

Nature & Outdoor Recreation Programs at Lake Johnson Park



Family

Lake Johnson Park Nature Explorers

All Ages. Flip over logs, dig a hole, or sift through leaves with one of our naturalists. Participants will immerse themselves in nature and learn about the interesting things they find. All ages welcome, but most appropriate for families with children elementary school age or older.

Fee: \$2

Location: TGC Woodland Center

Dates & Times

Sunday	May 16	1:30 - 3pm
Sunday	June 13	1:30 - 3pm
Sunday	July 18	1:30 - 3pm
Sunday	August 15	1:30 - 3pm



Guided Nature Hike

Ages 5+ Join us for a 2-mile hike on the beautiful trails of Lake Johnson Park. A knowledgeable nature instructor will accompany you on each hike to discuss natural features and Lake Johnson's history. The hikes will be held on our unpaved trails that may not be suitable for children under the age of 7. Parts of the trail considered moderate/strenuous.

Fee: \$2

Location: TGC Woodland Center

Dates & Times:

Saturday	June 12	9:30 - 11:30am
Saturday	August 14	9:30 - 11:30am

Family Fishing

All Ages. Join us for this fun fishing program! Participants will learn how to cast and set up a rod and then go fishing in the lake. This is a great way to spend an afternoon with the whole family! Equipment is provided including rod, reel, and bait.

Fee: \$4

Location: Waterfront Center

Dates & Times:

Saturday	July 31	9 - 11am
Saturday	August 28	9 - 11am

Who Lives Here?

All Ages. Ever wonder who may be living in your backyard? From something as small as a worm to something as large as a deer, there are all kinds of animals that call your backyard home! We will learn where they sleep, what they eat, and just what they need to survive.

Fee: \$3

Location: TGC Woodland Center

Date & Time:

Sunday	July 1	1 - 2pm
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Adults(s) must accompany child(ren) under 16, register, & pay the program fee.

Advanced registration is required for all programs. Register online at reclink.raleighnc.gov with keyword: Johnson

PARKS, RECREATION
AND CULTURAL
RESOURCES

Lake Johnson Park Office

5611 Jaguar Park Dr
Raleigh NC 27606
919-996-3141
LJWoodlandCtr@raleighnc.gov

Nature & Outdoor Recreation Programs at Lake Johnson Park



Family

Tracks, Scat, and Skulls

Ages 7+ Do you know who shares our trails? Learn how to identify tracks, scat, and skulls of common animals found at Lake Johnson Park. We'll look for evidence of wandering wildlife and discover who's been in our backyard.

Fee: \$3

Location: TGC Woodland Center

Date & Time:

Saturday August 7 10 - 11:30am



Nocturnal Nature Hike

All Ages. Watch as the park comes alive when the sun slips behind the trees. Please join us on this full moon trek to unveil the nocturnal wildlife of Lake Johnson Park. We will call for owls and nightjars, look for evidence of mammals, and identify singing amphibians. All ages welcome, but most appropriate for families with children elementary school age or older.

Fee: \$4

Location: TGC Woodland Center

Dates & Times:

Saturday July 10 8:30 - 10:30pm

Adults(s) must accompany child(ren) under 16, register, & pay the program fee.

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Children & Youth

Jr. Kids Fishing

Ages 4 - 6. This program is for younger children who have never fished before but would like to try. We will practice with some casting games and then spend some time fishing in the lake. Your child will leave with stickers and fishing themed coloring pages. We will teach them that fishing is fun, join us today.

Adult(s) must accompany child(ren), adult(s) attend free and do not need to register.

Fee: \$3

Location: Waterfront Center

Dates & Times:

Thursday	May 24	10 - 11:30am
Wednesday	June 28	10 - 11:30am



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Children & Youth

Kritter Kids

Ages 4 - 6. Hop, skip and slither your way to Lake Johnson Park. Together, we will learn about the wonders of nature that are found right here in the park. We will play hands-on games, complete a take-home craft and perhaps even see one of our wild friends close up!

Adult(s) must accompany child(ren), adult(s) attend free and do not need to register.

Fee: \$3

Location: Woodland Center

Dates & Time: Thursdays 10 - 11:30am
June 17 - Snakes
July 1 - Insects
July 15 - Turtles
July 29 - Owls
August 12 - Pollinators

Kids Fishing

Ages 7 - 12. This program is great for youth new to fishing. We will go over casting techniques, setting up your rod and reel, and what fish are found in the lake. Then of course we will spend time fishing in the lake. Come see if you can hook one and reel it's in.

Parent(s)/guardian(s) are not required to accompany child(ren). This program is designed to give parent(s)/guardian(s) time to enjoy the park while the child(ren) enjoys the program.

Fee: \$3

Location: Waterfront Center

Date & Time: Friday July 30 5:30 - 7:30pm



Know Your Knots

Ages 7 - 12. A well tied knot can go a long way. In this program participants will learn how to tie various useful knots. Participants will even put a few to the test to see how well their knots hold up.

Adult(s) must accompany child(ren), adult(s) attend free and do not need to register.

Fee: \$4

Location: TGC Woodland Center

Date & Time:
Sunday May 23 1 - 3pm
Saturday July 17 1 - 3pm

Wonderous Water: Kids Kayaking

Ages 10 - 13. This program is as much about science as it is paddling. As a group we will explore what allows water to sustain life and paddle to the headwaters to get a hands-on look at life in the lake. Be prepared to get wet and dirty. No paddling experience needed. All equipment is provided.

Parent(s)/guardian(s) are not required to accompany child(ren). This program is designed to give parent(s)/guardian(s) time to enjoy the park while the child(ren) enjoys the program.

Fee: \$8

Location: Waterfront Center

Dates & Times:
Tuesday June 15 6 - 8pm
Tuesday August 17 6 - 8pm

Compass Basics

Ages 7 - 12. Have you ever been lost in the woods? This course will teach you the skills needed to navigate using a compass through fun, hands-on experience. We will end the course with a fun orienteering activity.

Adult(s) must accompany child(ren), adult(s) attend free and do not need to register.

Fee: \$4

Location: TGC Woodland Center

Date & Time: Sunday May 23 10am - 12pm

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Adults

Environmental Lecture Series

Ages 14+ Join us virtually for an exciting environmental lecture series held every 2nd Monday of the month. With a new topic each month, there is something for everyone. We will have professionals and graduate students presenting on topics that they know best! Call 919-996-3141 to find out more about our upcoming speakers and topics. Earn 1 hour of criteria III EE credit.

Fee: Free

Location: Virtual

Dates & Time: Mondays 7 - 8pm

May 10: Fishing—A Universal Language in Conservation Relevancy? presented by Kevin Dockendorf

June 14: Fellowships, Funding, and Fun presented by Andi Webb

July 12: The Box Turtle Connection, Building a Legacy presented by Sara Steffen

August 9: TBD

Sunrise Birding Walk

Ages 12+ This program is for beginning birders and well-practiced watchers alike. Join us as we take a sunrise trek around the lake to find our avian friends. We will focus on both songbirds and waterfowl and maybe see some raptors! Bring your own binoculars if possible, as supplies are limited. Please bring water and wear comfortable footwear. Earn 2 hours criteria II or III EE credit upon request.

Fee: \$4

Location: TGC Woodland Center

Dates & Times:

Saturday	May 22	7 - 9am
Saturday	June 12	7 - 9am

Tree ID Trek

Ages 14+ Come join our naturalists and learn how to identify some common trees found in the park. Participants will learn features of tree ID that will help year-round. No prior tree identification knowledge is necessary. Earn 2 hours criteria II or III EE credit upon request.

Fee: \$4

Location: TGC Woodland Center

Dates & Times:

Saturday	May 22	9:30 - 11:30am
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Adult Fishing

Ages 16+ This program is great for adults who have always wanted to learn to fish. We will learn how to set up a rod and reel, casting techniques, and what fish are found in the lake. We will also cover state rules and regulations. Then we will go fishing off our bridge and learn some tips and tricks to becoming and experienced fisherman. Equipment is provided including rod, reel, and bait.

Fee: \$4

Location: Waterfront Center

Dates & Times:

Saturday	May 8	10am - 12pm
Saturday	August 14	10am - 12pm



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Adults

Guided Night Paddle

Ages 16+ Explore Lake Johnson in a kayak after hours with an experienced guide and naturalist. Participants will learn about the wonderful wildlife that comes out at night. Look for beavers, owls, bats and more all while enjoying beautiful views of the moon on the water. Be prepared to get wet. All equipment is provided.

Fee: \$20

Location: Waterfront Center

Dates & Times:

Friday	June 18	8:30 - 10:30pm
Friday	July 23	8:30 - 10:30pm
Friday	August 30	8:30 - 10:30pm

Evening Kayak / SUP Tour

Explore Lake Johnson on the water with an experienced guide and naturalist. Participants will learn about the wildlife, history, and natural features of the lake. Tours provide opportunities to see wildlife such as wading birds, many types of turtles, bald eagles, and osprey. With a brief paddling lesson at the beginning this program is great for beginner and experienced paddlers alike! All equipment is provided.

Fee: \$20 Kayak / \$30 SUP

Location: Waterfront Center

Dates & Time: All dates are from 6 - 8pm

Kayak

Wednesday, June 9
Wednesday, July 7
Wednesday, August 4

Stand-Up Paddleboard

Wednesday, June 2
Wednesday, July 14
Wednesday, August 11

Fundamentals of Kayak / SUP

These classes will introduce the basics of kayaking or stand-up paddleboarding (SUP) in a calm setting and at a relaxed pace. Participants will learn the parts of each watercraft, paddling strokes and techniques, maneuverability, and self-rescue techniques. All equipment is provided.

Fee: \$25 Kayak / \$35 SUP

Location: Waterfront Center

Dates & Time: All dates are from 6 - 8pm

Kayak

Tuesday June 1
Monday June 7
Monday, July 5
Tuesday, July 13
Monday, August 2
Tuesday, August 10

Stand-Up Paddleboard

Tuesday June 8
Monday, June 14
Tuesday, July 6
Monday, July 12
Tuesday, August 3
Monday, August 9



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Adults

Fundamentals of Sailing

Ages 16+ This course introduces the basics of sailing in a calm setting and at a relaxed pace. Participants will learn the parts of a sunfish sailboat, rigging a sunfish, maneuverability, and self-rescue techniques. No previous sailing experience required.

Fee: \$75

Location: Waterfront Center

Dates & Times:

Sunday	June 27	10am - 4pm
Sunday	July 25	10am - 4pm

Guided Sail

Ages 16+ This is a program for those with experience sailing but still need some guidance and practice.

Sail around the lake with an instructor close at hand to help you perfect your technique. This program is great for someone brushing up on their skills.

Fundamentals of Sailing, Sailing 101, or equivalent experience required as a prerequisite

Fee: \$35

Location: Waterfront Center

Dates & Times:

Wednesday	June 23	5 - 7pm
Wednesday	July 28	5 - 7pm



Sailing 101

Ages 16+ In this short introductory course, you will learn the basics of sailing a Sunfish sailboat. This course is perfect for beginners and a great refresher for those who have experience but are feeling a bit rusty.

Fee: \$25

Location: Waterfront Center

Dates & Times:

Monday	June 21	5 - 7pm
Monday	July 26	5 - 7pm
Tuesday	July 27	5 - 7pm
Monday	August 16	5 - 7pm

Sailing Assessment

Ages 16+ Interested in sailing a sunfish on Lake Johnson? Pass our sailing assessment to earn your sailing membership pass for Lake Johnson Park. Passes are good for up to 3 years and are required for renting a sailboat at Lake Johnson Park. Sailing 101 is a pre-requisite for the assessment.

Fee: \$30

Location: Waterfront Center

Dates & Times:

Sunday	July 11	10 - 11am or 2 - 3pm
Sunday	August 1	10 - 11am or 2 - 3pm
Sunday	August 22	10 - 11am or 2 - 3pm



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