

ACTIVE ADULT PROGRAM

Paddle & Play at Lake Johnson



Presented by the Raleigh PRCR Active Adult Program & Outdoor Recreation

Spend time on the water kayaking and paddleboarding at Lake Johnson! Open to adults of all skill levels, this demo event includes safety instruction, hands-on training, skills improvement and all equipment provided—just bring your adventurous spirit and get ready for a fun-filled day outdoors.

The event runs from 9:00 AM to 1:00 PM, and you'll need to register in advance for a specific time slot for kayaking and paddleboarding. Visit the vendors tables throughout the event. Parking is available at the Thomas G. Crowder Woodland Center, with shuttle service running throughout the event. You can also choose to enjoy a walk along the scenic trails that connect the center to the lake.

When: Thursday, August 27, 9:00 a.m. - 1:00 p.m.

Where: Lake Johnson

Parking: Thomas G. Crowder Woodland Center 5611 Jaguar Drive, Raleigh

Who: Adults - geared for older adults

Cost: Free

This event is free, but we kindly ask that you pre-register online or at any Raleigh Parks location. Register online at relink.raleighnc.gov by searching 'AAEVENT' under "Activities", or in person at any Raleigh Parks facility.

Active Adult Program
Five Points Center for Active Adults: 919-996-4730
Walnut Terrace Center: 919-996-6160
Anne Gordon Center for Active Adults: 919-996-4720

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