

Adult Program Trip Brochure

January through December 2020

A guide to Adult Program Trips: Day Trips, Multi-Day Trips, Journey Through Maya Angelou's Life Series, Read and Go, Read and Watch, and FAQs



**PARKS, RECREATION
AND CULTURAL
RESOURCES**

Walnut Terrace Center

919-996-6160

Anne Gordon Center for Active Adults

919-996-4720

Five Points Center for Active Adults

919-996-4730

Frequently Asked Questions

1. Why are there no dates and prices listed with the trips in this brochure?

The Adult Program Trip Brochure goes out in the Fall the year before the trip year. All of the trips are planned and finalized throughout the trip year. Therefore, we are unable to include any specific detailed information about the trips in the brochure. We do our best to have the trip during the month that has been advertised; however, unforeseen circumstances may arise with the facilities or events that may cause trip dates to change.

2. Who can go on the Raleigh Parks, Recreation and Cultural Resources Adult Program Trips?

All of the trips that are offered through the Adult Program are geared towards adults 50+ years. However, anyone of adult age 18+ are welcome to enjoy our trips.

3. Do I have to be a City of Raleigh resident to go on an Adult Program trip?

Any adult no matter where they reside can go on the trips. In fact, if someone is interested in going on a multi-day trip they do not have to travel to Raleigh to go on that trip with us. We will work directly with the tour company to fly the person(s) from the closest major airport to the destination, arriving approximately the same time the main group is scheduled to arrive. There could be a price difference (higher or lower) based on airfare.

4. Will the trip descriptions in this brochure specifically say what will be done on the trip?

Most of the time, yes. The trip descriptions are a guideline to let you know what we are planning for a trip, however sometimes trips have to be altered because of location availability or a new site becomes available. Since the trip brochure goes out prior to when the trips are being developed, site availability is not always known and new sites may open that we feel would add to the trip experience.

5. I am very interested in going on a trip listed in the trip brochure. How do I get the trip flier?

To receive trip fliers, and to register for any trip, participants must turn in the 2020 Yearly Trip Registration Form (see last page). Trip fliers will be sent out to individuals who have filled out the Yearly Trip Registration Form. This form must be done every year and will cover trips offered January 2020 thru December 2020. This form can be done online or turned in to one of the Active Adult Centers. This form can't be turned in at any other PRCR facility. *Any individual that wishes to register for any Adult Program trip must have a current Yearly Trip Registration Form on file with the Adult Program.

6. What is the process if I want to register for a trip but I haven't completed this year's Yearly Trip Registration Form?

Staff will confirm that there is a current Yearly Trip Registration Form on file before you will be registered for a trip.

*If there is not a current form on file then your payment will be taken and you will be placed on the waitlist. A spot will be held for you for the trip, however you will not be moved over from the waitlist to the trip list until your Yearly Trip Registration Form is completed, signed and turned in.

7. I really want to go on a trip but there is no open space for the trip. What do I do?

You are always highly encouraged to get on the waitlist for any trips that are full. Spots frequently open for trips due to various reasons and often we are able to add more spots on a trip or add a second trip on another date. No money is required to be added to the waitlist for a full trip. Once a spot becomes available, individuals on the waitlist will be contacted in the order in which they were added to the waitlist. If the waitlisted patron is unable to go on the trip, the next patron on the waitlist will be called. This will continue until the spot is filled. We will call for opened spots up until one day before trip. At the time that a spot is accepted, the patron will be registered (if they have a current Yearly Trip Registration Form) and payment will be taken.

Frequently Asked Questions

8. **What do I need to do if I can not go on a trip in which I've already registered and paid?**

To withdraw from a trip it must be submitted in writing. The letter can be taken to any of the active adult centers or emailed to carmen.rayfield@raleighnc.gov. Once the letter is received by the Recreation Program Manager, you will be withdrawn from the trip. All day trips follow the PRCR withdrawal guidelines unless money is incurred by the department. Full or partial refunds are subject to non-refundable expenses incurred by the Department. Multi-Day trip withdrawals follow the tour operators cancellation policy.

- 100% refund/credit/transfer if the Department cancels the program or the facility rental.
- Refund requests received in writing at least 14 or more days in advance of the program/rental/team placement date are entitled to:
 - A. 100% credit or transfer of fees to another program at the time of the withdrawal
 - B. 85% refund based on the total cost of the program or rental
 - C. 85% credit/transfer/refund of eligible rental fees
- Refund/credit/transfer requests received less than 14 days in advance of the program/rental/team placement date will not be granted.
- Refunds for medical circumstances requested prior to the program/rental/team placement date will be granted at 100%, pending verification.
- Outdoor facility usage cancelled due to inclement weather may be rescheduled pending space availability.
- A transfer must be requested at the time of withdrawal.
- A credit may be used by any family member on the same registration account.
- Non-attendance/non-participation in a program does not entitle the patron to a refund.

9. **Where do I catch the bus for a trip?**

All of the trips leave from the Anne Gordon Center for Active Adults at 1901 Spring Forest Road, Raleigh located in the Millbrook Exchange Park. When parking for a trip, please park in the lower parking lot of the active adult center located closer to the Millbrook High School. We ask that you not park directly in front or on the side of the center as these spots are used for the center patrons.

10. **Do you offer one-on-one assistance or accept special requests?**

The trip escorts cannot provide one-on-one assistance to the patrons. Trip escorts are responsible for all of the trip patrons as well as ensuring the trip remains on schedule. If you have a special need, such as use of a wheelchair or dietary need, you must list these on the Yearly Trip Registration Form and inform the staff at the time of registration for consideration.

11. **What type of transportation is used for the trips and are there bathrooms available?**

For all of the larger trips we use a chartered motorcoach. These coaches are equipped with a bathroom for your emergency use. For trips that have a smaller number of patrons, or are within the Raleigh area, we will use department buses or vans. During all trips, we offer a rest stop at least every 2 hours.

*Each trip flier lists the patron expectations; walking expectations, including volume and possible walking issues (steps, gravel paths, non-handicap accessibility facilities); as well as any schedule timeline requirements.

Day Trips

There are a variety of day trips throughout the year open to all adults. No specific dates or prices are listed with the trip information as these trips are being planned throughout the year. Use this trip information as a guideline for the exciting trips to come. Complete the Yearly Trip Registration form on the back of this brochure to be on the mailing list to receive trip fliers and registration information.

March – Hillsborough, NC

Hillsborough itself is one of the oldest communities in North Carolina and was an important center of trade at the time of the American Revolution. The city served briefly as the state capital when the then-capital of New Bern was held by the British. Hillsborough is full of charming historic houses, historic sites, unique shops, art galleries and local restaurants.

April – Reverence Farm, Graham, NC

Enjoy a day on a 400 acre working farm. Reverence Farm is home to seven species of livestock with sustainable agriculture and where animals are treated with reverence and grace, earthworms are cherished and all critters eat a species-appropriate diet.

May – New Bern, NC

Travel back in time and walk in the footsteps of colonial governors with a visit to Tryon Palace and the NC History Center. Enjoy the architectural history of some of the town's mansions, churches, cemeteries and downtown.

June - Petersburg, VA

Visit the Pamplin Historical Park & The National Museum of the Civil War Soldier, antebellum homes, a National Historic Landmark Civil War battlefield, and a slave life exhibit, which demonstrates how free and enslaved Virginia families lived more than 150 years ago.

August – Surf City, NC: Turtle Rescue & Rehabilitation Center

Visit the Karen Beasley Sea Turtle Rescue & Rehabilitation Center where the mission is the conservation and preservation of all species of marine turtles, both in the water and on the beach. They accomplish their mission through the rescue, care and release of sick and injured sea turtles.

September – Winston-Salem, NC: Swan Creek Wine Trail

Tour four wineries within 5 miles of each other. Enjoy views framed by the mountain landscapes and rolling vineyards.

October – Raleigh's Fire Prevention Month

Join the Raleigh Fire Department as they teach you the key steps everyone should know to keep their family safe during a fire. Visit the Keeter Training Center for demonstrations of the skills needed to be a firefighter.

November – Fayetteville, NC: Honor Our Veterans

Visit the U.S. Army's Airborne and Special Operations Museum (ASOM), considered one of the country's most pristine military museums. Learn about the region and how the Cape Fear River played a role in southern North Carolina history by visiting the Museum of the Cape Fear Historical Complex.

December – Raleigh Area Churches

Raleigh has a rich history of religion and churches. Learn the history, enjoy the beauty, and be amazed by the architectural differences of these churches.

Multi-Day Trips

Multi-day trips are open to all adults. You don't have to live in Raleigh or even North Carolina. If you have friends or family members that you would like to travel with you, we will work with the tour company to fly them from their location to the destination.

Burgundy & Provence French River Cruise

Enjoy eight days aboard the Amadeus Provence. Arrive in Lyon, France to board the ship for the seven night cruise, with sight seeing Macon, famous for its wine; Beaune, to explore the Burgundy wine making region in France; chalon sur Saone, a town of historic & artistic interest; Tournus, located in the corner of Burundy, Avignon "City of Popes"; Arles, site of Roman ruins, and Le Pouzin, located on the banks of Rhone.

Trails of the Canadian Rockies

Towering over the plains of Alberta and British Columbia are the peaks of the Canadian Rocky Mountains - mighty, rugged, exquisite. Each season in the Rockies has its own special beauty and selection of activities. Explore Canada's wild life recreational areas Kananaskis Country, Waterton, Banff, Jasper, Kootenay, Glacier and Yoho National Parks. Alpine towns, such as Banff, Jasper and Lake Louise, are sprinkled throughout the Canadian Rockies and are ideal locations for mountain adventure. Travel to the Icefields Parkway, one of the most scenic highways in the world. See a panorama of snow-capped mountain peaks, hanging glaciers, waterfalls, and amazing wildlife.

New England Adventures

Adventure awaits while exploring beautiful New England. Portland, Maine during the summer is sunny but not hot, breezy but not cold, the perfect place to explore. From ornate mansions to ocean views, this charming city is the largest in Maine. Travel to Vermont and ride to the top of the highest peak in New England, Mt. Washington, on the world's first mountain climbing Cog Railway Train. Enjoy the spectacular views on Mt. Washington. Take in the breathtaking views of the jagged coast lines and pristine lakes of Acadia, ME the first national park east of the Mississippi River. You might choose to spend your day on a light hike at the park, kayak along the gentle ocean coast line or watch the sunrise atop Cadillac Mountain.

Cherokee, NC

Nestled in the lush landscapes of Western North Carolina, Cherokee offers spectacular views and rich history of the Cherokee people. Visit the Museum of the Cherokee Indian, Oconaluftee Indian Village and experience the power of Cherokee performing arts in the outdoor drama production of *Unto These Hills*. You may choose to hit the gaming tables at Harrah's Cherokee Resort or take some time enjoying the breathtaking views and adventures the area has to offer.

Multi-Day Trip for 2021

Panama

World-famous for its 48-mile canal that connects the Pacific Ocean with the Atlantic Ocean. It is home to more species of birds and trees than all of North America. Discover its beautiful landscapes and rich culture as you travel throughout Panama. Visit Panama City, Casco Viejo, and cruise the canal.

Journey Through Maya Angelou's Life

Journey through Maya Angelo's life as we read her seven autobiographies in chronological order throughout 2020-2021. This ongoing program will include a showing of *I Know Why the Caged Bird Sings* and a trip to Winston-Salem, NC.

Ms. Angelou was born Marguerite Ann Johnson on April 4, 1928 and passed at the age of 86 on May 28, 2014. Maya Angelou was an author, poet, singer, actress, memoirist, screenwriter, dancer and civil right activist. Ms. Angelou lived in Winston-Salem, NC for 20 years. She moved there when a life-time position at the Reynolds Professor of American Studies at Wake Forest University was offered to her in 1981.

Maya Angelou wrote seven (7) autobiographies that span her life. The themes throughout these autobiographies include racism, identity, family, and travel. She is best known for her first autobiography, the critically acclaimed *I Know Why the Caged Bird Sings*.

Beginning with *I Know Why the Caged Bird Sings* and ending with her final autobiography, *Mom & Me & Mom*, Angelou uses the metaphor of a bird (which represents the confinement of racism and depression) struggling to escape its cage. Ms. Angelou's original goal in writing her autobiographies was to write about the lives of black women in America, but it evolved in her later volumes to document the ups and downs of her own personal and professional life.

I Know Why the Caged Bird Sings (1969) Describes Ms. Angelou's early years. This coming-of-age story illustrates how strength of character and a love of literature can help overcome racism and trauma.

Walnut Terrace Center

#256884 Mar 17 Tue 6:00pm-8:00pm

#256886 Mar 31 Tue 6:00pm-8:00pm Movie: *I Know Why the Caged Bird Sings*

Gather Together in My Name (1974) This book follows Angelou, called Rita, from the ages of 17 to 19. The book "depicts a single mother's slide down the social ladder into poverty and crime." The title of the book is taken from the Bible, but it also conveys how one black female lived in the white-dominated society of the U.S. following the Second World War.

Walnut Terrace Center

#256885 May 19 Tue 6:00pm-8:00pm

Singin' and Swingin' and Gettin' Merry Like Christmas (1976) Set between 1949 and 1955, this book spans Angelou's early twenties. In this volume, Angelou describes her struggles to support her young son, form meaningful relationships, and forge a successful career in the entertainment world.

Walnut Terrace Center

#256887 Aug 18 Tue 6:00pm-8:00pm

The Heart of a Woman (1981) Recounts events in Angelou's life between 1957 and 1962 and follows her travels to California, New York City, Cairo, and Ghana as she raises her teenage son, becomes a published author, becomes active in the civil rights movement, and becomes romantically involved with a South African anti-apartheid fighter. One of the most important themes of *The Heart of a Woman* is motherhood, as Angelou continues to raise her son. The book ends with her son leaving for college and Angelou looking forward to newfound independence and freedom.

Walnut Terrace Center

#256891 Nov 17 Tue 6:00pm-8:00pm

Read and Watch

If you are interested in going on a trip full of adventure, intrigue, love or sorrow without leaving your chair, this program centers around reading a book which has been made into a movie.

The Good Liar, Nicholas Searle

Roy is a conman living in a small English town, about to pull off his final con. He is going to meet and woo a beautiful woman and slip away with her life savings. Who is the man behind the con? What has he had to do to survive a life of lies? And who has paid the price? When Roy meets a wealthy widow online, he can hardly believe his luck. Just like Patricia Highsmith's Tom Ripley, Roy is a man who lives to deceive—and everything about Betty suggests she's an easy mark. He's confident that his scheme to swindle her will be a success. After all, he's done this before. Spanning almost a century, this stunning and suspenseful feat of storytelling interweaves the present with the past. Some things can never be forgotten. Or forgiven.

Anne Gordon Center

#255097 March 9 Mon 1:00pm-3:00pm

The Rosie Project, Graeme Simsion

An international sensation, this hilarious, feel-good novel is narrated by an oddly charming and socially challenged genetics professor on an unusual quest to find out if he is capable of true love. Don Tillman, professor of genetics, has never been on a second date. He is a man who can count all his friends on the fingers of one hand, whose lifelong difficulty with social rituals has convinced him that he is simply not wired for romance. When an acquaintance informs him that he would make a "wonderful" husband, his first reaction is shock, then he embarks upon "The Wife Project." Don sets out to find the perfect partner. She will be punctual and logical—most definitely not a barmaid, a smoker, a drinker, or a late-arriver. Rosie Jarman is all these things. She is also beguiling, fiery, intelligent—and on a quest of her own.

Anne Gordon Center

#255111 Oct 26 Mon 1:00pm-3:00pm

The Art of Racing in the Rain, Garth Stein

Enzo knows he is different from other dogs: a philosopher with a nearly human soul (and an obsession with opposable thumbs), he has educated himself by watching television extensively, and by listening very closely to the words of his master, Denny Swift, an up-and-coming race car driver. Through Denny, Enzo has gained tremendous insight into the human condition, and he sees that life, like racing, isn't simply about going fast. On the eve of his death, Enzo takes stock of his life, recalling all that he and his family have been through. A heart-wrenching but deeply funny and ultimately uplifting story of family, love, loyalty, and hope, *The Art of Racing in the Rain* is a beautifully crafted and captivating look at the wonders and absurdities of human life ... as only a dog could tell it.

Anne Gordon Center

#255112 Dec 14 Mon 1:00pm-3:00pm

- Pre-registration is required for all book discussions at least one week prior to the discussion date.
- Books can be checked out of the Wake County Library.
- Purchase books at Quail Ridge Book Store (4209-100 Lassiter Mill Rd, Raleigh) for a discount.

Read and Go

This is a book club with a twist. We read books written by NC authors or books based in NC, have a book discussion and then go on a trip based on the book. The author may be involved in the book discussion, trip planning and may participate in the trip with us. This program has become so popular that the authors are now contacting us to use their books.

Sandman, Tammy Bird

Katia Billings, EMT with the Emergency Medical Services of Buxton Beach, NC, is one of the first to respond after a hurricane rips through the small island community. As she helps search for survivors, she and her fellow responders discover a secret that will haunt Katia the rest of her life. Lurking beneath the sand dunes is an evil that no one suspected. A sandy grave not connected to the storm leads investigators to uncover the tomb of a serial killer, literally beneath their feet, hidden for years from the residents of the tight community. For Katia, it's personal because she knows one of the killer's victims. She enlists help from K-9 search expert Paige, and Katia's on-and-off lover, Zahra, to find the killer, dubbed Sandman, and stop him from killing again.

Anne Gordon Center

#255081 March 23 Mon 1:00pm-3:00pm

The Farmhouse Chef: Recipes and Stories from My Carolina Farm, Jamie Dement

Jamie DeMent opens a bright kitchen window onto the newest kind of North Carolina farming life. On fifty-five acres of beautiful Piedmont farmland in Hillsborough, North Carolina, DeMent and her family raise sustainably nurtured and sought-after heirloom varieties of produce and livestock. Every day on Coon Rock Farm, DeMent cooks robust, flavorful, satisfying meals for family, crew, and farm interns--and now you are invited to share the bounty. The Farmhouse Chef offers 150 recipes for every occasion, from down home to downright elegant, inspired by the farm's yield through the four seasons.

Anne Gordon Center

#255082 April 27 Mon 1:00pm-3:00pm

My Write to Right, Purnima (Mital) Gupta

A heartfelt memoir of the complicated dynamics of an Indian-American family. It is a vivid and poignant autobiographical reflection on the author's life, strength and sorrows as she navigates her complicated family life and yearns for a relationship with her grandchildren. After losing her relationship with her daughters to her divorce. First generation immigrants have struggled to establish themselves in the midst of interracial conflicts and little family support. Their children started out with an incomplete family picture, were raised in dual cultures and ended up split between wrongs and rights.

Anne Gordon Center

#255083 June 22 Mon 1:00pm-3:00pm

- Pre-registration is required for all book discussions at least one week prior to the discussion date.
- Books can be checked out of the Wake County Library.
- Purchase books at Quail Ridge Book Store (4209-100 Lassiter Mill Rd, Raleigh) for a discount.

Read and Go

The Summer Guests, Mary Alice Monroe

Late August is a beautiful time on the Southern coast—the peach trees are ripe, the ocean is warm, and the sweet tea is icy a perfect time to enjoy the rocking chairs on the porch. But beneath the calm surface bubbles a threat: it's also peak hurricane season. When a hurricane threatens the coasts of Florida and South Carolina, a group of evacuees flees for the farm of their friends Grace and Charles Phillips in North Carolina: the Phillips's daughter Moira and her rescue dogs, famed equestrian Javier Angel de la Cruz, makeup artist Hannah McLain, horse breeder Gerda Klug and her daughter Elise, and island resident Cara Rutledge. They bring with them only the few treasured possessions they can fit in their vehicles. Strangers to all but the Phillips, they must ride out the storm together. During one of the most challenging weeks of their lives, relationships are put to the test as the evacuees are forced to confront the unresolved issues they have with themselves and with each other. But as the storm passes, they realize that what really matters isn't what they brought with them to the mountains, it's what they'll take with them once they leave.

Anne Gordon Center

#255086 July 27 Mon 1:00pm-3:00pm

Murder in Rat Alley, Mark de Castrique

Iraq War veteran Sam Blackman with his prosthetic leg and his no-nonsense private eye partner Nakayla Robertson love their investigations which always carry a thread from the past--and they love each other. An interracial couple in the new South, the Asheville, NC pair has surrounded themselves with a terrific support team including an unorthodox lawyer and a veteran cop. They deploy humor both to bind them together and to deflect insults. Plus, it helps deal with the tragedies their work uncovers. Such a tragedy interrupts a meeting between the private eyes and the neighboring law office when a body is unearthed from the grounds of the nearby Pisgah Astronomical Research Institute, which during the Cold War, monitored developing space programs. Today it plays a vital role gathering weather and climate data. The body has been in the ground a long time. Why would its discovery spark off a new murder in Asheville's mountain music scene?

Anne Gordon Center

#255087 Aug 24 Mon 1:00pm-3:00pm

Die, Die Birdie (A Bird Lover's Mystery), J. R. Ripley aka Glenn Eric Meganck

For Amy Simms, hatching a birding shop in her hometown of Ruby Lake, North Carolina, hasn't exactly been a breeze. It's just days before Amy plans to open Birds & Bees on the first floor of her creaky Victorian house, but delayed shipments have prevented her from stocking her shelves. It doesn't help that Amy's best friend and business partner is out of town indefinitely. With locals skeptical about the niche shop taking flight, the last thing Amy needs now is a dead man in her storeroom—or for a crotchety tenant to catch her holding a bloody bird feeder hook over his body. As the lead murder suspect, and lacking a solid alibi, Amy delves into the victim's ugly past and around Ruby Lake for clues on his killer before she ends up like so many of her beloved feathery friends—trapped behind bars!

Anne Gordon Center

#255088 Sep 28 Mon 1:00pm-3:00pm

2020 Adult Program Yearly Trip Registration Form

☐ Raleigh Resident ☐ Non-resident Add \$15 to course. Non-resident fees do not apply to courses less than \$15

Participant #1

Last Name _____ First Name _____ DOB ____/____/____ ☐ Male ☐ Female

I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: _____

_____ I request ADA accommodation for the disability/medical condition listed. ☐ Yes ☐ No

Mailing Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ *Email _____

Emergency Contact Name _____ Phone _____

The City of Raleigh Parks, Recreation and Cultural Resources Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and will provide reasonable accommodations to facilitate participation in our programs. To ensure that reasonable accommodations are in place, program registration or accommodation request should be received at least two weeks prior to the start date of the program. For more information please contact Inclusion Services 919.996.2147

Pictures or video may be taken of participant for use in program publicity. ☐ Please check, if you do not approve

Registration Receipt: (for mail-in) I would like my receipt (please check one) ☐ emailed (valid email address required) ☐ printed/mailed

* By providing my email address I agree to receive email communication from Raleigh Parks, Recreation and Cultural Resources.

Registration

Participant #2

Last Name _____ First Name _____ DOB ____/____/____ ☐ Male ☐ Female

I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: _____

_____ I request ADA accommodation for the disability/medical condition listed. ☐ Yes ☐ No

Cell Phone _____ *Email _____

Non-Discrimination Policy

The policy of the City of Raleigh is, and shall be, to oppose any discrimination based on actual or perceived age, mental or physical disability, sex, religion, race, color, sexual orientation, gender identity or expression, familial or marital status, economic status, veteran status or national origin in any aspect of modern life. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with either the Director of Raleigh Parks, Recreation and Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240

Release, Indemnity, and Agreement Not to Sue

I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, and musculoskeletal injuries, among others. I choose for myself or for my child to participate in the selected programs despite the risks.

By signing the Program Registration form, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the teachers and supervisors of the program.

In return for the opportunity to participate in this program, I agree for myself and for my heirs, assigns, executors, and administrators to release, waive, and discharge any legal rights I may have to seek payment or relief of any kind from the City, its employees or its agents for injury, illness, or death resulting from this program. If I am registering a child for a program, I agree that I am a parent, legal guardian, or am otherwise responsible for the child whose application I am submitting and that I release, waive, and discharge any legal rights that I may assert on behalf of the child participation in the program. I also agree not to sue the City, its employees, or its agents and agree to indemnify the City for all claims, damages, losses, or expenses, including attorney's fees, if a suit is filed concerning an injury, illness, or death to me or to my child resulting from participation in the program.

By signing below, I acknowledge that I have read, understand, and agree to the City of Raleigh policies listed on this form.

**Signature is required to complete the registration process.*

By signing below, I acknowledge that this Release, Indemnity, and Agreement Not to Sue covers all 2020 Adult Program Trips and it is my responsibility to ensure any changes to my personal account and medical/dietary needs are updated.

Participant Signature _____ Date _____

Participant Signature _____ Date _____




Return by mail to: Walnut Terrace Center Adult Program
1256 McCauley Street, Suite 126
Raleigh NC 27601

Walk-In: Anne Gordon Center 1901 Spring Forest Road
Five Points Center 2000 Noble Road
Walnut Terrace Center 1256 McCauley Street,
Suite 126

City of Raleigh
Parks, Recreation and
Cultural Resources Departments
PO Box 590
Raleigh NC 27602
Seniors 6600

PRSRT
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Permit #813



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