Raleigh Parks PACK Know Before You Go



Are you ready to get up and move after a day of virtual learning? Join our Parks PACK this fall and get ready to have fun, make friends, and get moving! We will be following additional safety precautions to ensure that participants and counselors will have a fun, exceptional experience. Please read the following information to learn more about what we're doing to maintain a healthy environment and what you can do before you bring your child to the program.

Please note: these protocols may change based on Centers for Disease Control (CDC) guidelines as well as guidance from federal, state, and local public health agencies.

What To Bring

- 1. Participants are recommended to bring labeled re-fillable water bottles.
- 2. Participants are required to bring face masks. If you don't have a face mask one will be provided for you.
- 3. Raleigh Parks will provide information on proper use, removal, and washing of cloth face coverings to staff and participants.
- 4. No food may be brought into the program to share with other participants. Program food experiences or pizza parties and food sites are exceptions.



5. Participants can bring labeled items into the program which can include: computer, tablet, headphones, earbuds, books, or other items that can be used during designated program times for homework. If electronic devices are used in the program, participants should also use headphones or earbuds. All items are for individual use and should not be shared with other participants.

Drop off

- 1. PACK hours are 3:30-6 pm.
- 2. Drop off, walk up, and pick up will occur outside of the facility during designated times. Participants will be greeted by staff upon arrival at dedicated location for wellness screenings. Staff will sign participants in and out on the attendance sheets. A parent, guardian, and/or participant may call ahead to drop off, walk up or pick up outside of designated times.
- 3. Participants will be required to complete wellness screenings prior to entry of a City of Raleigh facility. During the screening, you (or the participants for walk up) will be asked a few short questions and a temperature check will be done on participants using a touchless thermometer. Any participant that does not clear the screening will not be allowed to enter the program; walkers' parents will be contacted for immediate pick-up. Screenings will, at minimum, be conducted daily at drop off and may be conducted at additional times throughout the day. If a participant fails a screening during the day, parents will be contacted immediately for pick-up. Please plan for a longer drop off to allow time for wellness screenings.
- 4. Only City staff and participants may enter the facility.

PARKS, RECREATION AND CULTURAL RESOURCES

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Program Activities

Activities will include arts and crafts, active and quiet games, outdoor activities, physical activity, movies, cards and board games, and other activities based on site amenities. While we are making modifications for the safety of staff and participants - they will still be FUN!

- 1. Participants will be assigned to a group, called a "household", upon arrival at the program. Each household will be limited to 12 participants or less and will be assigned to a home base.
- 2. Activities have been modified so that any shared equipment will be used only by one household or sanitized between household use.
- 3. Limiting group contact to no more than two households.
- 4. Locations with gymnasiums will be shared spaces allowing for active indoor recreation opportunities during the day. Households may alternate use of home base and gym spaces.
- 5. Outside time will be scheduled as frequently as possible, weather permitting. This includes using picnic shelters or outside spaces for snack times and activities.
- 6. We will not take field trips. This includes swimming and travel to other Raleigh Parks locations.
- 7. Group bathroom breaks and individual breaks will be provided.

Example daily schedule for Raleigh Parks PACK:

Schedules can be altered by site and as needed for program, homework time needs, and weather conditions.

3:30-4:00pm	Arrival and choice play in home base, outside, and/or gym per designated schedule
4:00-4:15pm	Snack, water, bathroom break
4:15-5:00pm	Active activity in gym or outside space
5:00-5:45pm	Organized activity in home base such as art, science, technology, engineering, nature, cooking experience, etc.
5:45-6:00pm	Pack up and choice play in home base, outside, and/or gym per designated schedule



Homework Time

Raleigh Parks may provide opportunities for participants to access their Google Classrooms and work on school assignments during homework time. Raleigh Parks staff are not able to provide educational support to meet IEP or other participant specific educational goals. Parents are also encouraged to provide our staff with any information that will help the participant access their course work. Raleigh Parks may allow other Wake County Public School System staff to work with students on-site to provide ongoing services if scheduled in advance with the program staff.

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Attendance Requirements

Because our program is free, participant attendance is very important. The participant must come a minimum of three days during the week and participate in program activities for at least 1 hour each time. If you know your child will be out due to illness, being in school, or vacation for more than 3 days, please contact the site to let us know. If the participant is considered continually absent (missing 10 or more consecutive program days), the participant may be withdrawn from the program at the site's discretion.

Snacks

A light snack will be provided during the program. Please make sure site staff are aware of any dietary restrictions or food allergies your participant may have. Participants should bring a water bottle.

Additional Safety Measures

- 1. Increased cleaning of group space, common areas, restrooms, high-touch areas like door handles and shared group equipment. In addition, enhanced facility cleaning will be done overnight.
- 2. A physical distance of at least 6 feet will be maintained as much as possible.
- 3. Limited shared use items (ex; program supplies).
- 4. Reminders to avoid touching others, including but not limited to handshakes, fist bumps, hugs, etc.
- 5. Reminders to cover your mouth and nose when coughing or sneezing.
- 6. Reminders to wash hands with soap and water upon arrival and frequently while in our program. This will include after sneezing, coughing, blowing nose, or contact with any other bodily fluid, after being outside, before and after meals, and after toileting.
- 7. Each facility has identified space at the site that will serve as an isolation room. The purpose of this room is to remove any symptomatic staff or participant immediately from the rest of the staff and participants at the facility until they are able to leave the building. If a participant becomes symptomatic, they will be removed to the isolation room and monitored by a staff member until the parent/guardian can arrive at the site. Participants and staff will be required to complete wellness screenings prior to entry of a City of Raleigh facility. Any participant or employee that does not clear the screening will not be allowed to enter the building.
- 8. Staff members and participants will wear cloth face coverings except during strenuous activity. Participants who cannot wear a mask due to disability or medical condition should request an ADA accommodation as described in the ADA Accommodation Requests section.

