

Junior Tennis - 2021 Fall Session



Junior Instruction

Tennis Jr. Level 1

No experience needed for this class. Players will build rallying skills, basic strokes, score-keeping, and the learn the rules. To graduate to level 2, players must have a sustained rally, make 6 out of 10 serve in, keep score and play a full court set.

Class Fee: \$209 Weekday/\$114 Saturday

Ages 6-8, Millbrook Exchange Tennis Center

405	Sep 6 - Nov 17	M&W, 5-6pm
407	Sep 7 - Nov 18	T&Th, 5-6pm
411	Sep 4 - Nov 20	Sa, 11-12pm

Ages 8-10, Millbrook Exchange Tennis Center

412	Sep 6 - Nov 17	M&W, 5-6pm
414	Sep 7 - Nov 18	T&Th, 5-6pm
409	Sep 4 - Nov 20	Sa, 9-10am
417	Sep 4 - Nov 20	Sa, 10-11am
422	Sep 4 - Nov 20	Sa, 11-12pm

Ages 10-18, Millbrook Exchange Tennis Center

418	Sep 6 - Nov 17	M&W, 4-5pm
419	Sep 7 - Nov 18	T&Th, 4-5pm
420	Sep 4 - Nov 20	Sa, 10-11am

Tennis Jr. Level 2

Must be able to have a sustained rally, serve 6 out of 10 in from the baseline, keep score and have played a full court set. This class works on using full swing forehand, backhand, serve, overhead and good volley techniques while playing points. To pass, players must successfully demonstrate these techniques while playing a match.

Class Fee: \$209 Weekday/\$114 Saturday

Ages 10-18, Millbrook Exchange Tennis Center

405	Sep 6 - Nov 17	M&W, 4-5pm
406	Sep 7 - Nov 18	T&Th, 4-5pm
407	Sep 4 - Nov 20	Sa, 9-10am

Junior Competition

USTA Junior Team Tennis (JTT)

Ages 6 - 18, JTT consists of a practice and match each week. Players compete in singles and doubles matches against other area co-ed teams. JTT players can rally at least 6 times consistently and serve 6 out of 10 balls on each side. Players will be placed on teams based on their level and age as of 11/30/21.

PRCR Fee: \$132

USTA Local League Fee: \$22

JTT City Team Tryouts: July 26-28

Email Cheri, cheri.kohan@raleighnc.gov

JTT Registration Opens: August 2, 10am

8U, 10U Divisions:

Practices at METC: Fridays, 5-6:30pm
Matches: Saturdays, 9am

301	8U Beginner
302	10U Beginner
303	10U Intermediate

12U, 14U, 18U Divisions:

Practices at METC: 14uB Thursdays, 5pm;
All other divisions - Fridays, 4:30pm, 5pm or 5:30pm

Matches: Saturdays, 12uB/14uB @ 10:30am;
12uS/14uS @ 12pm; 18uB/S/G @ 1:30pm

304	12U Bronze	315	14U Bronze-Thur
305	14U Bronze-Fri	306	14U Silver
307	18U Bronze	308	18U Silver

JTT League Coordinator: Cheri Kohan
Cheri.Kohan@raleighnc.gov

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No Rain Makeups

Class length is ten weeks, which includes one bonus week. If there is more than one week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov

Registration opens July 27, 2021

Adult Tennis - 2021 Fall Session



Adult Instruction

Adult Level 1

Ages 18+: No experience needed! Forehand and backhand groundstrokes, volleys, overhead, serve, scorekeeping and the rules. To graduate to level 2, players must be able to serve from the baseline, keep score and play a full court set.

Class Fee: \$209 Weekday/\$114 Saturday

Millbrook Exchange Tennis Center

403	Sep 6 - Nov 17	M&W, 10-11am
404	Sep 6 - Nov 17	M&W, 6-7pm
405	Sep 7 - Nov 18	T&Th, 11-12pm
406	Sep 7 - Nov 18	T&Th, 7-8pm
407	Sep 4 - Nov 20	Sa, 9-10am
408	Sep 4 - Nov 20	Sa, 12-1pm

Lake Lynn Community Center

402	Sep 11 - Nov 20	Sa, 9-10am
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Adult Level 2

Ages 18+: Must be able to serve 6 out of 10 in from the baseline, keep score and have played a full court set. This class works on using full swing forehand and backhand while playing points, full swing serve and overhead and good volley technique while playing points. To pass, players must successfully demonstrate these techniques while playing a match.

Class Fee: \$209 Weekday/\$114 Saturday

Millbrook Exchange Tennis Center

401	Sep 6 - Nov 17	M&W, 11-12pm
402	Sep 6 - Nov 17	M&W, 7-8pm
403	Sep 7 - Nov 18	T&Th, 10-11am
404	Sep 7 - Nov 18	T&Th, 6-7pm
405	Sep 4 - Nov 20	Sa, 10-11am
406	Sep 4 - Nov 20	Sa, 11-12pm

Adult 2.5 Drills

Ages 18+: Must be at the NTRP 2.5 level or use full swing on most strokes during match play to enter this class. This is a drills class using all of your strokes. Topics may include topspin and underspin and slice on the serve.

To advance to 3.0 Drills, players must be at the 3.0 level or be able to hit topspin or underspin on some groundstrokes or volleys.

Class Fee: \$209 Weekday/\$114 Saturday

Millbrook Exchange Tennis Center

403	Sep 6 - Nov 17	M&W, 6-7pm
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405	Sep 7 - Nov 18	T&Th, 6-7pm
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Lake Lynn Community Center

406	Sep 11 - Nov 20	Sa, 10-11am
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Adult 3.0 Drills

Ages 18+: Must be at the NTRP 3.0 level or use full swing on all strokes during match play to enter this class. This is a drills class using all of your strokes. Topics may include topspin and underspin and slice on the serve. To advance to 3.5 Drills, players must be at the 3.5 level or be able to hit topspin and underspin on both groundstrokes, underspin on both volleys and slice on the serve.

Class Fee: \$209 Weekday/\$114 Saturday

Lake Lynn Community Center

401	Sep 7 - Nov 18	T&Th, 6-7pm
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402	Sep 7 - Nov 18	T&Th, 7-8pm
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403	Sep 11 - Nov 20	Sa, 11-12pm
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Adult 3.5 Drills

Ages 18+: Must be at the NTRP 3.5 level or be able to hit topspin and underspin on groundstrokes, underspin volleys and slice serves during match play. This is a drills class, which will work on all of your strokes.

Class Fee: \$209 Weekday/\$114 Saturday

Lake Lynn Community Center

401	Sep 11 - Nov 20	Sa, 12-1pm
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Quadrants

Ages 18+: Each week there will be courts of doubles matches. A player will play a total of 24 games in a round robin format—8 games with each of the 3 other players as a partner. The results will be used to adjust positions for the following week. The player with the most games won will move up and the player with the fewest will move down a quad. All players are responsible for being present or having a substitute present. New balls will be provided each week. Quads Fee: \$44

Millbrook Exchange Tennis Center

Women's Quads

302	Sep 6 - Nov 15	M, 7-9pm
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301	Sep 8 - Nov 17	W, 9:30-11:30am
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2.0-2.5 Co-Ed Quads

303	Sep 9 - Nov 18	Th, 7-9pm
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Want to be a sub for Quads? Email Cheri, cheri.kohan@raleighnc.gov

Adult Competition

Ladder

Ages 18+: Recreational singles ladder play for all levels. Participants play challenge matches for points. Players may join the ladder any time. Ladder rankings will be updated online each Monday. Players arrange their own match time and location. The ladder finishes with a season ending tournament.

Ladder Fee: \$24

Singles: Aug 29 - Nov 7

301	Men's 3.0	305	Women's 2.5
302	Men's 3.5	306	Women's 3.0
303	Men's 4.0	307	Women's 3.5
304	Men's 4.5		

Doubles: Aug. 23 - Oct 31

302	Men's 4.0	301	Women's 3.5
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Singles: Nov 22 - Feb 6

401	Men's 3.0	405	Women's 2.5
402	Men's 3.5	406	Women's 3.0
403	Men's 4.0	407	Women's 3.5
404	Men's 4.5		

Doubles: Nov 22 - Feb 6

402	Men's 4.0	401	Women's 3.5
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Free Play for Seniors

Ages 55+: Free organized play for senior tennis players. This is a drop-in mixer with all levels of play. Simply show up and play at no charge.

Millbrook Exchange Tennis Center

Sep 1 - Dec 31	M&Th, 9-12pm
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World Team Tennis - Ages 18+

WTT is co-ed teams competing in a format of six no-ad sets; men's and women's doubles, men's and women's singles, two sets of mixed doubles. Total games won from all sets determine the winner. Substitutions and coaching are allowed during the match.

Players looking for a team can sign up through RecLink.

Team Fee: \$75

Aug 16 - Oct 15

PARKS, RECREATION
AND CULTURAL
RESOURCES

For more information about Raleigh Parks, Recreation and Cultural Resources
Tennis, please call 919-996-4129.

To check for weather related cancelations, visit <https://raleighnc.gov/tennis>. Click on "Weather Alert"

Registration opens July 27, 2021