BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF APRIL 21ST – APRIL 25TH, 2025

WELCOME TO Track 3 & 4'S ESS-CELLENT ESS-STRA DAY AND SPRING TRAINING WEEK!

| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:15 | 11:15-12:00 | 12:00-12:30 | 12:30-1:00 | 1:00-1:30 | 1:30-3:00 | 3:00-3:40 | 3:40-6:00 |
|---------------------------------------|--------------------------|-------------------|-----------------|---------------|--|-----------------------------|---------------|---|----------------------------|------------------|--------------|----------------------|
| Tiny Tweeters | Merge | | A.M. | | Peep Houses | Partner Catch Up | | Bunny Hunt Binoculars | Sideline Soccer | Bunny Hunt | Bead Time | Merge with ASX |
| Sub- Woofers | with BSX | Snack | Choices | Assembly | Partner Catch Up | Peep Houses | Lunch | Sideline Soccer | Bunny Hunt Binoculars | | | |
| uesday, | April 22 nd : | WELCOME | TO SPRING | TRAINING | WEEK! TRAC | K 4 RETURN | IS TO SCHO | DOL! | | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30- | 12:00 | 12:00-12:30 | 12:30-1:15 | 1:15-2:00 | 2:00-3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with | | | Dance & C | CHOICES: Dance & Gymnastic Routines | | Gator Island | Team Spirit Sticks | Soccer & Field | Bead | Merge | |
| Sub- Woofers | BSX | Snack | Choices | Assembly | Back-Wall Dodgeball Lego Sports Arena Design | | Lunch | Team Spirit Sticks | Gator Island | Hockey Clinic | Time | with ASX |
| Vednesd | ay, April 2 | 3 rd : | | | | | | | | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:15 | 11:15-12:00 | 12:00-12:30 | 12:30-1:15 | 1:15-2:00 | 2:00-3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | N A | Snack | A.M. Choices | Assembly | Finger Skate Park Design | Trashket Ball | Lunch | Cracker Jacks Trail Mix | Sideline Soccer | Wiffle Ball | Bead Time | Merge with ASX |
| Sub- Woofers | BSX | | | | Trashket Ball | Finger Skate Park Design | Lanon | Sideline Soccer | Cracker Jacks Trail Mix | Clinic | | |
| Γhursday | , April 24 th | : Field | Trip: Buffal | oe Road Aq | uatics Center! | Bring your s | swimsuit, tov | vel & bag! 🚟 | | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-9:30 | 9:30 |)-10:45 | 10:45-11:30 | , | 3:00-3:45 | 3:45-6:00 | | | |
| Tiny Tweeters | Merge with | Snack | Assembly | Leaf Tr | DICES: ansfer Art Games | Lunch Part I | | ld Trip: Buffaloe Departing Brie Time at Location | Lunch Part II & | Merge with | | |
| Sub- Woofers | BSX | | | | e Patio ote Active | | | Chill Zone | ASX | | | |
| Friday, A | oril 25 th : | Dress U | n Dav: Dres | s for Field G | ames or Repr | esent Your Fa | vorite Team | 1 🔐 | | | | |
| , , , , , , , , , , , , , , , , , , , | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:15 | 11:15-12:00 | 12:00-12:30 | 12:30-1:15 | 1:15 | -3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with BSX | Snack | A.M. Choices | Assembly | D.Y.O Stats Cards | Mini Games D.Y.O Stats | Lunch | Pep Rally & Poster Making! | FIELD TOURNAMENT | | Bead Time | Merge with ASX |

BRIER CREEK TRACK OUT X-PRESS PROGRAM - TRACK 3 WEEK OF APRIL 28TH - MAY 2ND, 2025

WELCOME TO SHOW YOUR COLORS WEEK!

| Monday April 28th | WELCOME TO SHOW YOUR COLORS WEL | 5K1 |
|---------------------|----------------------------------|---------|
| WOULDAY, ADITI ZO . | TYPE BOOK IN AND THE TOPE OF THE | . 100.1 |

| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:15 | 11:15-12:00 | 12:00-12:30 | 12:30-1:15 | | 1:15-2:00 | 2:00-2:30 | 2:30-3:00 | 3:00-3:40 | 3:40-6:00 |
|--------------------------|--------------------------|-----------------------|-----------------------|--------------|--|--|----------------------------|---------------------|----------------|---------------------|-----------------------------------|--|--------------|----------------------|
| | 7.00 0.43 | 0.40 0.10 | 3.13-10.13 | 10.15 10.50 | | | 12.00 12.00 | | | 1.10 2.00 | | 2.00 0.00 | 0.00 0.10 | 0.40 0.00 |
| Tiny Tweeters | Merge with | Snack | A.M. | Assembly | Color Match Terminator | Fancy Twirlers | Lunch | Tie Dye T-Shirts | | Color Hike | Hidden Gems | Dragon Tails | Bead | Merge with |
| Sub- Woofers | BSX | Silack | Choices | | Fancy Twirlers | Color Match Terminator | Luncii | Color | Hike | Tie Dye T-Shirts | Dragon Tails | Hidden Gems | Time | ASX |
| uesday, | April 29 th : | | | | | | | | | | | | | |
| - | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:15 | :30-11:15 11:15-12:00 1 | | 2:30 | 12:30-1:15 | | 1:15-2:00 2:00-3:00 | | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with | Chaok | A.M. | Assembly | Color Mosaics | Rainboy Road Rad | es | Grow Rainb | | | | CHOICES: Mini Maypoles Catch a Color | Bead | Merge |
| Sub- Woofers | BSX | Snack | Choices | | Rainbow Road Races | Color Mosaics | Lunc | in . | Ballo Bambo | _ | Growing ainbows | Dodgeball -Lego Challenges | Time | with ASX |
| Vednesd | av. April 30 | O th : Fie | ld Trip: Go | Ape @ Blue | Jav Point Pa | rk! Wear Y | our BLUE | Trip Sh | nirt & Cl | LOSED-TO | ED SHOES! | = | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | | Jay Point Park! Wear Your BLUE Trip Shirt & CLOSED-TOED SHOES! | | | | | | | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters Sub- | Merge with BSX | Snack | A.M. Choices | Assembly | Field Trip: Go Ape @ Blue Jay Point Park Departing Brier Creek: 11:00am Time at Location: 11:30am-2:30pm Lunch at Blue Jay Point Park | | | | | | | | Bead Time | Merge with ASX |
| Woofers | | | | | | Return to Brier Creek: 3:00pm | | | | | | | | |
| hursdav | , May 1 st : | Field Tu | rin: TriGolf! | l Wear vour | BLUE Trip S | hirt! | | | | | | | | |
| <u>.</u> | 7:00-8:15 | 8:15-8:45 | 8:45-10:30 | 10:30-10:45 | | 10:45-12:4 | 5 | | 12:45-1 | 1:30 1 | 1:30-2:15 | 2:15-3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with | Snack | A.M. | Assembly | Field Trip: TriGolf Departing Brier Creek: 10:45am | | | | | IV | lor Wheel linute to Win its | Paper Chain Art | Bead | Merge with |
| Sub- Woofers | BSX | | Choices | Addembly | | ocation: 11:0 to Brier Cree | 0am-12:30pr ek: 12:45pm | n | Lunch | | per Chain Art | Color Wheel Minute to Win its | Time | ASX |
| riday, M | av 2 nd : 🗍 | Dress Up | Dav: Wear | vour Tie-Dve | OR an outfi | t that can g | et messv! V | Vear a | hat to | protect voi | ur hair! 📅 | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:30 | 11:30-12:0 | | | 1:15-1 | | 1:45-2:15 | 2:15-3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with | Snack | Snack A.M. Choices | Ι Δεεδωνίν | COLOR RUN | Clean Up | & Lunc | h | Kidz V | /OTE | ıze Bead Friday | POPSICLES PARTY | Bead | Merge |
| Sub- Woofers | BSX | | | | & Changing THRIVE | | g Lanc | Fuze I Frid | | K | lidz Vote | ON THE PATIO | Time | with ASX |

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF MAY 5TH - MAY 9TH, 2025 Welcome to BC's Got Talent Week!

| Monday, | May 5 th : q | Welcome | to BCs | Got Taler | t Week! | | | | | | | | | |
|--------------------------|--------------------------------|---------------------------------|--------------------------------|----------------|-----------------|------------------|---|----------------|----------------------------------|-------------------|--------------------|-----------------|-------------------------------|----------------------|
| | 7:00-8:45 | 8:45-9:15 | 9:15-10:15 | 10:15-10:30 | 10:30-11:15 | 11:15-12:00 | 12:00-12:3 | 0 12:3 | 30-1:30 | 1:30-2:30 | | 2:30-3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge | Snack | A.M. | Accombly | Prop Pretend | Song Rela | y Lunch | | DIY Stages & Theatre Coloring | | Kids Vote | Talent | Bead Time | Merge with ASX |
| Sub- Woofers | with BSX | Snack | Choices | Assembly | Song Relay | Prop | | Terminator | Kids Vote | DIY St Theatre | ages & Coloring | Show Sign-Up | | |
| Гuesday, | May 6 th : | Field | Гrip: Kaled | dium in Wir | ston-Salen | n! Wear y | our BLUE 1 | rip Shirt & b | oring a dispo | sable bagg | jed lunch | & water bot | tle! 🖽 | |
| | 7:00-8:00 | | | | | | | :30-3:30 | | | | | | 3:30-6:00 |
| Tiny Tweeters Sub- | Merge with BSX | Time at Location: 9:30am-1:30pm | | | | | | | | | | | | Merge with ASX |
| Woofers | Box | | | | | | | ier Creek: 3:3 | 0pm | | | | | ποπ |
| Wednesd | ay, May 7 ^t | h. | | | | | | | | | | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10 | :15 10:15-1 | 0:30 10:30 |)-11:15 | 11:15-12:00 | 12:00-12:30 | 12:30-1:15 | 1:15-2 | 2:00 | 2:00-3:00 | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with | | Snack A.M | | embly Rec | ckin' cords | Celebrity Blasters | Lunch | Pie Pan Tambourine | Steal Box O | | TALENT SHOW | Turning in Beads Part I | Merge with ASX |
| Sub- Woofers | BSX | Silack | Choic | | | ebrity sters | Rockin' Records | | Steal the Box Office | Pie F Tambou | | RACTICE | | |
| Thursday | , May 8 th : | Field | Trip: Pull | en Park! V | Vear your B | LUE Trip | Shirt! 🖽 | | | | | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10 | :30 10:30-1 | 1:00 11:00 |)-11:30 | 11:30-2:30 2:30-3:00 3:0 | | | | | | | 3:40-6:00 |
| Tiny Tweeters | Merge with | Snack | TALER SHOV PRACT -OR- | V ICE Assen | | nch art I | Field Trip: Pullen Park Departing Brier Creek: 11:30am Time at Location: 12:00pm-2:00pm Lunch Part II | | | | | | | Merge with |
| Sub- Woofers | BSX | | A.M. CHOIC | | 1 6 | | | | er Creek: 2:30 | • | | raitii | Part II | ASX |
| Friday, M | ay 9 th : | | | | · | | | | | | | | | |
| | 7:00-8:45 | 8:45-9:15 | 9:15-10 | :15 10:15-1 | 0:30 10:30 | 0-11:15 | 11:15-12:00 | 12:00-12:30 | 12:30-1:15 | | 1:15-3:00 |) | 3:00-3:40 | 3:40-6:00 |
| Tiny Tweeters | Merge with | | Snack A.M. | M. Assen | Dance | ss Up e Party | Kidz Vote Active | Lunch | Talent Shov Practice & | TALENT | | | Talent Show Clean-Up | Merge with ASX |
| Sub- Woofers | BSX | Onack | Choic | es Assem | Kidz | | Dress Up ance Party | Lunon | Decorating | | | HOW | | |
| ARTS | / CRAFTS | FOOD | EXPERIENC | DE DA | NCE / DRAMA | / MOVEMEN | T FIEL | D TRIP | CLINIC / SPECI | ALIST | SCIENCE / | NATURE | SPECIAL | ACTIVITY |

Brier Creek Track Out

Track 3 | Week 1 -

Track 3 & 4's Egg-Cellent Egg-Stra Day AND Spring Training Week



Weekly Program Information!

Welcome to 'Track 3 & 4's Egg-Cellent Egg-Stra Day' AND 'Spring Training' Week!

TRACK 4 returns to school on Tuesday, April 22nd.

Field Trip: Buffaloe Road Aquatic Center

5908 Buffaloe Road, Raleigh, NC, 27616 919-996-5600

Participants will be visiting a City of Raleigh swimming pool facility! Please pack a bathing suit and towel for all pool trips. Children are permitted to wear flip-flops to and from the pool ONLY. A swimming test will be administered for EVERY participant. If a child does not take the swim test or does not pass the test, they will be required to wear a lifejacket. Participants who pass the swim test will be required to wear a GREEN wristband (GREEN=GO).

Dress-Up Day(s)

Friday: Dress for Field Games or Represent your Favorite Team!

Brier Creek Track Out X-Press 919-996-3304

Program Manager: Autumn Tate

Assistant Program Manager: Adrian Starks **Assistant Program Manager:** Justin Jones

Reminders

Things to Bring

- Play Clothes
- 1 Lunch
- 2 Snacks
- Water Bottle

Things NOT to Bring

- Jewelry
- Electronic Devices
- Weapons
- Toys from Home

Special Guests

 No additional money is needed for any special guests

*Remember your

GREEN & WHITE key
tag or Photo ID when
picking up participants*

Brier Creek Track Out Track 3 | Week 2 - Show Your Colors Week



Weekly Program Information!

Welcome to 'Show Your Colors' Week!

Field Trip: Go Ape

3200 Pleasant Union Church Road, Raleigh, NC, 27614 919-216-4635

Participants will get to experience nature and the outdoors in a fun, new way on a ropes course among the trees! Staff will accompany Participants on an introduction-level ropes course located within Blue Jay Point Park. This trip will require a waiver to be signed by each child's Parent/Guardian and Participants must wear shoes that are both closed-toe & closed-heel.

Field Trip: TriGolf

12201 Leesville Road, Raleigh, NC, 27613

919-838-7200

TriGolf is home to the First Tee of the Triangle program where enthusiastic coaches teach the skills of golf to youth of all ages and abilities. Their caring staff provide a fun and safe environment for helping to develop confidence and life skills through the game of golf! Participants will have the opportunity to learn basic golf skills through a beginner lesson, as well as a series of fun, interactive activities! Participants should wear comfortable clothing & closed-toe shoes.

Dress-Up Day(s)

Friday: Wear your Tie-Dye OR an outfit that can get messy! Wear a hat to protect your hair!

Brier Creek Track Out X-Press 919-996-3304

Program Manager: Autumn Tate

Assistant Program Manager: Adrian Starks **Assistant Program Manager:** Justin Jones

Reminders

Things to Bring

- Play Clothes
- 1 Lunch
- 2 Snacks
- Water Bottle

Things NOT to Bring

- Jewelry
- Electronic Devices
- Weapons
- Toys from Home

Special Guests

 No additional money is needed for any special guests

*Remember your

GREEN & WHITE key
tag or Photo ID when
picking up participants*

Brier Creek Track Out Track 3 | Week 3 - BC's Got Talent Week



Weekly Program Information!

Welcome to 'BC's Got Talent' Week!

Field Trip: Kaledium (Winston-Salem)

120 West 3rd Street, Winston-Salem, NC, 27101

336-767-6730

Participants will spend the day exploring the Kaledium Museum where they will experience a world of exploration and adventure through play and learning. Admission includes access to Museum exhibits where opportunities abound to learn about the wonders of the natural world, outer space, human biology, technology & science through a variety of hands-on exhibits and interactive displays. Lunch will be eaten at Kaledium, so participants should pack a bagged lunch and snacks that can travel and do NOT need refrigeration!

Field Trip: Pullen Park

520 Ashe Avenue, Raleigh, NC, 27606

919-996-6468

At Pullen Park, Participants will get to ride the old-fashioned Carousel and replica C.P. Huntington Train and will have unlimited access to the various Park & playground areas!

Dress-Up Day(s)

Friday: Talent Show Day!

Brier Creek Track Out X-Press 919-996-3304

Program Manager: Autumn Tate

Assistant Program Manager: Adrian Starks **Assistant Program Manager:** Justin Jones

Reminders

Things to Bring

- Play Clothes
- 1 Lunch
- 2 Snacks
- Water Bottle

Things NOT to Bring

- Jewelry
- Electronic Devices
- Weapons
- Toys from Home

Special Guests

 No additional money is needed for any special guests

*Remember your

GREEN & WHITE key
tag or Photo ID when
picking up participants*