

# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF May 9<sup>th</sup> – May 13<sup>th</sup>, 2022

### “Hopping Into Spring Week”



**Monday, May 9<sup>th</sup>: “Hopping Into Spring Week”**

**NO TRACK OUT  
(TRACK 2 in school)**

**Tuesday, May 10<sup>th</sup>:**

**NO TRACK OUT  
(TRACK 2 in school)**

**Wednesday, May 11<sup>th</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Assembly	Blob Tag	Drama: Name And Action	Space Clean Up	Lunch	Down Time	Art: Twirlpin Rainbow Paper Spinner	Hula Hootenanny	Poop Deck	Mother Earth Defenders	All Over	Choice Play
Group 2	Choice Play							Down Time			Snack			Play Ground

**Thursday, May 12<sup>th</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Gym	Magnificent Marble	Lighthouse And Ships	Science: Floating M's	Lunch	Down Time	Encanto Workout Game	Food Experience: Apple Donuts	The Blob	Tomahawk Snatch	British Bulldog	Play Ground
Group 2	Gym							Down Time			Snack			Choice Play

**Friday, May 13<sup>th</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Hospital Tag	Fire On The Mountain	Horde vs Alliance	Art: Spring Flowers	Lunch	Down Time	Science: Cress Head	Balloon Baseball	Snack	All Abroad!	Zig Zag Snack Toss	Choice Play
Group 2	Choice Play							Down Time			Target 5			Play Ground

	ARTS/CRAFTS		FOOD EXPERIENCE		DANCE / DRAMA / MOVEMENT		FIELD TRIP		CLINIC / SPECIALIST		SCIENCE / NATURE
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# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF May 16<sup>th</sup> – May 20<sup>th</sup>, 2022

### “Crayola Week”



#### Monday, May 16<sup>th</sup>: “Crayola Week”

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Assembly	Octopus Ball	Art: 3D Handprint	Trap And Toss	Lunch	Down Time	True or False	Cats In the Corner	Snack	Bird, Beast, Fish	Kangaroo & Crocs	Play Ground
Group 2	Gym							Down Time			Circle Run			Choice Play

#### Tuesday, May 17<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Soccer Relay	Crack The Code	Dry Marco Polo	The Ship Game	Lunch	Down Time	Science: Rainbow Oobleck	Hungry, Hungry, Monster	Playground	Poison Ball	Over And All	Choice Play
Group 2	Choice Play							Down Time			Snack			Play Ground

#### Wednesday, May 18<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-3:00		3:00-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Ghost	Pac-Man	3-6-9 Clap Game	Food Experiment: Banana Sushi	Lunch	Pick Up from Site @ 12:30pm Pump It Up 1:00-2:30 Return to Site @ 3:00pm		Snack	Bank It	Smurfs And Gargamels	Choice Play
Group 2	Gym												

#### Thursday, May 19<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Drama: Shazam!	Fitness Bingo	Kaos	Science: Rainbow Rice	Lunch	Down Time	Better Bonanza	Toss 'N' Clap	Snack	Recharge	Board Games	Play Ground
Group 2	Choice Play							Down Time			Zoomy Zoomy		Card Games	Choice Play

#### Friday, May 20<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Art: DIY Scratch Off Art	SPUD	Kaleidoscope	Rainbow Dice Game	Lunch	Down Time	The Quiet Olympics	Pin-Down Dodgeball	Catching Stars	Spider Ball	Wonder Ball	Choice Play
Group 2	Choice Play							Down Time			Snack			Play Ground

	ARTS/CRAFTS		FOOD EXPERIENCE		DANCE / DRAMA / MOVEMENT		FIELD TRIP		CLINIC / SPECIALIST		SCIENCE / NATURE
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# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF May 23<sup>rd</sup> – May 27<sup>th</sup>, 2022

### “Creativity Week”



#### Monday, May 23<sup>rd</sup>: “Creativity Week”

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Assembly	Balance Ball	Science: Dance Moves	Steal The Treasure	Lunch	Down Time	Caterpillar Race	Monkey Tag	Snack	Ultimate Space	Everybody It	Play Ground
Group 2	Choice Play							Down Time			Silent Ball			Choice Play

#### Tuesday, May 24<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:00	11:00-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Lizard Tag	Count Down	Hot Pepper	Clinic: Health, Wellness, and Nutrition Specialist	Lunch	Down Time	Snow White And Seven Dwarfs	4-Corner Dodgeball	Trash War	Art: Cactus Figurines	Continuity Ball	Choice Play
Group 2	Choice Play							Down Time			Snack			Play Ground

#### Wednesday, May 25<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:30	1:30-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Tiggy Off The Ground	Knock Down	Drama: Kitty Wants A Corner	Knots	Lunch	Down Time	Barnyard	Flying Chicken Baseball	Body Guards	Snack	Pruie	Play Ground
Group 2	Gym							Down Time				Wicket		Choice Play

#### Thursday, May 26<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Four Corners	Splat	Filler Taboo	Art: Picasso Collage	Lunch	Down Time	Rabbits On The Run	Roll A Monster	Snack	Scatterball	Flinch	Play Ground
Group 2	Choice Play							Down Time			Play Ground			Choice Play

#### Friday, May 27<sup>th</sup>:

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:30	5:30-6:30
Group 1	Choice Play	Snack	Science: DIY Crystals	Back to Back Tag	Pass the Movements	Extreme Rock, Paper, Scissors	Lunch	Down Time	Ketchup	Mission Impossible	Food Experience: Orange Slice Butterflies	Mission Impossible	Disney Movie	Choice Play
Group 2	Gym							Down Time						Play Ground

	ARTS/CRAFTS		FOOD EXPERIENCE		DANCE / DRAMA / MOVEMENT		FIELD TRIP		CLINIC / SPECIALIST		SCIENCE / NATURE
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# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF May 30<sup>th</sup> – June 3<sup>rd</sup>, 2022

### “Earth Week”



**Monday, May 30<sup>th</sup>: “Earth Week”**

**HOLIDAY**  
**(TRACK OUT PROGRAM CLOSED)**

**Tuesday, May 31<sup>st</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Science: DIY Earth Soap	Count Down	Crossover Dodgeball	Drama: Balancing Plate	Lunch	Down Time	Swat	Ring Soccer	Kangaroos & Crocs	Art: Earth Day Art Project	Balloon Ball	Choice Play
Group 2	Choice Play							Down Time						Play Ground

**Wednesday, June 1<sup>st</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:45	12:45-3:30		3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Slow Motion Tag	Judge Nature Says	Explore	Detective	Lunch	Pick Up from Site @ 12:45pm  Par Tee Shack 1:15-3:00  Return to Site @ 3:30pm		Snack	Choice Play	Body Guards
Group 2	Gym									The Blob		

**Thursday, June 2<sup>nd</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Gym	Snack	Charades Down The Lane	Swamp	Frogger	Art: Upcycled Plastic Suncatcher	Lunch	Down Time	Back 2 Back Game	Brain Booster: Puzzles	Food Experience: Dirt Cups	Animal Kingdom	Steal the Ball	Play Ground
Group 2	Choice Play							Down Time						Choice Play

**Friday, June 3<sup>rd</sup>:**

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Science: Layers of the Earth Project	Backward Scottsmen	Hotdog	Farmers Sheparding Sheep	Lunch	Down Time	Meltdown Tag	Dead Ang	Down Time	Fire Tender	Elephants, Cows and Giraffes	Choice Play
Group 2	Choice Play							Down Time			Snack			Play Ground

	ARTS/CRAFTS		FOOD EXPERIENCE		DANCE / DRAMA / MOVEMENT		FIELD TRIP		CLINIC / SPECIALIST		SCIENCE / NATURE
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# MARSH CREEK TRACK OUT X-PRESS PROGRAM – TRACK 2

## WEEK OF June 6<sup>th</sup> – June 10<sup>th</sup>, 2022

### *“Sliming Into Summer Week”*



#### Monday, June 6<sup>th</sup>: “Sliming Into Summer Week”

	7:00-9:00	9:00-9:15	9:15-9:45	9:45-10:30	10:30-11:15	11:15-12:00	12:00-12:30	12:30-1:00	1:00-1:45	1:45-2:30	2:30-3:30	3:30-4:15	4:15-5:00	5:00-6:30
Group 1	Choice Play	Snack	Assembly	Log Tag	Science: Cotton Candy Playdoh	Beanbag Bucket Basketball	Lunch	Down Time	Art: Slime Sun Catcher	Steal the Ball	Snack	Sharks and Lifeguards	Brain Magic	Play Ground
Group 2	Choice Play							Down Time			How Long Is A Minute			Choice Play

#### Tuesday, June 7<sup>th</sup>:

**NO TRACK OUT**  
(TRACK 2 returns to school)

#### Wednesday, June 8<sup>th</sup>:

**NO TRACK OUT**  
(TRACK 2 returns to school)

#### Thursday, June 9<sup>th</sup>:

**NO TRACK OUT**  
(TRACK 2 returns to school)

#### Friday, June 10<sup>th</sup>:

**NO TRACK OUT**  
(TRACK 2 returns to school)

# Marsh Creek Track Out

## Track 2 - Week 1 — Hopping Into Spring Week



### Weekly Program Information!

No Field Trips this Week!!

### Reminders

**Bring daily:**

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

\*Remember your  
BLUE & WHITE key tag  
and/or Photo ID when  
picking-up participants\*



**RALEIGH** Parks,  
Recreation *and*  
Cultural Resources  
[parks.raleighnc.gov](http://parks.raleighnc.gov)

**Marsh Creek Track Out X-Press**  
919-996-4924  
Program Manager: Piper Taylor  
Assistant Program Managers:  
Shannon Bass; Jason Oakley



# Marsh Creek Track Out

## Track 2 - Week 2 — Crayola Week



### Weekly Program Information!

**Pump It Up**  
10700 Suite 112 World Trade Boulevard,  
Raleigh, NC 27617  
919-828-3344

Participants will have unlimited access to all of the many giant and unique inflatables at Pump It Up! PLEASE WEAR SOCKS! **This trip will require a waiver to be signed by each child's parent/guardian.**

### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

#### Colors for the Week:

- Monday—Blue
- Tuesday—Yellow
- Wednesday—Green
- Thursday—Red
- Friday—Brown

\*Remember your  
BLUE & WHITE key tag  
and/or Photo ID when  
picking-up participants\*



**Marsh Creek Track Out X-Press**  
919-996-4924  
Program Manager: Piper Taylor  
Assistant Program Managers:  
Shannon Bass; Jason Oakley





# Marsh Creek Track Out

## Track 2 - Week 3 — Creativity Week



### Weekly Program Information!

#### Health / Wellness / Nutrition Specialist

Participants will have a unique opportunity to experience the launch of *Generation Pound*. *Generation Pound* is a youth-oriented program that fuses movement and music to improve physical fitness, focus, communication, teamwork, coordination and more! Participants will have the chance to use *Ripstix*, lightly weighted exercise drumsticks, to learn alternative ways to explore movement, embrace their creativity, build strength, confidence, self-awareness and rock out with fitness!

### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

\*Remember your  
BLUE & WHITE key tag  
and/or Photo ID when  
picking-up participants\*



# Marsh Creek Track Out

## Track 2 - Week 4 — Earth Week



### Weekly Program Information!

**Par Tee Shack**  
5300 Fayetteville Road,  
Raleigh, NC 27603  
919-670-2980

Participants will get to try out their mini golf skills in a friendly game at one of Raleigh's exciting indoor putt-putt venues! Whether new to mini golf, or an experienced mini golfer, Participants will have the opportunity to play on a selection of 3 fun and unique putt-putt courses! Please wear BLUE field trip shirt – putter and golf ball are included in the price!

### Reminders

#### Bring daily:

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

\*Remember your  
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and/or Photo ID when  
picking-up participants\*



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Assistant Program Managers:  
Shannon Bass; Jason Oakley



# Marsh Creek Track Out

Track 2 - Week 5 — Sliming Into Summer Week



## Weekly Program Information!

No Field Trips this Week!!

### Reminders

**Bring daily:**

- 1 lunch
- Morning Snack
- Afternoon Snack
- Water Bottle
- Rest Time Items

\*Remember your  
BLUE & WHITE key tag  
and/or Photo ID when  
picking-up participants\*



Parks,  
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