



Raleigh  
Parks

# Before School X-Press Know Before You Go

We can't wait to see everyone in our before school program locations! We will be following additional safety precautions to ensure that participants and staff will have a fun, exceptional experience. Please read the following information to learn more about what we're doing to maintain a healthy environment and what you can do before your child comes to one of our before school program locations.

Please note: these protocols may change based on Centers for Disease Control (CDC) guidelines as well as guidance from federal, state, and local public health agencies.

## What To Bring

- Participants are required to bring labeled re-fillable water bottles.
- Children five (5) years or older are required to bring and wear a face covering indoors. Face coverings will also be recommended outdoors when participants are less than 6 feet apart.
- No food may be brought into the program to share with other participants. Programmed food experiences and program managed events, such as pizza parties, are exceptions.
- Participants can bring labeled items into program to support their school attendance which may include the following: bookbag with school supplies, lunch container, a snack for the afterschool program, computer or tablet, headphones, earbuds, books or other items that can be used during designated program times. If electronic devices are used, participants should also use headphones or earbuds.
- All items are for individual use and should not be shared with other participants.

## Program Hours and Pick Up

- Before school program opens at 7:00am. Program staff will coordinate the specific program entry area based upon location.
- Participants will be required to complete a temperature check prior to entry to camp. Participants will not be allowed to attend program if temperature is 98.4° or above using a forehead scan thermometer.
- In addition, participants should not be dropped off if they are:
  - Diagnosed with COVID-19 within the past 10 days
  - Exposed to COVID-19 within the past 14 days and not fully vaccinated
  - Instructed to quarantine
  - Experiencing any of the following symptoms:
  - Sick or experiencing symptoms of illness
  - 100.4° fever or higher using an oral thermometer or 98.4° fever or higher using forehead scan thermometer.
  - Sore throat
  - New cough
  - New shortness of breath or difficulty breathing
  - New loss of taste or smell
  - Diarrhea or vomiting
- Only participants, school and program staff, volunteers and/or vendors involved with the delivery of camp may enter the program spaces during operations.
- During before school program hours, no other activities will take place in spaces designated for program use. Other activities may be scheduled in City of Raleigh facilities during before school program hours.



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## **Program Activities**

- Activities will include active and quiet games, outdoor activities, physical activity, cards and board games, and other activities based on site amenities. While we are making modifications for the safety of staff and participants - they will still be FUN!
- Participants will be assigned to a group, called a "household", upon arrival.
- Each household will be limited to 24-28 participants or less, and will be assigned to a home base.
- Activities have been modified so that any shared equipment will be used only by one household or sanitized between household use.
- Group contact will be limited to no more than two households.
- Locations with gymnasiums will be shared spaces allowing for active indoor recreation opportunities during the program. Households may alternate use of home base and gym spaces.
- Outside time will be scheduled as frequently as possible, weather permitting. This includes using picnic shelters or outside spaces for meal times and activities.
- Participants will be provided with access to playgrounds.
- Group bathroom breaks and individual breaks will be provided.

## **Example daily schedule for the Afterschool X-Press program**

Schedules can be altered by site and as needed for program and weather conditions.

<b>Time</b>	<b>Activity</b>	<b>Location</b>
Program Arrival	Program Entry/Temperature Check/Activity	Cafeteria/Multipurpose Room
During Program	Early Homework Time	Cafeteria/Multipurpose Room
Program Dismissal to School		

## **Homework**

Raleigh Parks strives to provide designated time during the afternoon for participants to complete homework assignments whenever it is practical and scheduling permits. Raleigh Parks staff are not able to provide educational support to meet participant specific educational goals. Participants may use electronic devices for homework during designated homework times with the understanding that the City of Raleigh Parks, Recreation and Cultural Resources Department does not assume any responsibility for lost, stolen, broken or confiscated items. Electronic devices may only be used during designated homework times. Parents are also encouraged to provide our staff with any information that will help the participant access their course work.



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## **Additional Safety Measures**

- Increased cleaning of group space, common areas, restrooms, high-touch areas like door handles and shared group equipment.
- Reminders to avoid touching others, including but not limited to handshakes, fist bumps, hugs, etc.
- Reminders to cover your mouth and nose when coughing or sneezing.
- Reminders to wash hands with soap and water upon arrival and frequently while in our program. This will include after sneezing, coughing, blowing nose, or contact with any other bodily fluid, after being outside, before and after meals, and after toileting.
- Each facility has identified space at the site that will serve as an isolation room. The purpose of this room is to remove any symptomatic staff or participant immediately from the rest of the staff and participants at the facility until they are able to leave the building. If a participant becomes symptomatic they will be removed to the isolation room and monitored by a staff member until the parent/guardian can arrive at the site.
- Staff will be required to complete and clear wellness screenings prior to entry into program space.
- When feasible, staff members will wear cloth face coverings when in the camp facility and when unable to maintain at least six feet distance outdoors.

Raleigh Parks will make every effort to operate before school programs through the school year. There are circumstances that could force changes in location, closure of a site, closure of multiple sites or closure of the entire program including but not limited to direct COVID-19 exposure to participants and/or staff at a site, a spike in community spread or transmission in the Raleigh area, or staff shortages. Should circumstances force a closure, Raleigh Parks will communicate this information as quickly as possible. The before school program is offered at various Wake County Public School System (WCPSS) facilities as well as City of Raleigh Facilities. The before school program will only operate while school is open. In the event of a school closure, the before school program will not operate at the location that has been closed.

