BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF JULY 7TH – JULY 11TH, 2025

WELCOME TO INTO THE CREEK WEEK!

	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:15	11:15-12	2:00 12:0	0-12:30	12:30-1:00	1:00-1:30	1:30-2:15	2:15-3:00	3:00-3:40	3:40-6:0
Tiny Tweeters	Merge	Speek	A.M.		Nature Journals & Bookmark		_	unch	Fire Tende	Who Did It? Camp Fire Mode	Kindhoee	Cactus Tag	Bead	Merge
Sub- Woofers	with BSX	Snack	Choices	Assembly	Camouflag	e Journal	Nature Journals & Bookmarks		Who Did It Camp Fire Mode		r Cactus Tag	Kindness Rocks	Time	with ASX
uesday,	July 8 th :	Field Tri	p: Greensb	oro Science	Center!	Don't forg	et to wea	ar your l	BLUE field	d trip T-Shirt!	=			
	7:00-8:00	Field Trip: Greensboro Science Center! Don't forget to wear your BLUE field trip T-Shirt!										3:00-3:40	3:40-6:0	
Tiny Tweeters Sub-	Merge with BSX		Field Trip: Greensboro Science Center Departing Brier Creek: 8:00am Time at Location: 9:30am-1:30pm								Chill Zone	Merge with ASX		
Woofers	ВЗХ		Return to Brier Creek: 3:00pm											ASA
Vednesd	ay, July 9 th	☆☆ ': ✿ Spe	cial Guest:	City of Rale	eigh Wellne	ess Specia	ជ់ alist! ≄ំ							
	7:00-8:45	8:45-9:00	9:00-10:1			1:15-12:00	12:00-12:	30 12:	30-1:00	1:00-1:30	1:30-2:15	2:15-3:00	3:00-3:40	3:40-6:0
Tiny Tweeters	Merge with	Snack	Specialist Clu (9:00-10:00) Sand		lening ub & d Art	Tent Tag	Lunch		Making Clinic H	Hungry, lungry Hippos	Camping Zookeeper Tag		Bead	Merge with
Sub- Woofers	BSX		Gardenin Club & Sand Ar	Spec	lellness cialist i-11:15)	Tent rag	Lunch		ungry, ry Hippos	Map Making Clinic	Zookeeper Tag	MYO Camping Lanterns	Time	ASX
hursday	, July 10 th :	Field	Trip: Ridge	Road Pool!	Bring you	ır Swimsu	ıit & Tow	el! 📟						
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:	15 11:1	5-12:00	12:00-12	2:45	12:45-2:50			2:50-3:40	3:40-6:0
Tiny Tweeters	Merge with	Snack	A.M.	Assembly	Clay Impressions Riv		r Relay	Lunch Changin		Field Trip: Ridge Road Pool Departing Brier Creek: 12:45pm Time at Location: 1:00pm-2:15pm			Bead Time &	Merge with
Sub- Woofers	BSX	Choices / Assembly		River Rel	er Relay Cla		lay the Poo		Return to Brier Creek: 2:5			Chill Zone	ASX	
riday, Jι		Dress Up	Day: Wear	Your Best (Camping G	ear! 👕	1		•				T	T
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:	15 11:1	5-12:00	12:00-12	2:30	12:30-3:00		3:00-3:40	3:40-6:0	
Tiny Tweeters	Merge with	Snack	A.M.	Assembly	Bird Feed	ers Gato	r Island	Lunch	h	Campfire F	e Fun with S'MORES!		Bead	Merge with
Sub- Woofers	BSX		Choices		Gator Isla	nd Bird I	Feeders						Time	ASX

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4 WEEK OF JULY 14TH – JULY 18TH, 2025

WELCOME TO KIDS CREATE THE WORLD WEEK!

Monday,	July 14 th :	welcon	ne to ki	ds crea	CE THE W	orld wee	K! 公公 Spe	ecial Guest: Cit	y of Raleigh A	quatics Specia	없 alist! ☆	
•	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30	0-12:00	12:00-12:30	12:30-1:30	1:30-2:0			3:40-6:00
Tiny Tweeters Sub- Woofers	Merge with BSX	Snack	A.M. Choices	Assembly	-Track O -3D Pap	DICES: ut Gazette- per Cities- ne Brackets-	Lunch	COR Aquatics Special Kids Create the World: Planning Commit	COR Aquatics Sp	rld: mmittee Bead Time	Chill Zone	Merge with ASX
Tuesday,	July 15 th :	ដ់ ช Speci	al Guest: Ci	ty of Raleig	h Athletics S	oecialist! ☆						
	7:00-8:45	8:45-9:00	9:00-10:1	5 10	:15-11:15	11:15-12:00	12:00-12:30	12:30-1:15	1:15-2:00	2:00-3:00	3:00-3:40	3:40-6:00
Tiny Tweeters	Merge with	Snack	COR Athle Speciali (9:00-10:0	st F	HOICES: PART II	Kid President	Lunch	DYO TOX Game Brackets		Kids Create the World:	Bead	Merge with
Sub- Woofers	BSX	J. I.	CHOICE PART I	Sr Sr	Athletics Decialist :15-11:15)			TOX Game Brackets	DYO Playgrounds	Planning Committee	Time	ASX
Wednesd	ay, July 16	th:	_	T	1	1	1			1		T
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:15	1:15-2:00	2:00-3:00	3:00-3:40	3:40-6:00
Tiny Tweeters	Merge with	Snack	A.M.	Assembly	Egg Drop	TOX Game Brackets	Lunch	Trashion Show	TOX Game Brackets	Kids Create the World:	Bead	Merge with ASX
Sub- Woofers	ub- BSX		Choices	7 tooding y	TOX Game Brackets	Egg Drop	Lanon	TOX Game Brackets	Trashion Show	Planning Committee	Time	
Thursday	, July 17 th :	Field	Trip: Ridge	Road Pool!	Bring your S	Swimsuit & Tov	vel! 📛 🛱	会 Special Gue	st: Brusters Ice	다. Cream! ☆		
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:15	11:15-12:00	12:00-12:45	12:45	-2:50	2:50-3:50	3:50-4:15	4:15-6:00
Tiny Tweeters	Merge with	Snack	A.M. Choices	Assembly	Mystery Mosaics	TOX Game Brackets	Lunch & Changing for	Field Trip: Ridge Road Pool Departing Brier Creek: 12:45pm Time at Location: 1:00pm-2:15pm Return to Brier Creek: 2:50pm		CHOICES: PART III	Special Guest: Brusters	Merge with
Sub- Woofers	BSX		Choices		TOX Game Brackets	Flex Tangles	the Pool				Ice Cream	ASX
Friday, Jı	ulv 18 th : 〔	Dress Up	Dav: Dres	s to Impress	s for the Prob	lem Solving Th	ink Tank! 🗓	}				
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:15	11:15-12:00	12:00-12:30		12:30-3:00		3:00-3:40	3:40-6:00
Tiny Tweeters	Merge with	Snack	A.M.	Assembly	Bracket Finale How It's Made: Sandwiches		Lunch	Kids Create the Wo			Bead	Merge with
Sub- Woofers	BSX	2	Choices	, 1.55511151y	How It's Made: Sandwiches	Bracket Finale	23.10.1	Proble	m Solving Think	Tank!	Time	ASX
ARTS	S/CRAFTS	FOOD E	XPERIENCE	DANCE /	DRAMA / MOVE	MENT FIEL	D TRIP	CLINIC / SPECIALI	ST SCIEN	CE / NATURE	SPECIAL	ACTIVITY

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

WEEK OF JULY 21ST – JULY 25TH, 2025

WELCOME TO OLYMPICS AT THE CREEK WEEK!

	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:1	5 1	1:15-12:00	12	2:00-12:30	12:30)-1:15	1:15-2:00	2:	00-3:00	3:00-3:40	3:40-6:00
Tiny Tweeters	iny eters Merge with ub- BSX	Snack	A.M. Choices	Assembly	MYO Gold Meda	Olympi lals Bingo R			Lunch	Cou	intry igs	World Cup Fútbol	CHOICES: -CPU LabGreek Alphabet Matching-		Bead	Merge with
Sub- Woofers					Olympics Bingo Rad		MYO old Medal	s	Lunch	l l	d Cup tbol	Country Flags	-Table Gaga- -Special Guest: Kona Ice- (2:00-2:30)		Time	ASX
Гuesday,	July 22 nd :	Field T	rip: ParTee	Shack! Do	n't forget t	to wea	ar your E	BLUE	E field tri	p T-Shi	irt! 💳	9			_	
	7:00-8:45	8:45-9:30		9:30-12:0			12:00-12		12:30-			1:00-1:30	1:30-2:15	2:15-3:00	3:00-3:40	3:40-6:00
Tiny Tweeters	Merge with	Snook		eld Trip: ParTee Shack rting Brier Creek: 9:30am Location: 10:00am-11:30an n to Brier Creek: 12:00pm			Lunch		Olympic Torc			mate Rock, per, Scissors	Q-Tip Scooter Soccer		Bead	Merge with
Sub- Woofers	BSX						Lunci	1		imate Rock, per, Scissors		mpic Fruit Torches	Scooter Soccer	Q-Tip Archery	Time	ASX
Nednesd	ay, July 23	rd.														
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:15	11:	15-12:00	12:0	00-12:30	12:30-1	:00	1:00-1:30	1:30-2:15	2:15-3:00	3:00-3:40	3:40-6:00
Tiny Tweeters	Merge		k A.M. Choices	Assembly	Laurel Wreath Crowns	Ten	aurel /reath		Tro _l Colla		_	Jump the Creek	Foil Gymnasts	Baton Catch-Up	Bead Time	Merge
Sub- Woofers	with BSX	Snack			Temple Ru	n <mark>V</mark>			unch	Jump t Creel			Baton Catch-Up	Foil Gymnasts		with ASX
Γhursday	, July 24 th :	Field	Trip: Ridge	Road Pool!	Bring you	ır Swi	msuit &	Tow	rel! 🖽							
	7:00-8:45	8:45-9:15	9:15-10:15	10:15-10:30	10:30-11:1		11:15-12:0		12:00-12:	45		12:	45-2:50		2:50-3:40	3:40-6:00
Tiny Tweeters Sub- Woofers	Merge with BSX	Snack	A.M. Choices	Assembly	Mosaic Cathedra Sock Wrest	lls S	ock Wrest Mosaic Cathedra		Lunch of Changing the Poo	for	Field Trip: Ridge Road Pool Departing Brier Creek: 12:45pm Time at Location: 1:00pm-2:15pm Return to Brier Creek: 2:50pm				Bead Time & Chill Zone	Merge with ASX
Friday, Jι	tly 25 th : ☆	ជា Special (Guest: City	of Raleigh N	lature Spe	cialist	☆ ! *		Dress U	p Day:	Dres	s to Repres	ent Your C	Olympics Cou	ntry! 👕	
	7:00-8:45	8:45-9:15	9:15-10:00	10:00-1	1:00	11:	11:00-12:00		12:00-12:			12:30-2:15		2:15-3:00	3:00-3:40	3:40-6:00
Tiny Tweeters Sub- Woofers	Merge with BSX	Snack	A.M. Choices	COR Na Specia Parade l Constru	list Cons		ade Float struction R Nature ecialist	Lunch			BRIER CREE OLYMPIC GAM			PARADE OF CHAMPIONS		Merge with ASX

Brier Creek Track Out

Track 4 | Week 1 - Into the Creek Week



Weekly Program Information!

Welcome to 'Into the Creek' Week!

Field Trip: Greensboro Science Center

4301 Lawndale Drive, Greensboro, NC, 27455

336-288-3769

Participants will spend the day exploring the Greensboro Science Center where they can get up close and personal with a variety of animals and various science topics! Admission includes the Animal Discovery Zoo, the Aquarium and the Science Museum where opportunities abound to learn about land and marine animals, as well as dinosaurs, weather and geology through live animal exhibits and interactive play. Participants should wear comfortable walking shoes and the BLUE field trip shirt. Lunch will be eaten at the Science Center, so participants should pack lunch and snacks that can travel!

Special Guest: City of Raleigh Wellness Specialist

Field Trip: Ridge Road Pool

1709 Ridge Road, Raleigh, NC, 27607

919-420-2322

Participants will be visiting a City of Raleigh swimming pool facility! Please pack a bathing suit and towel for all pool trips. Children are permitted to wear flip-flops to and from the pool <u>ONLY</u>. A swimming test will be administered for EVERY participant. If a child does not take the swim test or does not pass the test, they will be required to wear a lifejacket. Participants who pass the swim test will be required to wear a **GREEN** wristband (**GREEN**=GO).

Dress-Up Day(s)

Friday: Wear Your Best Camping Gear!

Brier Creek Track Out X-Press 919-996-3304

Program Manager: Autumn Tate

Assistant Program Manager: Adrian Starks **Assistant Program Manager:** Justin Jones

Reminders

Things to Bring

- Play Clothes
- 1 Lunch
- 2 Snacks
- Water Bottle

Things **NOT** to Bring

- Jewelry
- Electronic Devices
- Weapons
- Toys from Home

Special Guests

 No additional money is needed for any special guests

*Remember your **BLUE & WHITE** key tag

or Photo ID when

picking up participants*

Brier Creek Track Out

Track 4 | Week 2 - Kids Create the World Week



Weekly Program Information!

Welcome to 'Kids Create the World' Week!

Special Guest: City of Raleigh Aquatics Specialist Special Guest: City of Raleigh Athletics Specialist

Field Trip: Ridge Road Pool

1709 Ridge Road, Raleigh, NC, 27607

919-420-2322

Participants will be visiting a City of Raleigh swimming pool facility! Please pack a bathing suit and towel for all pool trips. Children are permitted to wear flip-flops to and from the pool ONLY. A swimming test will be administered for EVERY participant. If a child does not take the swim test or does not pass the test, they will be required to wear a lifejacket. Participants who pass the swim test will be required to wear a GREEN wristband (GREEN=GO).

Special Guest: Bruster's Ice Cream

Brusters Ice Cream truck will be visiting Track Out with a sweet treat! Participants will enjoy the single scoop bar with a variety of flavors!

Dress-Up Day(s)

Friday: Dress to Impress for the Problem Solving Think Tank!

Brier Creek Track Out X-Press 919-996-3304

Program Manager: Autumn Tate

Assistant Program Manager: Adrian Starks **Assistant Program Manager:** Justin Jones

Reminders

Things to Bring

- Play Clothes
- 1 Lunch
- 2 Snacks
- Water Bottle

Things **NOT** to Bring

- Jewelry
- Electronic Devices
- Weapons
- Toys from Home

Special Guests

 No additional money is needed for any special guests

*Remember your **BLUE & WHITE** key tag

or Photo ID when

picking up participants*

Brier Creek Track Out

Track 4 | Week 3 - Olympics at the Creek Week



Weekly Program Information!

Welcome to 'Olympics at the Creek' Week!

Special Guest: Kona Ice

Kona Ice will be visiting Track Out with their mobile Snow Cone truck! Participants will be able to flavor their own shaved-ice Snow Cone for a cool, refreshing sweet treat!

Field Trip: ParTee Shack

16231 Triangle Plantation Drive, Raleigh, NC, 27616

919-766-6743

Participants will get to try out their mini golf skills in a friendly game at one of Raleigh's newest indoor Putt-Putt and Gaming venues! Whether new to mini golf, or an experienced mini golfer, Participants will have the opportunity to play on 2 fun and unique Putt-Putt courses! Please wear BLUE field trip shirt – putter and golf ball are included in the admission!

Field Trip: Ridge Road Pool

1709 Ridge Road, Raleigh, NC, 27607

919-420-2322

Participants will be visiting a City of Raleigh swimming pool facility! Please pack a bathing suit and towel for all pool trips. Children are permitted to wear flip-flops to and from the pool ONLY. A swimming test will be administered for EVERY participant. If a child does not take the swim test or does not pass the test, they will be required to wear a lifejacket. Participants who pass the swim test will be required to wear a GREEN wristband (GREEN=GO).

Special Guest: City of Raleigh Nature Specialist

Dress-Up Day(s)

Friday: Dress to Impress for the Problem Solving Think Tank!

Brier Creek Track Out X-Press 919-996-3304

Program Manager: Autumn Tate

Assistant Program Manager: Adrian Starks **Assistant Program Manager:** Justin Jones

Reminders

Things to Bring

- Play Clothes
- 1 Lunch
- 2 Snacks
- Water Bottle

Things NOT to Bring

- Jewelry
- Electronic Devices
- Weapons
- Toys from Home

Special Guests

 No additional money is needed for any special guests

*Remember your **BLUE & WHITE** key tag or Photo ID when picking up participants*