to Site @ 12:30pm				Lunch	Down Time	Science: Aladdin Carpet (fly)	Ring Soccer	Playground	Merge with ASX
Group 2								Down Time	Ring Soccer	Science: Aladdin Carpet (fly)		

**Thursday, January 16<sup>th</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Ghost	Super Hero Tag	Don't Forget Me	Lunch	Down Time	Captain's Order	SPUD	Food Experience: Rainbow Milk Toast	Playground	Merge with ASX
Group 2				Good Morning Captain	Don't Forget Me	Super Hero Tag		Down Time		Find A Thimble			

**Friday, January 17<sup>th</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:45	3:45-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Art: Popsicle Stick Cars	Shooting Stars	Mission Impossible	Cone Knock Over	Lunch	Down Time	Code Name Necklace	Alien Invasion	Disney Movie	Playground	Merge with ASX
Group 2			Shooting Stars	Art: Popsicle Stick Cars	Boomerang			Down Time		Smaug's Jewel			



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# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

January 20<sup>th</sup> – 24<sup>th</sup>

“Willy Wonka Week”



Monday, January 20<sup>th</sup>: Willy Wonka Week

**HOLIDAY**  
**(TRACK OUT PROGRAM CLOSED)**

Tuesday, January 21<sup>st</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Assembly	Gym	Bounce Change	Clinic: LEGO Challenge	Lunch	Down Time	Scatterball	Science: Pop Rock Expander	Mancala Tournament	Playground	Merge with ASX
Group 2					Connect Four Tournament			Down Time		Mancala Tournament			

Wednesday, January 22<sup>nd</sup>: Please wear your blue field trip shirt.

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:00	11:00-11:30	11:30-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Art: DIY Candy Wrappers	Spin And Run	Lunch	Pick Up from Site @ 11:30am Galaxy Fun Park 12:00-2:00 Return to Site @ 2:30pm	Down Time	Playground	Merge with ASX
Group 2				Spin And Run	Art: DIY Candy Wrappers			Down Time		

Thursday, January 23<sup>rd</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Recharge	Science: Winter STEM Task	Asteroids	Lunch	Down Time	Minefield	Houdini Hoops	Garbage Can Game	Playground	Merge with ASX
Group 2					Asteroids	Science: Winter STEM Task		Down Time	Barnyard Bedlam	Keep The Balloon Up	Slitherio		

Friday, January 24<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:15	3:15-4:00	4:00-6:30
Group 1	Merge with BSX	Snack	Gym	Roll A Monster	World Cup	Airplane Toss	Lunch	Down Time	Mystery	Art: Paper Plate Lollipops	Crazy Moves	Playground	Merge with ASX
Group 2				4D Dodgeball	Battle Ball			Down Time	Electricity	Crazy Moves	Art: Paper Plate Lollipops		



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# Marsh Creek Track Out

## Track 4 - Week 1 – Chinese New Year Week



### Field Trip Information and More!

**No Field Trips this week.**

**Happy New Year and welcome back!!**

### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*



# Marsh Creek Track Out

## Track 4 - Week 2 – For the Love of Snow Week



### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips

### Field Trip Information and More!

#### Marbles Museum

201 E Hargett Street, Raleigh, NC 27601  
919-834-4040

Marbles Kids Museum is a hands-on, minds-on museum that inspires imagination, discovery and learning through extraordinary adventures in play!

#### Six Forks Station Cinemas

9500 Forum Drive, Raleigh, NC 27615  
919-846-3904

Participants will get to enjoy a trip to the movies complete with popcorn & drink as they view a children's movie on the big screen!

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*

# Marsh Creek Track Out

## Track 4 - Week 3 – Disney Week



### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips

### Field Trip Information and More!

#### Paint Your Pot

2755 NC Hwy 55, Cary, NC 27519  
919-363-9333

At Paint Your Pot, campers will have the opportunity to design & paint their very own piece of pottery! Remember to wear appropriate clothes for painting! Pieces will be available to take home at the end of the week!

#### NC Museum of Natural Science

11 W Jones Street, Raleigh, NC 27601  
919-870-7947

Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*



# Marsh Creek Track Out

## Track 4 - Week 4 – Willy Wonka Week



### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Field Trips:

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign waiver for Galaxy Fun Park

### Field Trip Information and More!

#### Galaxy Fun Park

14460 Falls of Neuse Road, Raleigh, NC 27614

919-584-4000

Galaxy Fun Park is an indoor facility filled with tons of exciting activities for kids of all ages! Campers will have unlimited play time on the trampolines, Laser Tag & soft play areas!

\*Remember your PINK & WHITE key tag and/or Photo ID when picking-up participants\*