



SERTOMA ARTS CENTER – Summer 2023 – SUPPLY LIST

1400 W. Millbrook Rd., Raleigh, NC 27612 | 919-996-2329 | www.raleighnc.gov/arts |

Center Director: Julia Meder | Julia.Meder@raleighnc.gov

Assistant Director: Kendal Draper | Kendal.Draper@raleighnc.gov

Drawing – Art Journaling: Daily Sketching Musings

Instructor: Patrizia Ferreira June 9-June 23 F 10:00am-12:00pm

You will need:

- Pencils in different degrees of softness and hardness
- Eraser
- Sketching pens, color pencils, color pastels, watercolors (a couple of each would be enough)
- 6" x 8" sketchbook or around that size

Drawing – Intro to Drawing with Peter Marin

Instructor: Peter Marin May 18-June 22 Th 1:00pm-4:00pm
July 13-Aug. 17 Th 6:00pm-9:00pm

Purchase any brand of the following:

- 18x24 100 sheet newsprint
- 18x24 12-24 sheet drawing pad
- Vine charcoal
- Compressed charcoal
- Drawing board with clips
- Pink pearl eraser
- Kneaded eraser
- And other materials you wish to work with

Fibers – Beginning Crochet

Instructor: Samantha Pell May 7 – May 21 Tu 2:30pm-4:30pm

You will need the following items:

- Crochet Needles
- At least two skeins of cotton yarn (different colors)
- Scissors or small snips
- Darning needles

Fibers – Beginning Sewing: Reversible Table Runner

Instructor: Joy Kelley June 10 Sa 1:00pm-4:00pm

Please bring only 100% cotton medium weight quilting fabric to class. Quilting cottons are sold by the yard and are usually 44"-45" wide. You will need the following items:

- 1 yard fabric (½ yard for the top and ½ yard for the bottom)
- 1 spool of coordinated all-purpose thread

Fabric should be washed, dried, and pressed prior to class. Sertoma will provide sewing machines. If you have questions, please contact the instructor at joy.kelley@gmail.com

Fibers – Beginning Sewing: Zippered Pillow

Instructor: Joy Kelley May 18 – June 15 Th 6:30pm-8:30pm

Please bring only 100% cotton medium weight quilting fabric to class. Quilting cottons are sold by the yard and are usually 44"-45" wide.

You will need the following items:

- ½ yard fabric
- 14" polyester all-purpose zipper
- 1 spool of coordinated all-purpose thread
- \$18 supply fee to be paid to instructor at first class for pillow form materials and interfacing

Fabric should be washed, dried and pressed prior to class. Sertoma will provide the sewing machines. If you have questions, please contact the instructor at joy.kelley@gmail.com

Fibers – Embroidered Landscapes

Instructor: Patrizia Ferreira June 7 – June 21 W 10:00am-12:00pm

You will need the following items:

- 8" embroidery hoop
- 12" x 12" cotton canvas (white)
- Embroidery floss
- Pearl cotton in different thicknesses
- Needles
- Fabric marker
- Carbon paper
- Paper and pencil

Fibers – Japanese Shibori: Nui (Stitch Resist)

Instructor: Patrizia Ferreira May 9 – May 16 Tues 10:00am-12:00pm

You will need:

- Indigo dye kit
- Needles
- Crochet cotton yarn
- 100% cotton/silk garments or 1 yard – 2 yards of fabric (cotton or silk)

Fibers – Textured Throw Pillow

Instructor: Samantha Pell Aug. 6-Aug. 27 Sun 1:00pm-3:00pm

You will need:

- Scrap fabric, a variety of fabric, old t-shirts, old clothing
- Poly-fill, fiberfill
- Quilting cotton/Kona cotton, solid colors – approximately $\frac{3}{4}$ yard
- Thread to match your fabric
- Embroidery floss (colors of your choice)

Fibers – Traditional Japanese Embroidery

With Pam Reading	June 24-June 25	Sat – Sun	9:30am-4:30pm
	Aug. 19-Aug. 20	Sat – Sun	9:30am-4:30pm

The supplies and tools for this class all originate in Japan via the Japanese Embroidery Center. The instructor will order and supply the student with the appropriate materials.

Current students should bring projects they are working on.

New students are required to purchase the full kit of tools and supplies from the instructor. ***Instructor needs one month's notice to order supplies for new students.*** The supplies and tools for this class all originate in Japan via the Japanese Embroidery Center. The instructor will order and supply the students with the appropriate materials. New students are highly encouraged to contact the instructor for more information before enrolling. Additional supplies will be available for purchase from instructor during class.

There are 2 kit options for new students:

1. 2 small seasonal designs on silk habutae fabric, design is printed in color and stitching is added to some areas. Embroidery frame, needles and tools will be provided for use during class time only. Student will take the embroidery home when completed. **Kit fee is \$80**, cash or check, payable at the first class. A good option to try it out.
2. The first official curriculum design, for students who plan to continue studying. All the design is stitched. Student will buy the full kit of frame, tools, fabric and fiber, **total cost is \$302.75**. Multiple classes are required to complete the design.

For photos of the design, details of the kit contents, and much more information, **please contact instructor at nuidosensei@gmail.com**. Students are also welcome to visit current classes.

Fibers – Upcycle Garments

Instructor: Patrizia Ferreira May 11-June 1 Th 10:00am-12:00pm

You will need:

- A garment made of natural fibers (linen, cotton, or silk)
- Embroidery floss
- Pearl cotton
- Needles
- 6” embroidery hoop
- Fabric marker

Painting – Beginning Watercolor

Instructor: Patrizia Ferreira May 8 – June 26 Mon. 9:30am-12:00pm

July 17 – Aug. 21 Mon. 9:30am-12:00pm

- Watercolor Paints:
 - Shadow Violet (Daniel Smith), Rose Madder Genuine (Turner), Ultramarine Blue, Aureoline, Winsor Yellow, Winsor Purple, Yellow Ochre, Perinone Orange (Daniel Smith), and Burnt Sienna. You can use other colors too.
- 2 sheets of professional watercolor paper. I recommend Arches or Fabriano Artistico that can be cut down to quarter sheet size (11x5”)
- Watercolor pads (9x12”)
- 1 bottle of Pebeo, Winsor Newton, or Graffix masking fluid.
- Small Soho spray bottle
- Board to put paper on – can be plexiglass, wood, or gator board. Needs to be waterproof.
- Bucket for water
- Watercolor Palette
- Brushes for watercolor. Flats or rounds - #6, cheap rigger for details.
- 2” Scotch masking tape
- Paper towels. I use Viva without texture.

Photographic references will be provided by instructor before each class via email.

Painting – Bright Vivid Sunsets with Brush and Palette Knife

Instructor: Amanda Wilson July 12-Aug. 16 W 3:30pm-6:00pm

[Link to Amazon Supply List](#)

*This list is a good, basic paint supplies list for any beginner, but should continue to be modified as you continue to paint. I would NOT recommend any craft "acrylic" paints. I recommend for beginners, Liquitex Basics. As you develop your skill and understanding of paint you can move to heavy body Golden, Liquitex, or any comparable brand.

You can purchase a Liquitex BASIC'S Acrylic 48 Color Set of pints and upgrade sizes of colors you like as you go as an easy option to get started. In addition, please also make sure to purchase a larger tube of Titanium White. Below are colors I recommend if purchasing paints individually.

1. The Colors: (** Very important, * Highly Recommended, * Optional, but still a good choice for many painters)
 - *** Titanium White
 - *** Cadmium Red Medium
 - *** Cadmium Red Light
 - *** Alizarin Crimson
 - *** Cadmium Yellow Medium
 - *** Cadmium Yellow Light
 - *** Ultramarine Blue
 - *** Phthalo Blue
 - *** Mars Black
 - *** Burnt Sienna
 - *** Phthalo Green
 - ** Burnt Umber
 - ** Raw Umber
 - ** Prussian Blue
 - ** Hookers Green
 - ** Dioxazine Purple
 - * Naples Yellow Hue
 - * Raw Sienna
 - * Cerulean Blue
 - * Cobalt Blue
 - * Ivory Black
 - * Cadmium Orange
 - * Light Green Permanent
 - * Bright Aqua Green
 - * Brilliant Yellow Green
 - * Prism Violet
2. **Mixing Mediums:** Golden or Liquitex Regular Gloss Gel Medium 473ml or smaller (medium to small jar) more may be needed depending on how fast you use it. Heavy body gel medium can also be used. Feel free to experiment with different mediums.
3. **Brushes/Knives:** All listed here are only suggestions. Each artist will require their own specific "tools" to create the effects that they are searching to portray. This is a good starter collection: I prefer Golden Taklon or Nylon brushes for painting in Acrylic
 - 1" Flat Brush (#12)
 - #4, #6 and/or #8 Flat Brush (short bristle)
 - #4 Round Brush, #2 Round Brush
 - Palette Knives: a plastic starter set is fine to experiment with, if you have metal you may bring them in also. Bring at least four different shapes and sizes to try. As the class goes on you will learn which work best for you and you can expand your collection from there.
 - [Link to Size 4 & 8](#), [Link to round 2 & 4](#)
4. **Painting Surfaces:**
 - 1-2 Stretched and primed ready-made canvases or canvas boards. Amanda will be working larger on a 16 x 20 or an 18 x 24. Feel free to go as large as you would like.
 - 5+ sheets Paper for practice and studies. Make sure it's mixed media paper or a heavier weight that will not

wrinkle under paint.

5. Paint Palette:

- **Palatte Paper** that fits in the portable palette (I recommend New Wave Grey Pad 11"x16" from Jerry's Artarama or White Strathmore Palette Paper Pad 12"x16" from Michaels) *if you would like, you can also just bring a roll of freezer paper to use instead, but I recommend the Palette Paper pad and carrying case if you plan to keep your paint wet for longer.*
- **Portable palette container** (I recommend Masterson Portable Palette 12"x16" with the blue lid) They have them at Jerry's Artarama and Michaels has a version too.

6. Water Spray Bottle

7. Rags and/or paper towels (Bring A Roll for Palette Knife Painting!)

8. A large-mouth jar or container for holding water

9. Pencil (HB) and small notebook for taking notes or making preliminary sketches

10. Painting Apron to protect your clothes

Supplies can be purchased at Jerry's Artarama, or Micheals

*****Keep in Mind**** Jerry's has great prices and an amazing selection and special discounts if you become amember, and Michael's accepts all competitor coupons such as JoAnn Fabrics coupons! Just show them the best ones you find and they will take them. ******

Jerry's Artarama, 3060 Wake Forest Rd. Raleigh, NC

Please feel free to e-mail me with any questions! amandawilsonart@gmail.com

[Link to Amazon list with supplies](#)

Painting – Chinese Brush Painting

Instructor: Alice Zhao May 3 and July 5 W 12:00-3:00pm

The instructor will provide all the supplies and students will pay \$5 for supplies per workshop. Or the students can bring their own supplies if they prefer. The instructor also has the good quality brushes ordered from China that students can purchase if they like.

Required Supplies:

- A pad of newsprint and a roll of rice paper (optional)
- A small bottle of black ink
- A set of Chinese brush painting color or water color (optional)
- A small dish to hold the ink and a plastic container to hold water
- Medium sized and small brushes

Painting – Continuing Watercolor

Instructor: Patrizia Ferreira May 23 – June 27 and July 18 – Aug. 22 Tu 9:30am-12:00pm

- Watercolor Paint Colors:
 - Shadow Violet (Daniel Smith)

- Lunar Black (Daniel Smith)
- Rose Madder Genuine (Turner)
- Ultramarine Blue
- Aureolin
- Winsor Yellow
- Winsor Purple
- Yellow Ochre
- Perinone Orange (Daniel Smith)
- Burnt Sienna
- Any other colors you wish to use, just make sure you have the primary colors
- 2 sheets of professional watercolor paper. I recommend Arches or Fabriano Artistico that can be cut down to quarter sheet size (11x15")
- 9x12" watercolor pad
- 2 sheets of YUPO synthetic. Heavy weight.
- 1 bottle of Pebeo, Winsor Newton, or Graffix masking fluid
- Small Soho spray bottle
- Board to put paper on – can be plexiglass, wood, or gator board. Needs to be waterproof.
- Bucket for water
- Watercolor palette
- Brushes for watercolor
- 2" Scotch masking tape
- Paper towels. I use Viva without texture

Photographic references will be provided by instructor before each class via email.

Painting – Exploring Color Theory

Instructor: Amanda Wilson

July 12-Aug. 16

W

12:00pm-2:30pm

[Link to Amazon Supply List](#)

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You can purchase a Liquitex BASICS Acrylic 48 Color Set of paints and upgrade sizes of colors you like as you go as an easy option to get started. In addition, please also make sure to purchase a larger tube of Titanium White. Below are colors I recommend if purchasing paints individually.

- **The Colors:** (***) Very important, (**) Highly Recommended, (*) Optional, but still a good choice for many painters)
 - *** Titanium White
 - *** Cadmium Red Medium
 - *** Cadmium Red Light
 - *** Alizarin Crimson
 - *** Cadmium Yellow Medium

- *** Cadmium Yellow Light
- *** Ultramarine Blue
- *** Phthalo Blue
- *** Mars Black
- *** Burnt Sienna
- *** Phthalo Green
- ** Burnt Umber
- ** Raw Umber
- ** Prussian Blue
- ** Hookers Green
- ** Dioxazine Purple
- * Naples Yellow Hue
- * Raw Sienna
- * Cerulean Blue
- * Cobalt Blue
- * Ivory Black
- * Cadmium Orange
- * Light Green Permanent
- * Bright Aqua Green
- * Brilliant Yellow Green
- * Prism Violet
- **Mixing Mediums:** Golden or Liquitex Regular Gloss Gel Medium 473ml or smaller (medium to small jar) more may be needed depending on how fast you use it. Heavy body gel medium can also be used. Feel free to experiment with different mediums as you like to embellish your painting. Liquitex slo Sri helps slow down the process of drying too and liquid matte medium is also a good one to get.
- **Brushes/Knives:** All listed here are only suggestions. Each artist will require their own specific “tools” to create the effects that they are searching to portray. This is a good starter collection: I prefer Golden Taklon or Nylon brushes for painting in Acrylic
 - 1" Flat Brush (#12)
 - #4, #6 and/or #8 Flat Brush (short bristle)
 - #4 Round Brush, #2 Round Brush
 - **Palette Knives:** a plastic starter set is fine to experiment with, if you have metal you may bring them in also. Bring at least four different shapes and sizes to try. As the class goes on you will learn which work best for you and you can expand your collection from there.
 - [Link to Size 4 & 8](#), [Link to round 2 & 4](#)
- **Painting Surfaces:** Stretched and primed ready-made canvases or canvas boards, 16"x20" – 18"x24". Feel free to go as large as you would like. I do not recommend canvas paper pads unless they are for quick studies or practicing.
- **Paint Palette:**
 - Palette paper that fits in the portable palette (I recommend New Wave Grey Pad 11"x16" from Jerry's Artarama or White Strathmore Palette Paper Pad 12"x16" from Michaels) *if you would like, you can also just bring a roll of freezer paper to use instead, but I recommend the Palette Paper pad and carrying case if you plan to keep your paint wet for longer.*
 - Portable palette container (I recommend Masterson Portable Palette 12"x16" with the blue lid) They have them at Jerry's Artarama and Michaels has a version too.
- **Water Spray Bottle**
- **Rags and/or paper towels** (Bring A Roll for Palette Knife Painting!)
- **A large-mouth jar** or container for holding water

- **Pencil (HB) and small notebook** for taking notes or making preliminary sketches
- **Painting Apron** to protect your clothes

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[Link to Amazon list with supplies](#)

Painting – Impressionistic Flowers with Brush and Palette Knife

Instructor: Amanda Wilson

May 10-June 14

W

3:30pm-6:00pm

[Link to Amazon Supply List](#)

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You can purchase a Liquitex BASICS Acrylic 48 Color Set of paints and upgrade sizes of colors you like as you go as an easy option to get started. In addition, please also make sure to purchase a larger tube of Titanium White. Below are colors I recommend if purchasing paints individually.

- **The Colors:** (** Very important, ** Highly Recommended, * Optional, but still a good to have)
 - *** Titanium White
 - *** Cadmium Red Medium
 - *** Cadmium Red Light
 - *** Alizarin Crimson
 - *** Cadmium Yellow Medium
 - *** Cadmium Yellow Light
 - *** Ultramarine Blue
 - *** Phthalo Blue
 - *** Mars Black
 - *** Burnt Sienna
 - *** Phthalo Green
 - ** Burnt Umber
 - ** Raw Umber
 - ** Prussian Blue
 - ** Hookers Green
 - ** Dioxazine Purple
 - * Naples Yellow Hue
 - * Raw Sienna

- *Cerulean Blue
- *Cobalt Blue
- *Ivory Black
- *Cadmium Orange
- *Light Green Permanent
- *Bright Aqua Green
- *Brilliant Yellow Green
- *Prism Violet
- **Mixing Mediums:** Golden or Liquitex Regular Gloss Gel Medium 473ml or smaller (medium to small jar) more may be needed depending on how fast you use it. Heavy body gel medium can also be used. Feel free to experiment with different mediums as you like to embellish your painting.
- **Brushes/Knives:** All listed here are only suggestions. Each artist will require their own specific “tools” to create the effects that they are searching to portray. This is a good starter collection: I prefer Golden Taklon or Nylon brushes for painting in Acrylic
 - 1" Flat Brush (#12)
 - #4, #6 and/or #8 Flat Brush (short bristle)
 - #4 Round Brush, #2 Round Brush
 - Palette Knives: a plastic starter set is fine to experiment with, if you have metal you may bring them in also. Bring at least four different shapes and sizes to try. As the class goes on you will learn which work best for you and you can expand your collection from there.
 - [Link to Size 4 & 8](#), [Link to round 2 & 4](#)
- **Painting Surfaces:**
 - 1-2 Stretched and primed ready-made canvases or canvas boards 16x20 – 18x24. Feel free to go as large as you would like.
 - 5+ sheet paper for practice and studies. Make sure it's a mixed media paper or a heavier weight that will not wrinkle under the paint.
- **Paint Palette:**
 - Palette paper that fits in the portable palette (I recommend New Wave Grey Pad 11"x16" from Jerry's Artarama or White Strathmore Palette Paper Pad 12"x16" from Michaels) *if you would like, you can also just bring a roll of freezer paper to use instead, but I recommend the Palette Paper pad and carrying case if you plan to keep your paint wet for longer.*
 - Portable palette container (I recommend Masterson Portable Palette 12"x16" with the blue lid) They have them at Jerry's Artarama and Michaels has a version too.
- **Water Spray Bottle**
- **Rags and/or paper towels** (Bring A Roll for Palette Knife Painting!)
- **A large-mouth jar or container for holding water**
- **Pencil (HB) and small notebook** for taking notes or making preliminary sketches
- **Painting Apron to protect your clothes**

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[Link to Amazon list with supplies](#)

Painting – Intro to Painting with Peter Marin

Instructor: Peter Marin **May 18-June 22** **Th** **6:00pm - 9:00pm**
July 13 – Aug. 17 **Th** **1:00pm – 4:00pm**

1. Acrylic Paint Colors:
 - Mars Black
 - Titanium White
 - Cadmium (Cadmium Hue is ok) Red
 - Cadmium (Cadmium Hue is ok) Yellow (medium or light is ok)
 - Cadmuim(Cadmium Hue is ok) Orange
 - Ultramarine Blue
 - Green Permanent (if this is not available, any green that makes you think 'Ireland')
 - Dioxazine Purple
2. Matte Medium, low viscosity
3. Brushes
 - Flats: recommended in any size between 8-12
 - Filberts: recommended in any size between 4-10
 - Rounds: recommended in any size between 0-8
 - One of each at least
4. Palette Knives: a pack or assortment is recommended. Having one or two is necessary
5. Disposable palette, gray surface if possible
6. 3 plastic quart containers
7. Rags/paper towles
8. 18x24 canvas pad with at lest 12 sheets. If you wish to work on canvas this is ok. Make sure you have at least 12
9. Students may bring any other paints or materials they wish to use

Painting – Larry Dean's Acrylics Studio

Instructor: Larry Dean.

May 8-June 26 **M** **6:30-9:00pm** **and** **July 17-Aug. 21** **M** **6:30-9:00pm**
May 16-June 20 **Tu** **6:30-9:00pm** **and** **July 18-Aug. 22** **Tu** **6:30-9:00pm**

Acrylic Paint Colors: (Students may choose to use oil)

- Cadmium Red
- Cadmium Yellow
- Pthalo Blue
- Ultramarine Blue
- Burnt Umber
- Titanium White
- Alizarin Crimson
- Lemon Yellow (Hansa)

- Permanent Green

Canvas:

- 3 canvas panels
- 2 canvases 16" x 20"

Brushes:

- Any variety of brushes.

Painting – Larry Dean's Studio

Instructor: Larry Dean.

May 16-June 20 Tu 1:00-3:30pm and July 18-Aug. 22 Tu 1:00-3:30pm

Acrylic Paint Colors: (Students may choose to use oil)

- Cadmium Red
- Cadmium Yellow
- Pythalo Blue
- Ultramarine Blue
- Burnt Umber
- Titanium White
- Alizarin Crimson
- Lemon Yellow (Hansa)
- Permanent Green

Canvas:

- 3 canvas panels
- 2 canvases 16" x 20"

Brushes:

- Any variety of brushes.

Painting – NC Blue Ridge Mountain Scenes

Instructor: Amanda Wilson May 10-June 14 W 12:00pm-2:30pm

[Link to Amazon Supply List](#)

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 - *** Cadmium Red Medium
 - *** Cadmium Red Light
 - *** Alizarin Crimson
 - *** Cadmium Yellow Medium
 - *** Cadmium Yellow Light
 - *** Ultramarine Blue
 - *** Phthalo Blue
 - *** Mars Black
 - *** Burnt Sienna
 - *** Phthalo Green
 - ** Burnt Umber
 - ** Raw Umber
 - ** Prussian Blue
 - ** Hookers Green
 - ** Dioxazine Purple
 - * Naples Yellow Hue
 - * Raw Sienna
 - * Cerulean Blue
 - * Cobalt Blue
 - * Ivory Black
 - * Cadmium Orange
 - * Light Green Permanent
 - * Bright Aqua Green
 - * Brilliant Yellow Green
 - * Prism Violet
2. **Mixing Mediums:** Golden or Liquitex Regular Gloss Gel Medium 473ml or smaller (medium to small jar) more may be needed depending on how fast you use it. Heavy body gel medium can also be used. Feel free to experiment with different mediums as you like to embellish your painting.
3. **Brushes/Knives:** All listed here are only suggestions. Each artist will require their own specific "tools" to create the effects that they are searching to portray. This is a good starter collection: I prefer Golden Taklon or Nylon brushes for painting in Acrylic.
 - 1" Flat Brush (#12)
 - #4, #6 and/or #8 Flat Brush (short bristle)
 - #4 Round Brush, #2 Round Brush
 - Palette Knives: a plastic starter set is fine to experiment with, if you have metal you may bring them in also. Bring at least four different shapes and sizes to try. As the class goes on you will learn which work best for you and you can expand your collection from there.
 - [Link to Size 4 & 8](#), [Link to round 2 & 4](#)
 - **Painting Surfaces:** Stretched and primed ready-made canvases or canvas boards. I recommend that you bring a couple different sizes to class to suit your needs and to keep your options open. Some smaller formats, like 8x10, 11x14 are good to start with, try not to go smaller than 6x8 or larger than 16x20 inches for class. I do not recommend canvas paper pads unless they are for quick studies or practicing.

- **Paint Palette:**
 - Palette paper that fits in the portable palette (I recommend New Wave Grey Pad 11"x16" from Jerry's Artarama or White Strathmore Palette Paper Pad 12"x16" from Michaels) *if you would like, you can also just bring a roll of freezer paper to use instead, but I recommend the Palette Paper pad and carrying case if you plan to keep your paint wet for longer.*
 - Portable palette container (I recommend Masterson Portable Palette 12"x16" with the blue lid) They have them at Jerry's Artarama and Michaels has a version too.
- **Water Spray Bottle**
- **Rags and/or paper towels** (Bring A Roll for Palette Knife Painting!)
- **A large-mouth jar** or container for holding water
- **Pencil (HB) and small notebook** for taking notes or making preliminary sketches
- **Painting Apron** to protect your clothes

Supplies can be purchased at Jerry's Artarama, or Micheals

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