



## SERTOMA ARTS CENTER – Winter/Spring 2023 – CLASS LIST

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Registration begins online at [relink.raleighnc.gov](http://relink.raleighnc.gov) on November 29, 2022

Type the activity code into the Keyword Search to find classes fast!

### Preschool

#### *Mini Monets*

This class introduces little ones to a variety of art material through hands-on learning. Discovery and creative play encourage the development of motor skills and group social skills. A parent or caregiver attends with child; only child should be registered for class. Supplies included. 6 sessions.

**Instructor:** Michelle Davis Petelinz

**Ages:** 18 months - 2 years

**Fee:** \$66/ non-resident \$81

**Dates:** Thursdays, Jan. 12 – Feb. 16 and March 9 – April 13

**Time:** 9:30a.m. - 10:15a.m.

**Activity Code:** STARPREMINMO

#### *Papermaking – Love and Hearts*

Join us in making your very own handmade paper valentines with custom shapes. Supplies included. 1 session.

**Instructor:** Sarah Ann Austin

**Ages:** 3-4 years

**Fee:** \$41/ non-resident \$56

**Dates:** Saturday, Feb. 4

**Time:** 2:30p.m. - 4:30p.m.

**Activity Code:** STARLOVEHP

#### *Petite Picassos*

Classes will encourage children to create unique works of art as we explore different painting and craft techniques. Each week, we'll read a new book that will inspire our projects. The classes provide preschool prep with a focus on student independence. No parent/guardian participation. Supplies included. 6 sessions.

**Instructor:** Michelle Davis Petelinz

**Ages:** 3-4 years

**Fee:** \$76/ non-resident \$91

**Dates:** Tuesdays, Jan. 10 – Feb. 14 and March 7 – April 11

**Time:** 1:00p.m. - 2:00p.m.

**Activity Code:** STARPREPETPI

#### *What Can You See Under the Sea?*

Each week we'll explore books about the wonders of the undersea world and create sea-themed art. Projects include salt painting, sand painting, watercolors, and torn paper seascapes. The classes provide preschool prep with a focus on student independence. No parent/guardian participation. Supplies included. 6 sessions.

**Instructor:** Michelle Davis Petelinz  
**Ages:** 3-5 years  
**Fee:** \$76/ non-resident \$91  
**Dates:** Thursdays, Jan. 12 – Feb. 16 and March 9 – April 13  
**Time:** 11:00a.m. - 12:00p.m.  
**Activity Code:** STARPREDUNSE

## Youth

### ***Fantastic Beasts and How to Make Them***

We'll create fantastic creatures, letting our imaginations run wild! We'll build them out of recycled materials, polymer clay, paper, paint, oil pastel, wood, rocks, leaves, fabric, yarn and more. What will you create? A dinodogbat? A flying cathopper with webbed feet? A blue tortoise with spiky hair? Come create with us! Supplies included. 6 sessions.

**Instructor:** Michelle Davis Petelinz  
**Ages:** 6-11 years  
**Fee:** \$101/ non-resident \$116  
**Dates:** Tuesdays, Jan. 10 – Feb. 14 and March 7 – April 11  
**Time:** 4:00p.m. - 6:00p.m.  
**Activity Code:** STARFANTBEA

### ***Game Creators***

If you've ever wanted to design your own game for which you make up the rules, the board, and all the game pieces, here's your chance! Become a toy maker, and create an entire game, including the logo, box, board, playing pieces, and book of rules. Then we'll play everyone's game on the last day of class. Supplies included. 6 sessions.

**Instructor:** Michelle Davis Petelinz  
**Ages:** 7-11 years  
**Fee:** \$101/ non-resident \$116  
**Dates:** Wednesdays, Jan. 11 – Feb. 15 and March 8 – April 12  
**Time:** 4:00p.m. - 6:00p.m.  
**Activity Code:** STARGAMECRE

### ***Music – Raleigh Children's Orchestra***

The Raleigh Children's Orchestra is a multilevel string orchestra for students in grades 1-7 who have played for six months or more. The orchestra provides a rare opportunity for young players to rehearse and perform in an ensemble setting. For those who are not yet proficient in reading music, parts are available with string names and finger numbers. More experienced players have more difficult parts and leadership opportunities. All will gain fluency in playing and ensemble skills. The semester ends with a free public concert. Students provide their own instruments, music stands, and three ring binders. Concerts on 2/23 and 4/27 from 7:00-9:00pm. Skips 4/6

**Instructor:** Ilse Mann  
**Ages:** 6-13 years

Full Session  
**Fee:** \$191/ non-resident \$206  
**Dates:** Thursdays, Jan. 5 - April 27 *skips 4/6*  
**Time:** 6:15p.m. - 7:30p.m.  
**Activity Code:** STARRRCHLDOR-004

Half Session  
**Fee:** \$96/ non-resident \$111  
**Dates:** March 2 - April 27 *skips 4/6*  
**Time:** 6:15p.m. - 7:30p.m.  
**Activity Code:** STARRRCHLDOR-005

### ***Papermaking – Design Your Valentines***

Join Sarah Ann, local maker and professional papermaker, in making one of a kind handmade paper valentines with custom designs your student creates and pigments. By using repurposed fibers and traditional Papermaking techniques they will be ready for their valentine exchange at school or with family and friends. One adult per child enrollment. Supplies included. 1 session.

**Instructor:** Sarah Ann Austin  
**Ages:** 5-8 years  
**Fee:** \$56/ non-resident \$71  
**Dates:** Saturday, Feb. 4  
**Time:** 10:00am - 1:00p.m.  
**Activity Code:** STARDYVALP

### ***Pottery – Ceramic Circus***

In the first class students will create a big top circus tent. In the second class we will create clowns and circus animals. In the last class we will glaze these with bright colors. Pottery will be ready 2 weeks after the last class. Supplies included. 3 sessions.

**Instructor:** Patty Merrell

**Ages:** 6-11 years

**Fee:** \$61/ non-resident \$76

**Dates:** Thursdays, Jan. 12 – Jan. 26

**Time:** 4:15p.m. - 5:30p.m.

**Activity Code:** STARCERCIRCU

### ***Pottery – Earth Day Ceramics***

Celebrate Earth Day by creating Nature themed projects using slab handbuilding techniques. The first day of class, students will create ceramic works, and the second day they will decorate them with vibrant glazes. This class is a great way for kids to explore art! Supplies are included. Projects will be ready for pickup about 2 weeks after the last class. 2 sessions.

**Instructor:** Ashley Bonner

**Ages:** 6-11 years

**Fee:** \$46/ non-resident \$61

**Dates:** Saturdays, April 22 – 29

**Time:** 1:00p.m. - 3:30p.m.

**Activity Code:** STAREDPTS

### ***Pottery – Garden Gnomes***

Create a gnome friend for your garden using the slab handbuilding technique! The first day of class, students will create ceramic works, and the second day they will decorate them with vibrant glazes. This class is a great way for kids to explore art! Supplies included. Pottery will be ready for pick up 2 weeks after the last class. 2 sessions.

**Instructor:** Ashley Bonner

**Ages:** 6-11 years

**Fee:** \$46/ non-resident \$61

**Dates:** Thursdays, March 16 – 23

**Time:** 4:30p.m. - 6:00p.m.

**Activity Code:** STARGNOMES

### ***Pottery – Funky Fungi***

Children will create splendidly speckled and spotted toadstools using textures and handbuilding techniques during the first class. During the second class, young potters will decorate with vibrant glazes. Pottery will be ready for pick-up two weeks after class is over. Supplies included. 2 sessions.

**Instructor:** Patty Merrell

**Ages:** 6-11 years

**Fee:** \$41/ non-resident \$66

**Dates:** Thursday, April 20 – April 27

**Time:** 4:15p.m. - 5:30p.m.

**Activity Code:** STARFNKFNGI

### ***Pottery – Kids Handbuilding Skills***

Introduction to Handbuilding with clay. Create decorative and functional ceramic works using different techniques such as slab, coil and pinch techniques. The last class will be a glaze day so don't miss it! This class is a great way for kids to explore art and relax. Supplies included. Pottery will be ready for pick up 2 weeks after the last class. 4 sessions.

**Instructor:** Ashley Bonner

**Ages:** 5-8 years

**Fee:** \$61/ non-resident \$76

**Dates:** Tuesdays, Jan. 10 – Jan. 31

**Time:** 4:30p.m. - 5:30p.m.

**Activity Code:** STARKIDSHB-004

**Instructor:** Patty Merrell

**Ages:** 5-8 years

**Fee:** \$61/ non-resident \$76

**Dates:** Thursdays, Feb. 9 - March 2

**Time:** 4:30p.m. - 5:30p.m.

**Activity Code:** STARKIDSHB-005

### ***Pottery – Mother’s Day Gifts***

Celebrate Mother’s day by creating gifts for Mom using handbuilding techniques. The first day of class, students will create ceramic works, and the second day they will decorate them with vibrant glazes. This class is a great way for kids to explore art! Supplies included. Projects will be ready for pick up about 2 weeks after the last class. 2 sessions.

**Instructor:** Ashley Bonner

**Ages:** 6-11 years

**Fee:** \$46/ non-resident \$61

**Dates:** Sundays, April 23 – 30

**Time:** 1:30p.m. - 3:00p.m.

**Activity Code:** STARMOTHGIFTS

### ***Pottery – Something’s Fishy***

In the first class students will create a clay fish to hang on the wall. During the second class we will decorate these with glazes. Pottery will be ready 2 weeks after the last class. Supplies included. 2 sessions.

**Instructor:** Patty Merrell

**Ages:** 5-11 years

**Fee:** \$41/ non-resident \$56

**Dates:** Mondays, April 17 – April 24

**Time:** 4:15p.m. - 5:30p.m.

**Activity Code:** STARSOMEFISH

### ***Pottery – Spring Celebration***

Celebrate Spring by creating themed projects using the slab handbuilding technique. The first day of class, students will create ceramic works, and the second day they will decorate them with vibrant glazes. This class is a great way for kids to explore art! Pottery will be ready 2 weeks after last class. Supplies included. 2 sessions.

**Instructor:** Ashley Bonner

**Ages:** 5-8 years

**Fee:** \$31/ non-resident \$46

**Dates:** Monday, March 27 – April 3

**Time:** 4:30p.m. - 5:30p.m.

**Activity Code:** STARSPNGCEL

### ***Pottery – Youth Handbuilding Skills***

Introduction to Handbuilding with clay. Create decorative and functional ceramic works using different techniques such as slab, coil and pinch techniques. Each day of class will have a different focus. The last class will be a glaze day, so don't miss it! This class is a great way for youth to explore art! Supplies included. Projects will be ready for pick up about 2 weeks after the last class. 4 sessions.

**Instructor:** Ashley Bonner

**Ages:** 9-12 years

**Fee:** \$86/ non-resident \$101

**Dates:** Tuesdays, Feb. 28 – March 21 and Wednesdays, April 5 – April 26

**Time:** 4:30p.m. - 6:00p.m.

**Activity Code:** STARYHBSKILL

### ***Pottery – Valentines Gift Making***

Celebrate Valentine’s Day by creating heart themed gifts for friends and family using the slab handbuilding technique. The first day of class, students will create ceramic works, and the second day they will decorate them with vibrant glazes. This class is a great way for kids to explore art! Supplies included. Projects will be ready for pick up about 2 weeks after the last class. 2 sessions.

**Instructor:** Ashley Bonner

**Ages:** 6-11 years

**Fee:** \$31/ non-resident \$56

**Dates:** Monday, Jan. 23 – Jan. 30

**Time:** 4:30p.m. - 5:30p.m.

**Activity Code:** STARVALPOTS

## Teens

### ***Bookmaking and Cyanotypes***

Students will learn how to make one of a kind images and then turn some of those images into a handmade book displaying their works. Cyanotype is a historical photographic process that involves painting a paper surface with a light sensitive solution. We'll work on cyanotypes in the morning, have a break for lunch, and then work on bookmaking in the afternoon. Students will need to bring two reused glass jars with lids as well as two brown empty and clean glass bottles. All other supplies included. 1 session.

**Instructor:** Sarah Ann Austin

**Ages:** 10-17 years

**Fee:** \$136/ non-resident \$151

**Dates:** Tuesday, March 7

**Time:** 9:00a.m. - 5:00p.m.

**Activity Code:** STARBKCYAN

### ***Drawing – Drawing Fundamentals for Teens***

This class will explore drawing fundamentals such as contour drawing, gesture drawing, value and shading, composition and perspective. We will draw figures, landscapes in realistic and abstract experiments using a variety of drawing materials: pencil, pen, charcoal, colored pencils, pastels, and markers. Supplies included. 6 sessions.

**Activity Code:** STARDRWFUNTN

**Instructor:** Anne Terry

**Ages:** 12-16 years

**Fee:** \$91/ non-resident \$106

**Dates:** Mondays, Jan. 9 – Feb. 20 *skips 1/16*  
and March 13 - April 17

**Time:** 4:30p.m. - 6:00p.m.

**Instructor:** Sarah Clover

**Ages:** 12-16 years

**Fee:** \$101/ non-resident \$116

**Dates:** Tuesday, Jan. 10 – Feb. 14  
and March 14 - April 18

**Time:** 6:30p.m. - 8:30p.m.

### ***Mixed Media – Optical Art for Beginners***

Learn all about Optical Art! Students will create optical illusions using line, color, and movement. Supplies included. 6 sessions.

**Instructor:** Sarah Clover

**Ages:** 13-16 years

**Fee:** \$101/ non-resident \$116

**Dates:** Tuesdays, Jan. 10 – Feb. 14 and March 14 – April 18

**Time:** 4:00p.m. - 6:00p.m.

**Activity Code:** STAROPTICART

### ***Pottery – Earth Day: Textures in Clay***

Celebrate Earth Day by creating nature themed projects using handbuilding techniques. The first day of class, students will create ceramic works, and the second day they will decorate them with vibrant glazes. This class is a great way for teens to explore art! Supplies included. Pottery will be ready for pick up about 2 weeks after the last class. 2 sessions.

**Instructor:** Ashley Bonner

**Ages:** 12-16 years

**Fee:** \$46/ non-resident \$61

**Dates:** Tuesdays, April 18 – 25

**Time:** 4:30p.m. - 6:00p.m.

**Activity Code:** STAREDXTTRS

### ***Pottery – Hands On History***

Celebrate Black History month and Women's History month with this Artist focused Art History class. We will be looking into BIPOC and Women Artists, a bit of their personal histories, and the work that they create. Students will then create their own ceramic artworks inspired or encouraged by the artists they feel most interested in. The class will be divided into lecture and studio times. Artists Features will include practicing and past artists. Students will be encouraged to do their own research between classes and are welcome to bring their own reference photos. Supplies included. 6 sessions.

**Instructor:** Ashley Bonner  
**Ages:** 12-16 years  
**Fee:** \$121/ non-resident \$136  
**Dates:** Wednesdays, Feb. 15 – March 22  
**Time:** 4:30p.m. - 6:00p.m.  
**Activity Code:** STARHANDHIS

### ***Pottery – Teen Handbuilding***

Introduction to Handbuilding with clay. Create decorative and functional ceramic works using different techniques such as slab, coil and pinch techniques. Each day of class will have a different focus. The final class will be a day for glazing so don't miss it! This class is a great way for teens in middle and high school to explore art! Supplies included. Pottery will be ready for pick up 2 weeks after the last class. 4 sessions.

**Instructor:** Ashley Bonner  
**Ages:** 12-16 years  
**Fee:** \$86/ non-resident \$101  
**Dates:** Wednesday, Jan. 11 – Feb. 1  
**Time:** 4:30p.m. - 6:00p.m.  
**Activity Code:** STARTEENHB

### ***Pottery – Wheel Throwing for Teens***

Teens learn the basics of throwing pots on the potter's wheel. Class time includes throwing demonstrations followed by practice time on the wheel. Students work at their own level, so all teens are welcome! Class ends with glazing all pots for firing. Pottery will be ready for pick-up two weeks after class is over. Supplies included. 6 sessions.

**Instructor:** Anne Terry  
**Ages:** 12-16 years  
**Fee:** \$136/ non-resident \$151  
**Dates:** Thursdays, Jan.12 – Feb.16 and March 9 - April 13  
**Time:** 4:00p.m. - 6:30p.m.  
**Activity Code:** STARPOTWHLTN

## **Adult**

### Basketry

#### ***Reed Gift Baskets***

Create a woven platter or basket using reed. Beginning students can learn the basics of basket construction, and more advanced students can practice new weave patterns and borders. A **supply fee of \$15** is due to the instructor at the start of the workshop. 1 session.

**Instructor:** Angela Eastman  
**Ages:** 16+ years  
**Fee:** \$86/ non-resident \$101  
**Dates:** Saturday, Jan. 21  
**Time:** 10:00a.m. - 5:00p.m.  
**Activity Code:** STARREEDGB

#### ***Wicker Teapot Handles***

This one-day workshop will cover techniques for adding a wicker handle to a ceramic teapot. Wood, cane, reed, and other materials will be discussed. Students should bring a teapot (or an idea for a future teapot!). A **supply fee of \$5** is due to the instructor at the start of the workshop. 1 session.

**Instructor:** Angela Eastman  
**Ages:** 16+ years  
**Fee:** \$61/ non-resident \$76  
**Dates:** Saturday, Jan. 14  
**Time:** 10:00a.m. - 3:00p.m.  
**Activity Code:** STARWTPH

## Bookmaking

### ***Constructing and Covering Boxes***

Students will learn how to create their own magnificent boxes. Every step needed to make two standard types of boxes, hinged lid and clamshell styles. Supply list available on Sertoma's webpage. 4 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Mondays, Jan. 30 – Feb. 20

**Time:** 10:00a.m. - 1:00p.m.

**Activity Code:** STARBOXES

### ***Handmade Sketchbooks for Artists***

Create one of a kind sketchbooks for many uses. Learn several binding techniques and covering methods used in the Book Arts world. The possibilities are limitless, and the instructor can help you make the book of your dreams. Supplies included. 4 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 16+ years

**Fee:** \$131/ non-resident \$146

**Dates:** Thursdays, March 2 – March 30 *skips 3/16*

**Time:** 1:00p.m. - 3:00p.m.

**Activity Code:** STARSKBART

### ***Make an Art Journal***

If you haven't attended art school, you probably never had to make an art journal. Art journals are the foundation of any creative activity in visual arts. It is like the written journal for a writer. Art journaling is a lovely practice where you get to translate your ideas, and inspirations into visual, palpable material. Each page will transport you to a place where your creativity runs free, and you will be surprised to discover how much of its randomness actually make sense! Supply list available on Sertoma's webpage. 4 sessions.

**Instructor:** Patrizia Ferreira

**Ages:** 16+ years

**Fee:** \$101/ non-resident \$114

**Dates:** Wednesdays, Jan. 18 – Feb. 8

**Time:** 9:30a.m. - 11:30a.m.

**Activity Code:** STARMAKEAJ

### ***Pop Up Book Arts***

Join us to make pop up books! Students will learn and execute three different pop up book designs and create one of a kind pop up Artist books. Students need to bring multicolored cardstock pack 8x10, watercolors paints and pencils, and a bone folder. All other supplies are included. 4 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 14+ years

**Fee:** \$126/ non-resident \$141

**Dates:** Tuesdays, Jan. 10 – Jan. 31

**Time:** 9:30a.m. - 12:00p.m.

**Activity Code:** STARPOPBOOK

## Drawing

### ***Intro to Drawing with Peter Marin***

This course covers the elemental visual languages of drawing- line, contour, mass, gesture and value- and builds upon them to begin developing the necessary drawing skills to facilitate personal expression. Students are encouraged to practice drawing through class

and take-home assignments and strengthen their observational skills. Course consists of slide lectures and studio time. No experience required. Supply list available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Peter Marin

**Ages:** 16+ years

**Fee:** \$116/ non-resident \$131

**Dates:** Thursday, Jan. 12 – Feb. 16

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARDRWPETMA

### ***Intermediate Drawing with Peter Marin***

This course follows Intro to Drawing. This class focuses on drawing strategies and visual problems. Strategies include process, materials and development of ideas through the daily practice of drawing. Visual problems address developing skills to assess one's work and techniques to solve for these issues. Students create a body of work as a means of expressing oneself. Class leans heavily on the use and acquisition of philosophical and theoretical ideas rather than the development of formal skills. Weekly assignments are given. Classes include daily slide lectures and critique. This is a must do course for those wanting to establish an emerging drawing practice, whether on its own or as a means to support a painting practice. Materials: Any drawing media and supports of your choice. Must have enough materials to produce at least 8 drawings a week. Supply list available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Peter Marin

**Ages:** 16+ years

**Fee:** \$116/ non-resident \$131

**Dates:** Thursday, March 9 – April 13

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARINTMDRW

### ***Learning to Draw in Photoshop and Illustrator***

Photoshop can start with an image and become so much more. Learn how to manipulate and create imagery to match your vision! Students will learn how to navigate tools within Photoshop and Illustrator to allow for more creative expression. Students need to bring a laptop with the Adobe Photoshop and Illustrator programs (Adobe offers monthly plans for these programs). 3 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 16+ years

**Fee:** \$100/ non-resident \$115

**Dates:** Tuesday, Feb. 7 – Feb. 21

**Time:** 9:30a.m. - 12:30p.m.

**Activity Code:** STARDRPSIL

## Fibers

### ***Beginning Sewing: Channel Stitched Pillow***

Channel stitching is a great technique for adding visual and textural interest to pillows. In this beginner class, you will learn how to construct a pillow and use interfacing to give it structure and a professional finish. You will use a walking foot - one of the most versatile of all sewing machine feet - to customize your pillow with channel stitching. You will also learn the basics of operating a sewing machine and develop fundamental sewing skills necessary for progressing to more advanced projects. No prior sewing experience is necessary. We will be using Sertoma's sewing machines. Supply list available on Sertoma's webpage and on receipt. **\$15 supply fee** to be paid to instructor at first class. 5 sessions. Pictures of some finished pillows can be found at the instructor's website: [creativesewingstudios.com](http://creativesewingstudios.com).

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$121/ non-resident \$136

**Dates:** Tuesday, March 21 - April 18

**Time:** 10:00a.m. - 12:00p.m.

**Activity Code:** STARBSCHNPIL-003

**Dates:** Thursday, March 23 - April 20

**Times:** 6:30p.m.-8:30p.m.

**Activity Code:** STARBSCHNPIL-004



### ***Beginning Sewing: Sew an Apron***

In this fun beginner's class you will gain experience tracing and cutting from a basic apron pattern, sewing with a consistent seam allowance and other fundamental sewing skills that are essential for progressing to more advanced projects. The goal of this one day workshop is for participants to leave with a completed apron and a personalized pattern to use in making other aprons. No prior sewing experience necessary. We will be using Sertoma's sewing machines. A **\$5 supply fee** for pattern and apron ties due to instructor at start of workshop. Supply list available on Sertoma's webpage. Pictures of a finished apron can be found at the instructor's website: [creativesewingstudios.com](http://creativesewingstudios.com). 1 session

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$37/ non-resident \$52

**Dates:** Saturday, April 15

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARFBSAPRON

### ***Felted Beanie***

Felting is one of the oldest ways to make a textile and wool is an incredibly useful material for its insulating and moisture wicking properties. This beginner class is a crash course in the felting process, tools and how to make a 3D object (in our case, a hat) with wool fiber. A **supply fee of \$8** is due to the instructor at the start of class includes 2-3oz Merino wool and olive oil soap. The supply list for other items students will need to bring can be found on Sertoma's webpage. 1 session.

**Instructor:** Samantha Pell

**Ages:** 15+ years

**Fee:** \$37/ non-resident \$52

**Dates:** Sunday, Jan. 15

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARFELTBEAN

### ***Garment Sewing: Hems***

The successful hem does more than just adjust the garment's length. The right hem can help the garment hang and move as intended. A skillfully made hem can prolong the life of the piece by providing appropriate support to the garment. In this class, we will be sewing samples of several of the most versatile hem techniques that are applicable to a variety of hem locations – sleeve and shirt hems as well as pants and skirt hems. You will learn how to determine which hem techniques to use based on garment type and fabric characteristics. This class will also introduce you to some sewing machine presser feet and specialty tools which make sewing hems easier and more successful. This class is part of a series for sewists who want to advance their sewing skills by exploring the techniques of garment making in more detail. To complete the class exercises you will need to be comfortable using a sewing machine and have basic sewing skills. A **supply fee of \$12** is due to the instructor for the materials needed to sew the class samples. We will be using Sertoma's sewing machines. 1 session.

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$31/ non-resident \$46

**Dates:** Thursday, March 9

**Time:** 6:30p.m. - 9:00p.m.

**Activity Code:** STARGSHEMS

### ***Garment Sewing: Preparing to Sew***

If you are excited about sewing clothes but not sure how to get started, this class will help you find your path. We will cover the preparatory steps necessary to make your garment sewing projects both successful and enjoyable. You will learn the ins and outs of patterns as well as how to choose fabric and supplies. The class will also cover what essential tools you need as you get started and what tools would be helpful to add as you progress in your skills. Please note that this class is focused on getting ready to sew - we will not be sewing a garment. A **supply fee of \$10** is due to the instructor at the start of class. 3 sessions.

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$73/ non-resident \$88

**Dates:** Thursdays, Jan. 26 – Feb. 9

**Time:** 6:30p.m. - 8:30p.m.

**Activity Code:** STARGSPREP

### ***Garment Sewing: Seam Finishes***

Applying a seam finish to the raw edges of your fabric will improve the look of your garment and increase its durability and longevity. In this class, we will be sewing samples of various seam finishes, focusing on those that will be most useful across a range of garment styles. You will learn how to choose a seam finish based on garment type and fabric characteristics. This class will also introduce you to some specialty sewing machine presser feet that will make finishing your seam quicker and easier. This class is part of a series for sewists who want to advance their sewing skills by exploring the techniques of garment making in more detail. To complete the class exercises you will need to be comfortable using a sewing machine and have basic sewing skills. **A supply fee of \$12** is due to the instructor for the materials needed to sew the class samples. We will be using Sertoma's sewing machines. 1 session.

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$31/ non-resident \$46

**Dates:** Thursday, March 2

**Time:** 6:30p.m. - 9:00p.m.

**Activity Code:** STARGSSF

### ***Introduction to Japanese Shibori***

Immerse yourself in the technique of Shibori. Learn to tie and fold your fabric in myriad ways to achieve unique patterns. In this class you will learn the basic methods that will later allow you to explore variations of the technique on your own. Come with white cloth and leave with beautiful, rich, deep indigo patterns on cloth. No prior experience necessary. Students need to bring 2 yards of prewashed 100% white cotton fabric (if too wrinkled it's best to iron first), all other supplies are included. 1 session.

**Instructor:** Patrizia Ferreira

**Ages:** 16+ years

**Fee:** \$61/ non-resident \$76

**Dates:** Saturday, March 18

**Time:** 10:00a.m. - 1:00p.m.

**Activity Code:** STARINTSHIB

### ***Intuitive Embroidery***

New to embroidery? Savvy embroiderer, looking for a new approach? This class is for you! In workshop, students will learn techniques for free styling with stitches on fabric. I will share with you an intuitive way to start a textile art piece from scratch. How I combine fabrics, colors, textures, and specific stitches. How I go about developing a composition and letting serendipity lead the way. Supply list available on Sertoma's webpage. 4 sessions.

**Instructor:** Patrizia Ferreira

**Ages:** 16+ years

**Fee:** \$97/ non-resident \$112

**Dates:** Thursdays, Feb. 16 – March 9

**Time:** 10:00a.m. - 12:00p.m.

**Activity Code:** STARINTUEM

### ***Multicolor Shibori***

In this workshop students utilize Shibori to create multicolor patterns by dipping their samples on different dyes. The result is mesmerizing! Bring plain fabric (any color) of a natural fiber and leave with unique, rich, and colorful samples. All other supplies included. 2 sessions.

**Instructor:** Patrizia Ferreira

**Ages:** 16+ years

**Fee:** \$101/ non-resident \$116

**Dates:** Wednesdays, April 19 – April 26

**Time:** 3:00p.m. - 6:00p.m.

**Activity Code:** STARMULTSHIB

### ***Quilting Basics: Piecing with a Sewing Machine***

The goal of this class is to introduce you to quilting and help you discover whether you enjoy it. We will do this by exploring one of the fundamental quilting skills: piecing. Piecing is the process of joining cut fabric pieces together into a quilt block (the basic unit which composes a quilt). If you find you like piecing, you will enjoy the rest of the quilting process as well. Please note this class is focused on

learning one of the many necessary quilting skills - we won't be completing a quilt. We will be sewing several different types of quilt blocks focusing on developing your piecing skills. No prior sewing experience is necessary. We will be using Sertoma's machines. **A \$10 supply fee** to be paid to instructor at first class covers all you will need for this workshop - no need to buy materials or collect tools. 1 session.

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$37/ non-resident \$52

**Dates:** Saturday, Feb. 11

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARQBPIECWS

### ***Sewing Machine Basics***

Sewing machines are wonderful tools, but they are also complex and can be intimidating for beginners. This hands-on class offers a fun and supportive environment where beginners will gain the confidence to set up and use a sewing machine. We will cover machine set-up, operation, accessories, safety and basic maintenance. We will also address your particular sewing goals and offer advice on sewing machines and supplies to consider as you progress. **A supply fee of \$7** is paid to the instructor at start of workshop. Note: This class does not cover computerized or embroidery machines. We will be using Sertoma's sewing machines. 1 session.

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$37/ non-resident \$52

**Dates:** Saturday, Jan. 28 and March 4

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARFSMBASIC

### ***Sewing Machine – Beyond the Basics***

Take your basic understanding of a sewing machine to the next level. This hands-on class offers a fun and supportive environment where beginners will explore various specialty stitches and presser feet. We will also discuss some of the more advanced sewing tools and accessories you may want to add to your supplies. This class is intended for students who can confidently and independently thread and operate a sewing machine. **A supply fee of \$10** is paid to the instructor. Note: this class does not cover computerized or embroidery machines. We will be using Sertoma's sewing machines. 1 session.

**Instructor:** Joy Kelley

**Ages:** 18+ years

**Fee:** \$37/ non-resident \$52

**Dates:** Saturday, April 1

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARFSMBBASC

### ***Textile Mending Techniques***

Many memories are tied to our garments or home textiles, so it can be heartbreaking when holes, rips, and tears make the ones we cherish most. In this class, students will learn practical and decorative ways to mend, patch, and restore worn items both by hand and with a sewing machine to extend the life of our favorite pieces. Come prepared with a few pieces that need a little love and with the threads, yarns, and fabrics you'd like to work with. Every piece is unique with their own stories and will require its own approach to mending – we will be learning a lot from what we all bring to class and will share a bit about what the pieces mean to us as we work. We will be using Sertoma's sewing machines. Supply list available on Sertoma's webpage.

**Instructor:** Samantha Pell

**Ages:** 18+ years

**Fee:** \$49/ non-resident \$64

**Dates:** Sunday, March 26

**Time:** 12:30p.m. - 4:30p.m.

**Activity Code:** STARTEXTMEND

### ***Traditional Japanese Embroidery***

The technique of Japanese embroidery goes back more than 1,600 years. We use silk and metallic fibers on silk fabrics to produce traditional and modern designs for framing. Instruction follows an orderly progression of steps with a new design at each level. This workshop is open to beginners as well as current students at all levels. Current students should bring projects they are working on. New students are required to purchase kit and supplies from the instructor, payable at first class. Two options are available, see the supply list on Sertoma's webpage for details and cost. Instructor needs one month's notice to order supplies for new students. Additional

supplies will be available for purchase from instructor in class. New students are required to contact the instructor for more information before enrolling at [nuidosensei@gmail.com](mailto:nuidosensei@gmail.com).

**Instructor:** Pam Reading

**Ages:** 18+ years

**Fee:** \$41 per day

**Dates:** Saturdays and Sundays, Feb. 11, Feb. 12, and April 15, April 16

**Time:** 9:30a.m. - 4:30p.m.

**Activity Code:** STARFBJAPNEM

## Glassmaking

### ***Fused Glass Guided Studio***

This guided studio time is for glass artists with some experience. This is a good opportunity for students to work on unfinished projects, try out new ideas, or get clarification on techniques they learned in other classes. The instructor will provide samples and demonstrate techniques, but no specific instruction will be given, and students will create their own projects. Students will have access to glass tools and molds, and all work completed during the studio time will be fired. Students will provide their own COE 90 compatible glass. A limited assortment of glass will be for sale during class. Students who wish to use frit, stringer, and scrap glass provided by Sertoma can pay an **optional \$10 supply fee**. 4 sessions.

**Instructor:** Danielle Cozart

**Ages:** 16+ years

**Fee:** \$66/ non-resident \$81

**Dates:** Wednesdays, March 29 - April 19

**Time:** 6:30p.m. - 8:30p.m.

**Activity Code:** STARGLASSTU

### ***Fused Glass Trivet***

Want to try out glass fusing but don't have time to take a 6-week class? This project-based class will teach you the basics of fused glass while you create a custom trivet to use in your home or give as a gift! The class will be geared towards beginners, but experienced glass artists are also welcome. A **supply fee of \$20** is due to the instructor at the start of class, it will include the metal trivet form and all glass used in the project. 1 session.

**Instructor:** Danielle Cozart

**Ages:** 16+ years

**Fee:** \$31/ non-resident \$46

**Dates:** Saturday, Jan. 21

**Time:** 10:00a.m. - 12:30p.m.

**Activity Code:** STARGLASTRIV

### ***Intro to Glass Fusing***

In this class you will create colorful glass art using a kiln. You will start by learning the different forms of glass and how they work together, the basics of layering glass, and how glass behaves in a kiln. Next, we'll cover cutting glass and adding additional layers to fired pieces to add dimension. Finally, you will turn your flat pieces into functional artwork through the process of slumping. You will leave the class with several finished projects. A **\$40 supply fee** due to the instructor at the first class will include all glass and tools used in the class. 6 sessions.

**Instructor:** Danielle Cozart

**Ages:** 16+ years

**Fee:** \$116/ non-resident \$131

**Dates:** Wednesdays, Feb. 1 - March 8

**Time:** 6:30p.m. - 9:00p.m.

**Activity Code:** STARINTRGLFS

## Jewelry

### ***Beginning Beading***

Learn to make earrings, necklaces, and bracelets with beads! Beads, tools, and findings will be provided. Also, repairing jewelry will be discussed. 2 sessions.

**Instructor:** Anne Terry

**Ages:** 12+ years  
**Fee:** \$41/ non-resident \$56  
**Dates:** Sundays, March 5 – March 12  
**Time:** 1:00p.m. - 3:00p.m.  
**Activity Code:** STARBEGBEAD

### ***Beginning Metals***

Design and construct earrings, pins, pendants, charms or other small objects and tokens in this basic metalworking class. Students will learn to saw, file, hammer and solder wire and sheet metals to create individual projects. Students may purchase and bring in their own silver for projects. **Optional jewelry kits will be available for \$25.** The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects.

**Instructor:** Suijin Li  
**Ages:** 16+ years  
**Fee:** \$141/ non-resident \$156  
**Dates:** Thursday, Jan. 19 – Feb. 23  
**Time:** 7:00p.m. - 9:30p.m.  
**Activity Code:** STARBEGMETAL-004

**Instructor:** Amy Veatch  
**Ages:** 16+ years  
**Fee:** \$141/ non-resident \$156  
**Dates:** Thursday, March 16 – April 20  
**Time:** 10:00a.m. - 12:30p.m.  
**Activity Code:** STARBEGMETAL-006

**Instructor:** Sarah West  
**Ages:** 16+ years  
**Fee:** \$141/ non-resident \$156  
**Dates:** Saturday, Jan. 7 – Feb. 4  
**Time:** 1:00p.m. - 4:00p.m.  
**Activity Code:** STARBEGMETAL-005

**Instructor:** Lauren Markley  
**Ages:** 16+ years  
**Fee:** \$141/ non-resident \$156  
**Dates:** Monday, Jan. 23 – March 6 *skips 2/27*  
**Time:** 6:30p.m. - 9:00p.m.  
**Activity Code:** STARBEGMETAL-007

### ***Continuing Enamels***

In this class we will expand on the Beginning Enamels class and delve into alternative techniques in enameling. We will learn about decals, iridescent powders as well as enamel paints and crayons. We will also cover different techniques for setting your enamels into jewelry. A 2-hour enamels open studio session will be available (after class) each week for students to work on class projects. All supplies included except for copper, please see the supply list on Sertoma's webpage for details. 4 sessions. Prerequisite: Beginning Enamels at Sertoma or Pullen Arts Center.

**Instructor:** Sarah West  
**Ages:** 16+ years  
**Fee:** \$151/ non-resident \$166  
**Dates:** Saturday, April 1 – April 29 *skips 4/8*  
**Time:** 12:30p.m. - 4:30p.m.  
**Activity Code:** STARENAMELS

### ***Continuing Metals***

Prerequisite: Beginning Metals class at Pullen or Sertoma Arts Center. Continue to expand your jewelry making skills learning to solder, make a simple ring, set a stone and form a hollow bead. Students may purchase and bring in their own silver for projects. **Optional jewelry kits will be available for \$25.** The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects.

**Instructor:** Suijin Li  
**Ages:** 16+ years  
**Fee:** \$136/ non-resident \$151  
**Dates:** Thursdays, March 16 - April 20  
**Time:** 7:00p.m. - 9:30p.m.  
**Activity Code:** STARMETALS-005

**Instructor:** Amy Veatch  
**Ages:** 16+ years  
**Fee:** \$136/ non-resident \$151  
**Dates:** Thursday, March 16 – April 20  
**Time:** 4:00p.m. - 6:30p.m.  
**Activity Code:** STARMETALS-004

**Instructor:** Sarah West  
**Ages:** 16+ years  
**Fee:** \$136/ non-resident \$151  
**Dates:** Saturday, Feb. 18 – March 25 *skips 3/18*  
**Time:** 1:00p.m. - 4:00p.m.  
**Activity Code:** STARMETALS-003

### ***Etching with Ferric Chloride***

On day one of this two-day workshop, students will learn the basics of etching on copper or brass using Ferric Chloride and a variety of resists, such as stamps, sharpies, or Press-n-Peel Blue Transfer Film. Students will create unique designs or use a pre-printed image. On the second day, once we have some pieces etched, participants will make items such as earrings, cuffs, ornaments, etc., and will learn the basic techniques needed for these. Participants will come away from the class with several samples and at least one finished project. **Prerequisite:** Beginning Metals at Sertoma or Pullen Arts Centers. **\$25 kit** will be available for purchase at the first class. 2 sessions.

**Instructor:** Lauren Markley

**Ages:** 16+ years

**Fee:** \$151/ non-resident \$166

**Dates:** Saturday & Sunday, Feb. 11 – Feb. 12

**Time:** 9:00a.m. - 5:00p.m.

**Activity Code:** STARETCHFC

### ***Flat to Fabulous with Deb Karash***

Improve your skills in this fun 2 day workshop. Add interest to your jewelry designs with surface texture, volume, and layers. Emphasis is placed on planning and finishing techniques in order to achieve a more professional look. You will learn easy soldering and riveting tips, how to incorporate found materials or beads, how to create a rich surface on copper and silver, and how to use commercial findings or make your own. Most students will leave with a finished piece. This is the perfect precursor to Deb's Drawing on Metal workshop which will be offered May 4-7, 2023, at Sertoma Arts Center. A supply list will be sent out to registrants 3 weeks prior to the workshop. 2 sessions.

**Instructor:** Deb Karash

**Ages:** 16+ years

**Fee:** \$176/ non-resident \$191

**Dates:** Saturday & Sunday, March 18 – March 19

**Time:** 10:00a.m. - 5:00p.m.

**Activity Code:** STARFLATFAB

### ***Intermediate Fabrication***

Taking an architectural approach to jewelry, students will work through a number of fabrication techniques, improving their soldering skills along the way. They will explore three-dimensional forms to create sculptural objects. Class projects will present opportunities to hone order-of-operations and problem-solving skills. Students will come away with several samples and hopefully one or two finished pieces. Basic metalsmithing skills required. **\$25 kit** will be available for purchase at the first class. **Prerequisite:** Beginning Metals at Sertoma or Pullen Arts Centers. 6 sessions.

**Instructor:** Lauren Markley

**Ages:** 16+ years

**Fee:** \$141/ non-resident \$156

**Dates:** Tuesday, Jan. 17 – Feb. 21

**Time:** 1:00p.m. - 3:30p.m.

**Activity Code:** STARINTFAB

### ***Linked Bracelets***

This class will focus on designing and making a linked bracelet. We will use a layering technique which includes piercing, soldering, riveting and the hydraulic press. We will incorporate silver, copper and/or nugold in this bracelet. There will also be an option of including tube set stones, texture and patinas as surface embellishment to enhance your bracelet design. Basic soldering and sawing skills needed for this class. **Optional jewelry kit available for \$30.** Kit will include 1"x1" square of silver sheet, 1"x1" square of copper sheet, 1"x1" square of nugold sheet, one foot 18g silver wire, 1" silver tube, sawblades, drill bit and 3mm faceted gemstones.

**Prerequisite:** Beginning Metals at Sertoma or Pullen Arts Centers. 6 sessions.

**Instructor:** Betty McKim

**Ages:** 16+ years

**Fee:** \$141/ non-resident \$156

**Dates:** Tuesday, Jan. 24 – Feb. 28

**Time:** 10:00a.m. - 12:30p.m.

**Activity Code:** STARLINKBRAC

## ***Make a Ring***

This ring making class will explore stone setting for cabochons, faceted stones and/or found objects. We will use texture and fabrication techniques to embellish the surfaces. A **\$35 kit** will be available for purchase at the first class and will include a strip of silver, some silver wire, setting tube and bezel strip. Students may also provide their own supplies. Supply list will be provided 2 weeks before class to registrants. 6 sessions. Prerequisite: Beginning Metals at Sertoma or Pullen Arts Center.

**Instructor:** Betty McKim

**Ages:** 16+ years

**Fee:** \$141/ non-resident \$156

**Dates:** Tuesday, March 21 – April 25

**Time:** 10:00am - 12:30p.m.

**Activity Code:** STARMAKERING

## Painting

### ***Beginning Watercolor***

Learn the basic techniques of transparent watercolor. Find out about the best paper, paint and brushes to use. Students will create multiple paintings after learning how to do wet-on-wet washes, wet-on-dry washes, and building layers of colors. Students can copy the instructor's paintings or work on their own subjects. Supply list available on Sertoma's webpage and on receipt. 5 sessions.

**Instructor:** Ryan Fox

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Monday, Jan. 23 – Feb. 20 and March 13 - April 10

**Time:** 9:30a.m. - 12:30p.m.

**Activity Code:** STARBGWTRCLR

### ***Chinese Brush Painting***

Chinese brush painting is a traditional art form that shows the beauty of both simplicity and complication of the nature, with only ink or with ink and color. Students will learn how to paint flowers, birds, vegetables and fruits, which are popular brush painting subjects. Instructor will provide step by step demo and individual help. Each person will complete a beautiful painting in every class, while practicing basic brush painting techniques. In addition, the students will learn some basic Chinese calligraphy techniques such as the title of the paintings or the artist's names. This course is for both experienced and beginning students. A **\$5 supply fee** is due to the instructor at the start of each class or students can purchase their own supplies (supply list available on Sertoma's webpage). 1 session.

**Instructor:** Jinxiu Zhao (Alice) is a professional artist who specializes in the teaching of Chinese brush painting and calligraphy to both children and adults. She has been teaching in North Carolina for 23 years at all levels of the K12-public/private schools, teachers' training programs and in private classes.

**Ages:** 16+ years

**Fee:** \$51/ non-resident \$76 per session

**Dates:** Wednesday, Jan. 4, and Feb. 1, and March 1, and April 5

**Time:** 12:00p.m. - 3:00p.m.

**Activity Code:** STARCHINBRP

### ***Impressionistic Winter Landscapes with a Palette Knife & Brush***

This class will be a great introduction for how to use a palette knife to achieve texture in an impressionistic style of landscape painting. We will be practicing different ways to use the tool to create different textures that build into a scene. We will be painting mountains, water, grasses, plants, palm trees, clouds, skies and more. Students will be taught the basics of impasto painting with Acrylic on Canvas using Gel Mediums to create different textures in the raised paint. We will touch on the use of color and space and how to achieve depth and space within the painting while also using thick paint application to bring certain objects into the foreground. This is a great class to take if you have already taken an acrylic painting class, and will teach you how to abstract objects just enough to create more interest within your work. Instructor Amanda Wilson will guide you every step of the way and be there to give in class demonstrations as well as one on one assistance. Please bring a 11"x14" or 12"x16" canvas to the first class ready to paint! This course is great for any skill level. Supply list available on Sertoma's webpage. 6 sessions.

**Instructor:** Amanda Wilson

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Wednesdays, Jan. 11 – Feb. 15

**Time:** 3:30p.m. - 6:00p.m.  
**Activity Code:** STARWINIMPLD

### ***Intermediate Painting with Peter Marin***

This course follows Intro to Painting. This class focuses on continuing to develop the necessary painting strategies to solve visual problems. These strategies include process, materials and development of ideas through the daily practice of painting. Students create a body of work as a means of expressing oneself. A deepening of art history and exposure to other artists are at the core of this learning experience. Weekly assignments are given. Classes include daily slide lectures and critiques. This is a must do course for those wanting to establish a continuing practice of painting. Supply list available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Peter Marin

**Ages:** 16+ years

**Fee:** \$116/ non-resident \$131

**Dates:** Thursdays, March 9 - April 13

**Time:** 6:00p.m. - 9:00p.m.

**Activity Code:** STARINTMPA

### ***Introduction to Painting with Pastels***

Students will learn the properties and application of pastels. How to layer the colors and create crisp realism, abstracts to soft impressionism paintings. You will also learn how to make you own tools to blend and crush the color together rather than using fingers or tortillons. You will leave this workshop with a completed painting, the knowledge of how to use pastels as a painting medium and the different levels of pastels available to work with. Supply list available on Sertoma's webpage and receipt. 2 sessions.

**Instructor:** Connie Mansfield

**Ages:** 16+ years

**Fee:** \$126/ non-resident \$141

**Dates:** Sat. & Sun., Feb. 4 – Feb. 5

**Time:** 10:00a.m. - 5:00p.m.

**Activity Code:** STARPNTPSTLS

### ***Introduction to Painting with Pastels Continued***

Beginning with semi-soft pastels, you will be introduced to the properties and application of pastels. How to layer the colors and create crisp realism, abstracts to soft impressionism paintings. You will also learn to make your own tools to blend and crush the colors together rather than to use your fingers or a tortillon to smudge. You will leave this workshop with a completed painting, the knowledge of how to use pastels as a painting medium, and the different levels of pastels available to work with and to blend with. Students who have participated with earlier pastel workshops can come and continue to grow as I will work with individuals on their levels. Supply list available on Sertoma's webpage and receipt. 2 sessions.

**Instructor:** Connie Mansfield

**Ages:** 16+ years

**Fee:** \$126/ non-resident \$141

**Dates:** Sat. & Sun., March 11 – March 12

**Time:** 10:00a.m. - 5:00p.m.

**Activity Code:** STARPAINPAS

### ***Intro to Painting with Peter Marin***

This course introduces the student to the practice of painting by examining practicing the fundamental languages of painting such as color, form, composition and narrative. Comparative methods will be used to develop the foundations of a personal visual vocabulary with the aim of supporting a painting practice. Technical and theoretical issues will be discussed to form a frame of reference to serve as a reference point into painting. Class consists of slide lectures, studio time and take-home assignments. Any wet media welcome. NO experience required. Supply list available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Peter Marin

**Ages:** 16+ years

**Fee:** \$116/ non-resident \$131

**Dates:** Thursdays, Jan. 12 – Feb. 16

**Time:** 6:00p.m. - 9:00p.m.

**Activity Code:** STARINTRPTPM



### ***Larry Dean's Acrylics Studio***

This class is ideal for those with some acrylic experience. However, beginners are welcome. Students will bring their own projects and proceed with advice and demonstrations from the instructor. Assistance with choosing and mixing colors, composition, perspective and more will help you develop your own style of painting. Come hone your skills in this friendly, informal environment. Supply list available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Larry Dean

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Tuesdays, Jan. 10 – Feb. 14 and March 14 - April 18  
and Mondays, Jan. 9 – Feb. 20 *skips 1/16* and March 13 – April 17

**Time:** 6:30p.m. - 9:00p.m.

**Activity Code:** STARPTLDASTU

### ***Larry Dean's Studio***

Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works-in progress. Instructions will include color mixing, shape and perspective. Topics range from selecting a subject to varnishing the finished work. Informal advice will assist as you learn at your own pace. Supply list available on Sertoma's webpage and receipt. 1 session.

**Instructor:** Larry Dean

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Tuesdays, Jan. 10 – Feb. 14 and March 14 - April 18

**Time:** 1:00p.m. - 3:30p.m.

**Activity Code:** STARPTLDSTDO

### ***Mountain Scenes with Texture in Palette Knife***

This class will be a great introduction for how to use a palette knife to achieve texture in an impressionistic style of painting mountain scenes and rock texture. We will be practicing different ways to use the tool to create different textures that build into a scene. We will be painting bright vibrant colored skies & clouds and will touch on color theory in class. Students will be taught the basics of impasto painting with Acrylic on Canvas using Gel Mediums to create different textures in the raised paint. Instructor Amanda Wilson will guide you every step of the way and be there to give in class demonstrations as well as one on one assistance. Please bring a 11"x14" or 12"x16" canvas to the first class ready to paint. This course is great for any skill level. Supply list available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Amanda Wilson

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Wednesdays, March 8 - April 12

**Time:** 12:00p.m. - 2:30p.m.

**Activity Code:** STARMSTPK

### ***Pets and Animals in Acrylic***

This class will demonstrate basic pet portraiture/animal painting in Acrylic. The instructor will demonstrate how to set up a portrait using both realistic and expressive color. Students will work from reference photos. Please come to the first class with a photo you would like to work from, or with an idea in mind for your first painting. You will be guided from start to finish through your painting with individual help and class demonstrations from the instructor. All skill levels welcome! This is a great introduction of how to paint animals! Supply list available on Sertoma's webpage and receipt. 6 session.

**Instructor:** Amanda Wilson

**Ages:** 15+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Wednesdays, Jan. 11 – Feb. 15

**Time:** 12:00p.m. - 2:30p.m.

**Activity Code:** STARPETACRYL

### ***Spring Birds and Winter Cardinals***

This class is great for any skill level covering the basics of painting birds and their seasonal surroundings in acrylic paint. The first few classes will be spent on a more simplified painting covering the basic techniques of painting shapes of birds. The last few classes will be spent on a more detailed painting, branching off of what we learned during the first few classes. You will be taught how to paint

different types of scenery as well as taught how to understand depth, using color, light and shadow. Wilson will guide you through every color to use, way to hold your brush etc. throughout the course to achieve different techniques in your own work. Students are welcomed to have creative freedom to turn their work into anything they want and completely customize it, or stay with the instructor and follow along. This is a great class for anyone looking to learn how to use acrylic, or simply take their painting to the next level. Please bring a 11"x14" or 12"x16" canvas to the first class ready to paint! This course is great for any skill level. Supply list available on Sertoma's webpage. 6 sessions.

**Instructor:** Amanda Wilson

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Wednesdays, March 8 - April 12

**Time:** 3:30p.m. - 6:00p.m.

**Activity Code:** STARSBWC

### ***Watercolor Again!***

This class will explore various watercolor techniques and styles ranging from unique color combinations, alternate surfaces, extreme monochromatic granulation and more. Different subjects and techniques will be demonstrated in each class session. Supply list available on Sertoma's webpage and receipt. 5 sessions.

**Instructor:** Ryan Fox

**Ages:** 15+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Mondays, Jan. 23 – Feb. 20 and March 13 - April 10

**Time:** 1:00p.m. - 4:00p.m.

**Activity Code:** STARWCLRA

### ***Watercolor Weekend***

Come spend all day Saturday and Sunday creating wonderful art pieces. The BEST part of the weekend is our "Play Time". Art is at it's best when we play with the colors and put our authentic self in our work. The focus of the workshop is learning a variety of techniques experimenting with the process of painting rather than producing a product. Funny thing happens when you approach it this way, our paintings become more free and fun. Janie will begin each morning with a demo of various techniques. Afterwards you will go back to your seat and explore the techniques on your own. Janie will give each student individual attention. We typically take our lunch at this time (don't forget to bring one). The atmosphere of the class is relaxed and informal with each student and Janie helping one another. The afternoon is spent working on your own with numerous demonstrations by Janie during this session! Sunday is basically the same format and with this type of concentration of techniques, students experience success and joy! Some watercolor experience is required. Janie will personally guide you with the purchase of supplies. If you have supplies, bring what you have. Contact Janie to discuss the supply list. Each weekend workshop will focus on different techniques so sign up for more than one weekend. 2 sessions.

**Instructor:** Janie Johnson

**Ages:** 16+ years

**Fee:** \$121/ non-resident \$136 **per session**

**Dates:** Saturday & Sunday, Jan. 14-15, and Feb. 18-19, and March 25-26, and April 22-23

**Time:** 9:45a.m. - 3:30p.m.

**Activity Code:** STARWORKWW

### Papermaking

#### ***Eastern Papermaking with Plants Emersion***

Sarah Ann, local maker and professional papermaker, will teach you how to make paper with your garden plants and other traditional fibers. Students will learn a basic knowledge of the chemistry and science behind sheet formation as well as history on handmade papermaking techniques. Students will take part in a weekend workshop Saturday 10-4pm (1 hour break for lunch) and Sunday 12-5pm. Supplies included. 2 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 16+ years

**Fee:** \$106/ non-resident \$121

**Dates:** Saturday & Sunday, Feb. 11 – Feb 12 and March 25 – March 26

**Time:** Saturday, 10:00am - 4:00p.m. and Sunday, 12:00 - 5:00pm

**Activity Code:** STAREASTPM

### Photography

### ***Cyanotype and Experiments with Alternative Process Photography***

Learn how to create images using historical photographic processes. Each student will learn how to make a Cyanotypes, Salt prints, and Anthotypes. Step by step instructions for every level, no prior knowledge needed. Mix your own chemicals, coat your own paper, and compose your images to make one of a kind prints every time! Students need to bring two reused glass jars with lids, two brown empty and clean glass bottles, and an apron. All other supplies included. 4 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 16+ years

**Fee:** \$121/ non-resident \$136

**Dates:** Tuesdays, April 4 – April 25

**Time:** 9:30a.m. - 12:30p.m.

**Activity Code:** STARALTPHO

### ***Photoshop Basics: From Open to Display***

Learn how to make your images pop and have the contrast you really see before snapping the shutter. Students will learn basics from file saving, organizing, layer control and manipulation, in RAW edits, and more. Students must bring a laptop and have the Adobe Photoshop program (Adobe offers monthly subscriptions for the program). Students will pay a **\$5 fee** to instructor for printed images. 5 sessions.

**Instructor:** Sarah Ann Austin

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Mondays, Jan. 23 – Feb. 20

**Time:** 4:00p.m. - 6:00p.m.

**Activity Code:** STARPHOSHO

### Pottery

#### ***Breaking Out of a Rut***

If you find that you make the same work because it's the work you make, or if you find that you are not getting the same level of personal satisfaction out of the work you are producing, or you just don't know what to do next on your journey with clay, then this class is for you. The design of this course allows for each session to work around a class prompt or reading. The class will be broken down into smaller cohort groups that will allow for more frequent discussions and reflection on a specific subject. Visual journaling will also be expected in between class meetings. While specific techniques will be discussed and demonstrated this is not a class where we will be focused on mastering a given technique instead, we will explore how technique and skill mastery assists you in creating the work that you envision. Critique is a slightly terrifying word, but it's a necessary process for growth. There will be uncomfortable moments of exploration during this class but that is where the most growth will occur. This class will meet every other week for 14 weeks – a total of 7 class sessions. **Prerequisite:** Beginning Wheel or Beginning Handbuilding at Sertoma or Pullen Arts Centers. Must register in person at Sertoma or Pullen to verify qualifications. This class does not qualify for a studio card.

**Instructor:** Andy McKenzie

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Thursdays, Jan. 19 - March 13 *every other week*

**Time:** 7:00p.m. - 9:15p.m.

**Activity Code:** STARBORUT

#### ***Glazing for the Gas Kiln***

This class will cover the skills and techniques required to create work in a cone 10 reduction firing. Traditional glazes like shinos and celadons, developing copper red glazes, and playing with the addition of ash are just some of the possibilities that will be covered. There will be two glaze firings in the class. Students should bring 10-15 bisque fired pots (made out of Standard 153, B-Mix 10, or Helios) to the first class. **Prerequisite:** Beginning Wheel or Beginning Handbuilding at Sertoma or Pullen Arts Centers. Must register in person at Sertoma or Pullen to verify qualifications. This class does not qualify for a studio card. 4 sessions.

**Instructor:** Andy McKenzie

**Ages:** 16+ years

**Fee:** \$66/ non-resident \$81

**Dates:** Tuesdays, Jan. 17 – Feb. 7  
**Time:** 7:00p.m. - 9:15p.m.  
**Activity Code:** STARGLZGASKLN

### ***Handbuilding: Beginning I***

This class explores techniques including pinching, coils and slabs, and provides an overview of ceramic materials and glazing. Classes provide demonstrations and individual work time with instructor guidance. Students are encouraged to practice between class sessions and will have free access to Sertoma's well-equipped studio. New students may not miss more than two classes and must attend the first class and the glazing class (approximately 5th week) to qualify for a studio card. Students will purchase materials at first class (**approximately \$42**). 7 sessions. All skill levels are welcome!

**Instructor:** Tim Cherry

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, Jan. 11 – Feb. 22

**Time:** 9:30a.m. - 11:45a.m.

**Activity Code:** STARBEGHANDB-003

**Instructor:** Steve Karloski

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, Jan. 11 – Feb. 22

**Time:** 7:00p.m. - 9:15p.m.

**Activity Code:** STARBEGHANDB-004

### ***Handbuilding: Beginning II***

Through a combination of demonstrations and individual work time, students will further develop their hand building skills while making distinctive pieces, including planters, unique boxes and tile. A variety of construction techniques will include soft slabs, stiff slabs and coils. Students will learn to add flair and professionalism to their pieces by adding finishing touches such as feet and handles. This class will help individuals develop and express their own unique style through clay. Students are encouraged to practice between class sessions and will have free access to Sertoma's well-equipped studio. New students may not miss more than two classes and must attend the first class and the glazing class (approximately 5th week) to qualify for a studio card. Students will purchase materials at first class (**approximately \$42**). 7 sessions.

**Instructor:** Tim Cherry

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, March 15 - April 26

**Time:** 9:30a.m. - 11:45a.m.

**Activity Code:** STARPOTCONT-001

**Instructor:** Steve Karloski

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, March 15 - April 26

**Time:** 7:00p.m. - 9:15p.m.

**Activity Code:** STARPOTCONT-001

### ***Introduction to Majolica***

Developed in the Middle East during the 9th century and made famous by Italian artisans, majolica is earthenware pottery with a white opaque glaze decorated with ceramic colorants brushed on top of the raw, unfired glaze. The glaze is formulated to be viscous which restricts the flow and movement of the glaze retaining most of the line quality of the decoration. In this class we will examine historical aspects, designs of majolica and explore the process using commercial glazes & majolica colors making the techniques easy to use. Formulas for mixing your own majolica glazes/colors will be provided & discussed. If you like color and painting designs on pottery, this class is for you. This class does not qualify for a studio card at Sertoma Arts Center. Open to qualified Sertoma Arts Center potters and qualified Pullen Arts Center potters who have completed the Studio Orientation at Sertoma prior to registration only. Students must be able to throw or hand build forms for decorating. Students pay **glaze and color fee of \$45** at the first class to the instructor. Registrants will be emailed information on tools and brushes shortly after registration. 4 sessions.

**Instructor:** Randy Hinson

**Ages:** 16+ years

**Fee:** \$76/ non-resident \$91

**Dates:** Mondays, Jan. 23 – Feb. 13

**Time:** 9:30a.m. - 12:00p.m.

**Activity Code:** STARPOTMAJO

### ***More Creatures!***

The popularity of the Creatures of Habitat workshop has led to a second session of animal-building. This workshop involves small-scale creations of cats, dogs, rabbits, bears and elephants...oh my! Bring all of your handbuilding skills together for this fun exploration of creatures great and small. Basic handbuilding tools are necessary, along with a notebook for the planning process. **Prerequisite:** Beginner Handbuilding at Sertoma or Pullen Arts Center. This class does not qualify for a studio card. Must register in person. 4 sessions.

**Instructor:** Steve Karloski

**Ages:** 16+ years  
**Fee:** \$66/ non-resident \$81  
**Dates:** Mondays, Jan. 9 – Feb. 6 *skips 1/16*  
**Time:** 7:00p.m. - 9:15p.m.  
**Activity Code:** STARMORCREAT

### ***More Majolica***

This class is designed for potters who have either taken the Introduction to Majolica class at Sertoma or who have some experience in decorating majolica pottery and want to expand or reinforce their skills. We will start with a general review of products, brushes and brush strokes and move into an assortment of exercises and projects to encourage the creation of new and exciting decorated pottery. Each student will work at their own pace and can pick and choose between the variety of techniques we cover to complete individual projects. This class does not qualify for a studio card. Open to qualified Sertoma Arts Center potters and qualified Pullen Arts Center potters. Students must be able to throw or hand build forms for decorating. Students pay a glaze and color fee of \$45 at the first class to the instructor. Registrants will be emailed information on clay to purchase, pieces to make, tools and brushes shortly after registration. 4 sessions.

**Instructor:** Randy Hinson  
**Ages:** 16+ years  
**Fee:** \$76/ non-resident \$91  
**Dates:** Mondays, March 20 – April 10  
**Time:** 9:30a.m. - 12:00p.m.  
**Activity Code:** STARMORMAJO

### ***Mugs & Bowls Intensive***

Deep dive into mugs and bowls. This 4-week program will push you to step out of your mug and bowl comfort zone. We'll cover small and large sizes, different types of handles (coiled, textured, pulled, upside down) and bowls (altered, berry, lidded) as well as textures (carvings and slip trips). **Prerequisite:** Beginning Wheel at Sertoma or Pullen Arts Centers. Must register in person at Sertoma or Pullen to verify qualifications. This class does not qualify for a studio card. 4 sessions.

**Instructor:** Joan Walsh  
**Ages:** 16+ years  
**Fee:** \$66/ non-resident \$81  
**Dates:** Tuesday, March 7 - March 28  
**Time:** 7:00p.m. - 9:15p.m.  
**Activity Code:** STARMNBINT

### ***Sculptural Handbuilding***

Explore ways to incorporate basic handbuilding techniques to create more unique and involved work. Through projects that start with your own ideas and interests, methods such as stiff slab construction will provide the means to build more solid pieces. Organic, architectural, functional and decorative approaches will be covered. **Prerequisite:** Beginner Handbuilding at Sertoma or Pullen Arts Center. This course does not qualify for a studio card. 4 sessions.

**Instructor:** Steve Karloski  
**Ages:** 16+ years  
**Fee:** \$66/ non-resident \$81  
**Dates:** Mondays, March 13 – April 3  
**Time:** 7:00p.m. - 9:15p.m.  
**Activity Code:** STARSCULPTHB

### ***Sculpt Your Self-Portrait***

Get in touch with your inner Michelangelo! This class focuses on how to sculpt a human head. Starting with a block of clay, you will use the subtractive technique to carve your likeness. Tricks for laying out facial proportions will be covered. Basic pottery tools are necessary and other carving tools will be recommended. **Prerequisite:** Beginning Handbuilding at Sertoma or Pullen Arts Center. Must register in person at Sertoma or Pullen to verify qualifications. This course does not qualify for a studio card. 5 sessions.

**Instructor:** Jeannette Stevenson  
**Ages:** 16+ years  
**Fee:** \$81/ non-resident \$96  
**Dates:** Mondays, Feb. 20 – March 20  
**Time:** 4:00p.m. - 6:15p.m.  
**Activity Code:** STARSCULPTSP

### ***Wheel Throwing: Beginning I***

This course introduces students to the basics of throwing pottery and provides them with an understanding of ceramic terms, processes and knowledge needed to use the pottery studio safely and independently. Topics include centering clay, throwing basic forms, handles and glazing. Sessions include demonstrations and practice time under the guidance of the instructor. Students are encouraged to practice between class sessions and have free access to Sertoma's well-equipped studio. New students may miss no more than two classes and must attend the first class and the glazing class (approximately 6th week) to qualify for a studio card. Purchase materials at first class (**approximately \$42**). Please arrive 20 minutes early for first class to buy materials. All skill levels are welcome! 7 sessions.

**Instructor:** Tina Granville

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, March 15 - April 26

**Time:** 9:30a.m. - 11:45a.m.

**Activity Code:** STARBEGWHEEL-004

**Instructor:** Joan Walsh

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, Jan. 11 – Feb. 22

**Time:** 7:00p.m. - 9:15p.m.

**Activity Code:** STARBEGWHEEL -005

**Instructor:** Jeannette Stevenson

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Monday, Jan. 9 – Feb. 27 *skips 1/16*

**Time:** 7:00p.m. - 9:15p.m.

**Activity Code:** STARBEGWHEEL -006

### ***Wheel Throwing: Beginning II***

This class is designed for those who have taken beginner wheel and need further refinement in basic throwing skills in order to progress to more challenging levels. It also serves as a refresher course for students who have previously taken throwing classes but have not thrown for some time. Students are encouraged to practice between class sessions and have free access to Sertoma's well-equipped studio. New students may miss no more than two classes and must attend the first class and the glazing class (approximately 6th week) to qualify for a studio card. Students will purchase materials at first class (**approximately \$42**). Please arrive 20 minutes early for first class to buy materials. 7 sessions.

**Instructor:** Tina Granville

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, Jan. 11 – Feb. 22

**Time:** 9:30a.m. - 11:45a.m.

**Activity Code:** STARPOTWHLCN-001

**Instructor:** Joan Walsh

**Ages:** 16+ years

**Fee:** \$111/ non-resident \$126

**Dates:** Wednesday, March 15 - April 26

**Time:** 7:00p.m. - 9:15p.m.

**Activity Code:** STARPOTWHLCN-002

## Printmaking

### ***Intro to Linoleum Block Print***

This class will focus on block printing using unmounted linoleum to produce a small series of prints or multiple prints. Learn how to transfer your design to your block, carving and inking techniques and print using the Whelan press. Topics to be covered include single color prints, multiple block prints, reduction block and white line techniques. Class time will be composed of demonstrations and working time, allowing students to focus on the technique of their choice. Beginning and continuing students welcome. Supply list is available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Keith Norval

**Ages:** 16+ years

**Fee:** \$116/ non-resident \$131

**Dates:** Wednesdays, Jan. 18 – Feb. 22

**Time:** 7:00p.m. - 9:30p.m.

**Activity Code:** STARLINBLOCK

### ***Learn to Screen Print***

If you want to make your own T-shirts, this is the class for you. Get your screens, ink and squeegee ready. We will cover applying emulsion, making transparencies, exposing the screen and printing techniques. You can use store-bought screens or learn how to build

your own inexpensive screens. You can also print on tote bags, dish towels, paper and more. All skill levels welcome. Supply list is available on Sertoma's webpage and receipt. 6 sessions.

**Instructor:** Keith Norval

**Ages:** 16+ years

**Fee:** \$114/ non-resident \$131

**Dates:** Wednesdays, March 8 – April 19 *skips 4/12*

**Time:** 7:00p.m. - 9:30p.m.

**Activity Code:** STARPRTLNSC

### ***Relief Printing on Fabric***

This workshop will focus specifically in learning to carve linoleum and other soft materials to create patterns and motifs that can later be printed on fabric. Students will learn to create a multicolor stamp, to think about repetition and rhythm in order to develop patterns that can be printed endlessly on fabric. No experience necessary. Supply list available on Sertoma's Webpage. 5 sessions.

**Instructor:** Patrizia Ferreira

**Ages:** 16+ years

**Fee:** \$91/ non-resident \$106

**Dates:** Monday, Jan. 23 – Feb. 20

**Time:** 10:00a.m. - 12:00p.m.

**Activity Code:** STARRELPFROF

### Exercise

#### ***Beginning Kripalu Yoga***

The ancient art of yoga combines postures for the body, breathing for relaxation and meditation for the mind. Kripalu is a gentle yoga that encourages students to discover their own degree of flexibility rather than push past their limits. Before undertaking any exercise program, one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. 6 sessions.

**Instructor:** Susan Kilmon

**Ages:** 16+ years

**Fee:** \$53/ non-resident \$68

**Activity Code:** STARKRIPBEG

**Dates:** Mondays, **Time:** 6:15p.m. - 7:15p.m.

Jan. 9 – Feb. 20 *skips Jan. 16*

March 6 – April 17 *skips April 3*

**Dates:** Mondays, **Times:** 7:30p.m.-8:30pm

Jan. 9 – Feb. 20 *skips Jan. 16*

March 6 – April 17 *skips April 3*

**Dates:** Tuesdays, **Time:** 12:00p.m. - 1:00p.m.

Jan. 10 – Feb. 14

March 7 – April 18 *skips April 4*

#### ***Continuing Kripalu Yoga***

This course is a continuation of the Kripalu Yoga Beginning Class. Students should have taken the beginning class or have yoga experience. Before undertaking any exercise program, one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. 6 sessions.

**Instructor:** Susan Kilmon

**Ages:** 16+ years

**Fee:** \$53/ non-resident \$68

**Activity Code:** STARKRIPCON

**Dates:** Wednesdays, **Time:** 7:30p.m. - 8:30p.m.

Jan. 11 – Feb. 15

March 8 – April 19 *skips April 5*

**Dates:** Thursdays, **Times:** 12:00p.m.-1:00pm  
Jan. 12 – Feb. 16  
March 9 – April. 20 *skips April 6*

### ***Continuing Kripalu Yoga with Meditation***

This course is a continuation of the Kripalu Yoga Beginning Class and includes a meditation component. Students should have taken the beginning class or have yoga experience. Before undertaking any exercise program, one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. 6 sessions.

**Instructor:** Susan Kilmon

**Ages:** 16+ years

**Fee:** \$53/ non-resident \$68

**Activity Code:** STARKRIPCME

**Dates:** Wednesdays, **Time:** 6:15p.m. - 7:15p.m.

Jan. 11 – Feb. 15

March 8 – April 19 *skips April 5*

### ***Chair Yoga***

This chair yoga class is designed for all levels including seniors and others with varying degrees of mobility. Yoga can help relax tense muscles, stabilize joints and strengthen the body. Yoga can also improve digestion, circulation and reduce high blood pressure as well as anxiety. You will learn gentle stretching, breathing techniques and ways to calm the mind. Before undertaking any exercise program, one should consult a physician. Bring a yoga mat and wear comfortable clothing. 6 sessions.

**Instructor:** Susan Kilmon

**Ages:** 16+ years

**Fee:** \$53/ non-resident \$68

**Activity Code:** STARHAIRYOGA

**Dates:** Tuesdays, **Time:** 1:30p.m. - 2:30p.m.

Jan. 10 – Feb. 14

March 7 – April 18 *skips April 4*

### ***Line Dance – Beginner and Improver Contemporary Line Dance***

Join this beginner through intermediate line dance class and learn fun dances to all kinds of music: pop, western, and oldies. Line dancing is a great way to keep active - both for your brain and body! From 2:15-3:30pm is focused on easy beginner through solid beginner dances. You'll learn steps and gain experience doing beginner line dances. 3:30-4:30pm is focused on improver to intermediate level dancing. We'll work on more challenging dances at the improver through intermediate level. Knowledge of line dancing steps is necessary and prior experience required.

**Instructor:** Jackie Wheeler

**Ages:** 16+ years

**Fee:** \$3 per day

**Dates:** Wednesdays, January 11 - April 26

**Time:** 2:15p.m. - 4:30p.m.

**Activity Code:** STARLINEDANC

### ***Nia – The Nia Technique***

Nia is a form of fusion fitness for the body, mind, emotions and spirit. The technique integrates movements from dance, martial arts and healing arts to condition the whole body, quiet the mind, release stress and restore the spirit. It is fun, expressive and adaptable for all fitness levels.

**Instructor:** Laura Ghantous

**Ages:** 16+ years

**Fee:** \$10 per day

**Dates:** Saturdays, Jan. 7 – April 29

**Time:** 10:15a.m. - 11:15p.m.

**Activity Code:** STARNIATECH