

Brier Creek Community Center

Newsletter Winter/Spring 2020



Youth Programs

Fitness - Soccer

G-O-O-OA-L! This class will help develop the fundamentals of soccer, including passing, dribbling, shooting and defense. Class will help develop hand-eye coordination, listening skills, good sportsmanship and teamwork!

Instructor: Ross Osborn, BS Elementary Education.

Ages 5-8 Thursdays 4:45pm-5:30pm

#248863	Mar 12-Apr 2	\$40
#248862	Apr 9-30	\$40

Ages 9-12 Thursdays 5:30pm-6:15pm

#248858	Mar 12-Apr 2	\$40
#248859	Apr 9-30	\$40

**Class located at multi-purpose field #1*



****The Great Egg Scramble****

Ages: 10 & Under April 4

Free family fun event with a new fun fitness twist! Hop over to Brier Creek Community Center and enjoy a light breakfast with bunny, crafts and fun fitness stations. Breakfast starts at 10am with egg hunts following at 11am sharp.

No pre-registration required!

#251374 **10am**

Dance- Bollywood Kids

Learn a creative fusion of dance movements based on energetic Indian classical and folk dances fused with Hip Hop, Jazz, Latin and contemporary styles. Instructor: Priya Chellani, Indigo Dance Evolution Academy. Class meets 6 weeks.

Ages 4-7 Saturdays 10:30am-11:15am

#251114	Jan 11-Feb 25	\$60
#251112	Feb 22-Mar 28	\$60

Ages 8-11 Saturdays 11:15am-12:00pm

#251115	Jan 11-Feb 25	\$60
#251113	Feb 22-Mar 28	\$60

Introduction to Guitar **NEW**

Have you ever wanted to play guitar? Now is the time! In this class you will learn the parts of a guitar, basic chords, notes and fundamental skills such as tuning and restringing a guitar. Please bring your own guitar or can rent one from instructor for \$40 for all four classes.

Instructor: Ross Osborn, BS Elementary Education

Ages 9-13 Tuesdays 5:00-5:30pm

#248868	Jan 7-28	\$80
#248869	Feb 4-25	\$80
#248870	Mar 3-24	\$80
#248871	Mar 31-Apr 31	\$80



PARKS, RECREATION
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RESOURCES

Brier Creek Community Center
10810 Globe Road
Raleigh, NC 27617
919-420-2340
brier.creek@raleighnc.gov



Youth (continued)

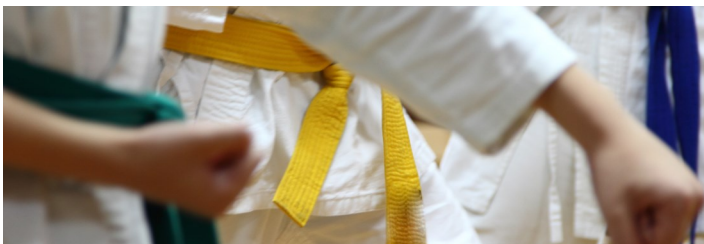
Raleigh Rockets Track Club Ages 7-12

Interested in Track and Field? Raleigh Rockets is a recreational track and field program developed to introduce young athletes to this sport rich in tradition and history. The program combines technical development and fundamental techniques with safety and a major focus on fun! We want to inspire athletes to have a love for running and be active! Participants will have weekly practice sessions at team sites as well as opportunities to put it all together in fun-filled track meets and competitions. T-shirts provided.

***Registration open until spots filled**

Fee: \$25

Brier Creek team: #248603



Karate with Sensei Martin

Ages 6+ Thursdays

Traditional Okinawan Karate, focused on self-defense and quick movements to avoid violence. Suitable for all ages and abilities. Great for fitness, fun and building self-confidence. Kobudo is the traditional weapons like Bo, Sai, Tonfa and is taught separately. **Students will be required to purchase a gradebook (\$20), patch (\$10) and uniform (\$50) if they wish to grade. Grading starts at \$25 and additional fees paid to instructor.*

Instructor Sensei Ben Martin

6-6:45pm Beginners Ages 6+

#248872	Jan 9-30	\$40
#248874	Feb 6-27	\$40
#248876	Mar 5-26	\$40
#248878	Apr 2-23	\$40

7-7:45pm Advanced Ages 12+

#248873	Jan 9-30	\$40
#248875	Feb 6-27	\$40
#248877	Mar 5-26	\$40
#248879	Apr 2-23	\$40

Adults



Brier Creek Senior Club

Age 55+ Tuesdays 10:15am-12:15pm

Join us at Brier Creek for a morning of fun.

Adults 55 and older can come together for socializing and game options like bingo, bridge, chess and more!

Jan 7-April 21

\$15 pass #249048 / \$2 Drop-In #253483

Yoga at Brier Creek **NEW**

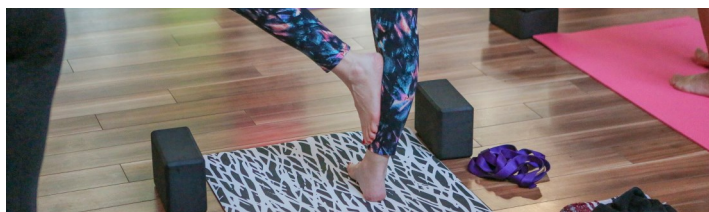
Ages 18+ Tuesday 6:45-7:45pm

Come and discover the benefits of Yoga. It is very effective for stress reduction and relaxation. Stretch and find balance greater strength and overall well-being. This class will focus on where you are with your body with gentle healing positions. Bring a yoga mat to class.

Instructor: Louisa Kemmer

6 week session:

#251150	Jan 7-Feb 11	\$40
#251151	Feb 18-Mar 24	\$40
#251152	Mar 31-May 5	\$40
#253485	Drop-In	\$10



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Adults *(continued)*

Exercise Fitness Center

Ages 18+

Check out fitness rooms around the city! Take advantage of a variety of cardiovascular and strength-training equipment and get into shape. Fitness rooms will be open during normal center operating hours. Participants must be 18 years or older. Please see staff for additional information.

Fit Pass: 30 Day Fit Pass \$15

\$5 Drop-In #246286

#250140 January

#250142 February

#250143 March

#250145 April

#250146 Six-Month

**City-wide memberships available*

Membership \$75



Dance Xross Fitness at the Creek

Ages 18+ Wednesday/Friday Jan 8-Apr 29

This is an intermediate to advanced level fitness class for the active adult. This fun, high-energy class is geared toward active older adults and combines dance fitness, kickboxing moves, strength training and soul line dancing.

Instructor: Linda Thomas

Pass sold: **\$5 Drop-In # 251159 OR**

30 Day Fitness Pass \$15

Wednesday 9:30-10:30am

Friday 11:30am-12:30pm



Super AB Double Black Belt Class **NEW**

Ages 13+ Mondays 7:15-8:00pm

This 45 minute fitness class is broken into 25 minutes of cardio, 10 minutes of kickboxing and 10 minutes of self defense moves. Class promotes cardio fitness, toning, ab work, and weight loss.

Instructor: Grandmaster Ronald Harris, Sr.

Fee: \$48 resident/\$63 non-resident (4 classes)

#256821 Jan 27-Feb 17

#256822 Feb 24-Mar 16

#256823 Mar 23-Apr 13

#256824 Apr 20-May 11



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Adults (continued)



Bollywood Dance Fitness

Ages 13+ Tuesday 7:45-8:30pm

Bollywood is a fusion of dance styles based on traditional Indian dances blended with world elements. Energetic routines are taught in this class to inculcate rhythm, fitness and a sense of achievement as you are guided in rhythmic cardio fitness under the personal attention of Priya Chellani. Each participant discovers hidden strengths while working out to up-beat Bollywood music! Get the exercise you need to be healthily engaged throughout the year.

6 Classes

#251177	Jan 14-Feb 18	\$30
#251176	Feb 25-Mar 31	\$30

Pickleball

Ages 18+ Jan 5-Apr 28

It's a combination of tennis, badminton and table tennis that is fast-paced, easy to learn, great exercise and great fun! Session pass is valid for all indoor Pickleball courts.

Brier Creek Court Time:

Monday 6:30-8:45pm (March/April only)

Sundays 3-5:45pm

#253489 \$2 Drop-In

#250251 \$10 pass

Contemporary Beginning Line Dance

Ages 18+ Wednesday 6-8pm

Come and join this beginner line dance class and learn fun dances to all kinds of music; pop, western and oldies. Line dancing is a great way to keep active and have fun!

6-6:30pm Beginner class-great way to start

6:30-7:30pm Beginners class-build on your knowledge

7:30-8pm Beginner plus class-work on more challenging dances at an advanced level.

Experience is necessary.

Instructor: Jackie Wheeler **Jan 8-Apr 29**

\$2 Drop-in #251122 or \$10 pass #251121

Crochet for Beginners

Ages 6+ Monday 11am-12pm

Learn the basics of crocheting while meeting a new circle of friends. Use your new found crocheting skills to make gifts for friends and family. Supplies needed:

Susan Bates 8 or H-Hook, yarn and scissors.

Pre-registration required. (no class Jan. 20)

Instructor: Kim Roberto

#253484	Drop-In	\$5
#248864	Jan 6-27	\$15
#248865	Feb 3-24	\$20
#248866	Mar 2-23	\$20
#248867	Mar 30-Apr 27	\$20





Adults (continued)



Table Tennis Ages

Ages 18+ Fridays 5:45pm-8:30pm

Come join Friday evenings of fun and competition playing table tennis. All levels and ages are welcome and encouraged to play.

\$15 membership #251202 Jan 3-April 25

\$5 Drop-In #251203

English as a Second Language (ESL) Clases de Ingles **Ages 18+**

These beginner-level classes are designed for people who use a primary language other than English and are interested in learning important skills to communicate in English. Estas clases se ofrecen a niveles en aprender terminus basicos para poder comunicarse en el idioma ingles.

Wednesdays 7-8:30pm

Free!

#249324

Jan 22-Feb 26

FREE

#249325

Mar 18-Apr 22

FREE



Athletics Registration Dates

Youth:

January 20-31 Youth Lacrosse

February 3-14 Youth Baseball & Softball

**Online registration offered.*

March 14 MLB Pitch, Hit & Run (ages 7-14)

Adult:

February 17-20 Adult Softball

March 3-7 Spring Baseball

March 9-12 Spring Kickball

919.996.6836, athletics@raleighnc.gov

401 Wade Avenue, Raleigh, NC 27607



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Digital Inclusions

Apple Laptop Basics 1 Ages 18+ Jan 6 & 13

Prerequisite: Must know your Apple ID and Password and bring it to class. You *must* bring your **own** Apple laptop to class. This course is for beginners or new users who are just starting off using an Apple laptop. Objectives: Students will be introduced to the basics of Internet usage; how to connect to WiFi; Web Surfing and saving your favorite websites using the web browser Safari; know the weather at all times using the Weather App; learn how to Shut Down and Restart; plus, how to utilize gestures and adjust some system preferences.

3 - 4:30pm #251427 Fee: \$12

Apple Laptop Basics 2 Ages 18+ Feb 3 & 10

Prerequisite: Must know your Apple ID and Password and bring it to class. You *must* bring your **own** Apple laptop to class. This course is for beginners or new users who are just starting off using an Apple laptop. Objectives: Students will be introduced to Pages which is Apple's version of Microsoft Word. Learn how to simply create a document; save the document; create a folder; and delete files while using Pages. We cover a multitude of quick key commands and multiple ways to handle, copy, and move files.

3 - 4:30pm #251431 Fee: \$12

Cutting the Cord Ages 18+ April 6 & 13

'Cutting the Cord' is a phrase that you hear a lot. Often it is associated with steps to lower your television or cable bill. But what does it actually mean and how would you even begin? In this class we will look at how television entertainment is evolving onto different types of platforms: cable, satellite, antenna, and online. Learn the steps some people are taking to 'cutting the cord'. But at the end of the day are you really cutting the cord or simply paying for television on a different platform?

3 - 4:30pm #251482 Fee: \$12

Apple Time Machine: How to back up your Apple Computer Ages 18+ March 2

Prerequisite: Must know your Apple ID and Password and bring it to class. You must bring your own Apple laptop to class. One will not be provided for you. Apple's Time Machine is a backup software application that allows you to back up EVERYTHING on your Apple laptop. If you have an Apple computer then you already have Time Machine. But are you using it? Distributed as part of macOS, desktop operating system developed by Apple. The software is designed to work with AirPort Time Capsule, the Wi-Fi router with built-in hard disk, as well as other internal and external disk drives. In this class I will show you how to use Time Machine to back up your computer to an external hard drive. In addition to Time Machine, you will also learn how to create disk image as well as a boot disk.

3 - 5pm #251436 Fee: \$6

Chromecast Basics 1 Ages 18+ March 16

What exactly is a Google Chromecast? You've probably seen boxes of them at the stores. They can stream things to your television. And they can make a dumb tv smart. So how does it work? Join us as we dive into Google Chromecast and show you all of its features for free. And get a better understanding of what it means to stream! There are no prerequisites for this class. However if you are interested in more information about cable television options please check out our more detailed Cutting the Cord class.

3 - 4:30pm #251473 FREE!

iCloud for Apple Laptops Ages 18+ March 9

Prerequisite: Must know your Apple ID and Password and bring it to class. You must bring your own Apple laptop to class. One will not be provided for you. In this class you will learn how to set up your iCloud for your Apple Laptop. The iCloud service allows users to securely store photos, videos, documents, apps, music and so much more! It also lets you sync multiple devices, including your iPad, iPhone, iPod. The iCloud is your virtual hard drive that is always accessible with an internet connection. This class will show you how to set and use the iCloud.

3 - 5pm #251433 Fee: \$6

Rental Information



Outdoor Shelter

Rental Rate: \$20 per hour (2 hour minimum)

Capacity: 80

Attributes: 8 tables, charcoal grill

**Add multi-purpose field at \$35 per hour*

**Inflatables prohibited without approval*

**Alcohol is prohibited*



Art Room (large room)

Rental Rate: \$65 per hour (2 hour minimum)

Capacity: 49

Square Feet: 950

Attributes: mirror, chairs, tables, dry erase board w/pull down screen



A/B Room (extra large room)

Rental Rate: \$75 (2 hour minimum)

Capacity: 99

Square Ft: 1988

Attributes: mirror, chairs, tables, dry erase board w/pull down screen



Gymnasium

Rental Rate: \$85 per hour (2 hour minimum)

Maximum Capacity: 768

Attributes: Air conditioning, rubber flooring, basketball goals, bleachers



Warming Kitchen

Rental Rate: \$25 per hour (2 hour minimum)

Attributes: microwave, refrigerator, stove, oven, connects to A/B room with serving counter.

General rental fees

Non-refundable application fee: \$15

Security/Damage Deposit: \$100

Supervisory Fee: \$20/hour (before/after center operation hours)

**Patrons may reserve four (4) months in advance.*

To start application process: call 919-420-2340 or
email brier.creek@raleighnc.gov