



Raleigh  
Parks

# Afterschool X-Press

## Know Before You Go

We can't wait to see our participants this fall in our Afterschool program locations! We will be following additional safety precautions to ensure that participants and staff will have a fun, exceptional experience. Please read the following information to learn more about what we're doing to maintain a healthy environment and what you can do before your child comes to one of our afterschool program locations.

Please note: these protocols may change based on Centers for Disease Control (CDC) guidelines as well as guidance from federal, state, and local public health agencies.

### What To Bring

- Participants are required to bring labeled re-fillable water bottles.
- Participants are required to bring a facemask with them each day from home for use during the program. If you don't have a face mask, one will be provided for you.
- Raleigh Parks will provide information on proper use, removal, and washing of cloth face coverings to staff and participants.
- No food may be brought into the program to share with other participants. Programmed food experiences and program managed events, such as pizza parties, are exceptions.
- Participants can bring labeled items into program from school which may include the following: bookbag with school supplies, lunch container, a snack for the afterschool program, computer or tablet, headphones, earbuds, books or other items that can be used during designated program times. If electronic devices are used, participants should also use headphones or earbuds.
- All items are for individual use and should not be shared with other participants.

### Program Hours and Pick Up

- Afterschool program hours vary based upon program location beginning at school dismissal to 6:00 p.m. Program staff will coordinate the specific program entry process based upon location.
- Pick up protocol is specific to each program location.
- Participants will be required to complete wellness screenings prior to entry of a City of Raleigh Afterschool program. During the screening, a few short, basic questions are asked and a temperature check will be performed on participants using a touchless thermometer. Any participant that does not clear the screening will not be allowed to participate in the program. Screenings will, at minimum, be conducted daily upon entry into the program and may be conducted at additional times during the program. If a participant fails a screening during the program, parents will be contacted immediately for pick-up.
- Only City/School staff and participants may enter the program area.
- During Afterschool program hours, no other activities will take place in spaces designated for program use.



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### Program Activities

- Activities will include arts and crafts, active and quiet games, outdoor activities, physical activity, movies, cards and board games, and other activities based on site amenities.
- While we are making modifications for the safety of staff and participants - they will still be FUN!
- Participants will be assigned to a group, called a "household", upon arrival.
- Each household will be limited to 24 participants or less, and will be assigned to a home base.
- Activities have been modified so that any shared equipment will be used only by one household or sanitized between household use.
- Group contact will be limited to no more than two households.
- Locations with gymnasiums will be shared spaces allowing for active indoor recreation opportunities during the program. Households may alternate use of home base and gym spaces.
- Outside time will be scheduled as frequently as possible, weather permitting. This includes using picnic shelters or outside spaces for meal times and activities.
- Participants will not access playgrounds. This is subject to change based upon state and local guidelines.
- Group bathroom breaks and individual breaks will be provided.

### Example daily schedule for the Afterschool X-Press program

Schedules can be altered by site and as needed for program and weather conditions.

Time	Activity	Location
3:45-4:10	Program Entry/Temperature Check/Activity	Cafeteria/Multipurpose Room
4:10-4:40	Outside Recreation	Field (non-playground space)
4:40-5:00	Distanced Snack/Early HW Time	Cafeteria/Multipurpose Room
5:00-5:30	Project/HW/Gym (rotating)	Gym or Cafeteria
5:30-6:00	Active Games/Free Choice	Gym

### Homework

Raleigh Parks strives to provide designated time during the afternoon for participants to complete homework assignments whenever it is practical and scheduling permits. Raleigh Parks staff are not able to provide educational support to meet participant specific educational goals. Participants may use electronic devices for homework during designated homework times with the understanding that the City of Raleigh Parks, Recreation and Cultural Resources Department does not assume any responsibility for lost, stolen, broken or confiscated items. Electronic devices may only be used during designated homework times. Parents are also encouraged to provide our staff with any information that will help the participant access their course work.



### Additional Safety Measures

- Increased cleaning of group space, common areas, restrooms, high-touch areas like door handles and shared group equipment.
- A physical distance of at least 6 feet will be maintained as much as possible.
- Limited shared use items (ex; program supplies).
- Reminders to avoid touching others, including but not limited to handshakes, fist bumps, hugs, etc.
- Reminders to cover your mouth and nose when coughing or sneezing.
- Reminders to wash hands with soap and water upon arrival and frequently while in our program. This will include after sneezing, coughing, blowing nose, or contact with any other bodily fluid, after being outside, before and after meals, and after toileting.
- Each facility has identified space at the site that will serve as an isolation room. The purpose of this room is to remove any symptomatic staff or participant immediately from the rest of the staff and participants at the facility until they are able to leave the building. If a participant becomes symptomatic they will be removed to the isolation room and monitored by a staff member until the parent/guardian can arrive at the site.
- Staff members and participants will wear cloth face coverings except during strenuous activity. Participants who cannot wear a mask due to disability or medical condition should request an ADA accommodation as described in the ADA Accommodation Requests section.

Raleigh Parks will make every effort to operate afterschool programs through the remainder of the school year. There are circumstances that could force changes in location, closure of a site, closure of multiple sites or closure of the entire program including but not limited to direct COVID-19 exposure to participants and/or staff at a site, a spike in community spread or transmission in the Raleigh area, or staff shortages. Should circumstances force a closure, Raleigh Parks will communicate this information as quickly as possible. The Afterschool program is offered at various Wake County Public School System (WCPSS) facilities as well as City of Raleigh Facilities. The afterschool program will only operate while school is open. In the event of a school closure, the afterschool program will not operate at the location that has been closed.

### Eligibility Requirements

In accordance with program modifications and guidelines, the following participant eligibility requirements are in effect for all Raleigh Parks programs and services. All individuals must be able to:

1. Maintain a safe social distance of a minimum of six (6) feet from Raleigh Parks staff, volunteers, other participants, members of the general public, etc.
2. Perform all aspects of personal care, to include but not limited to toilet hygiene, bowel/bladder management, changing clothes, etc. independently of Raleigh Parks staff, volunteers or other participants.
3. Perform all aspects of eating or feeding independently of Raleigh Parks staff, volunteers or other participants.
4. Self-administer any routine medications or medical care needed during program participation, to include but not limited to placing medication in mouth, applying medicated patches, utilizing a rescue inhaler, checking blood glucose, testing blood/urine for ketones, etc. independently of Raleigh Parks staff, volunteers or other participants.

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Exception: utilizing appropriate personal protective equipment (PPE), as trained by a healthcare provider, Raleigh Parks staff will assist with administration of the following medications in an emergency situation only: Epinephrine injection for anaphylaxis, Glucagon, Diastat, etc. If emergency situations arise routinely and/or on multiple occasions, the participant may be dismissed from the program due to Raleigh Parks staff and resource limitations and recurring increased exposure risks.

5. Practice positive hygiene related to personal cleanliness (using tissues for sneezing/coughing) and handwashing, including the ability to wash hands for 20 seconds with soap and water and dry hands after washing, independently of physical assistance from Raleigh Parks staff, volunteers or other participants.
6. Self-manage behaviors and reactions to a variety of situations and environments that may elicit various physical and/or emotional responses without the physical intervention of Raleigh Parks staff or volunteers, or without physical contact with other participants.
7. Maintain specific proximity to the household and/or staff as designated without physical intervention of Raleigh Parks staff, volunteers or other participants.
8. Move safely in program environment, around facility and outdoor spaces on varied surfaces, on/off toilet, etc. without the physical assistance of Raleigh Parks staff, volunteers or other participants.
9. Communicate illness/symptoms/etc. of self or others to Raleigh Parks staff.
10. Understand that Raleigh Parks staff, volunteers or other participants age 11 or older will wear face coverings that cover the lower portion of the individual's face during activities/times that a safe social distance of 6 feet or more cannot be maintained.

Eligibility requirements will be applied to all Raleigh Parks programs and services until the recommendations related to COVID-19 have been removed or reduced. If an individual registered for a program demonstrates the inability to follow the requirements noted above, they may be removed from the program upon the first incident of violation and will not be allowed to return for the duration of the program. If the participant is removed, a parent/guardian will be expected to pick up immediately. The participant will be withdrawn from the program and a full refund for the remaining program dates will be granted.

## Confidentiality

North Carolina law prohibits PRCR Department staff from disclosing information that identifies an individual who has or may have a reportable communicable disease. This information is strictly confidential and is not a public record. In the event that a program participant or PRCR Department staff member is diagnosed with COVID-19 or other reportable communicable disease, the PRCR Department will notify the local health department or the state Department of Health and Human Services as appropriate. Further information may be disclosed only as allowed by North Carolina General Statutes section 130A-143. Individuals should contact Kathy Capps, Recreation Superintendent at 919-996-4836 with any questions regarding the Eligibility Requirements.

## ADA Accommodation Requests

Participants requesting ADA accommodations to participate in the program, should do so at the time of registration by selecting "yes" to ADA accommodations, or at any time by contacting Inclusion Services at 919.996.2147 or via email at [SRIS@raleighnc.gov](mailto:SRIS@raleighnc.gov). Participants may disclose specific disability and/or medical information at the time of registration to assist program staff in best meeting the needs of the camper. Due to operational guidelines and Safety Measures outlined above, as related to COVID-19, Raleigh Parks may not be able to offer specific accommodations and supports to assist participants in meeting the Eligibility Requirements. Accommodations or supports provided will be done so during the recreation program components only. Please contact Inclusion Services directly to discuss your camper's support needs, and the available accommodations under our current operational guidelines.