

# Junior Tennis - 2022 Spring Session



## Junior Instruction

### Tennis Jr. Level 1

No experience needed for this class. Players will build rallying skills, basic strokes, score-keeping, and the learn the rules. To graduate to level 2, players must have a sustained rally, make 6 out of 10 serve in, keep score, and play a full court set.

Class Fee: \$132 Weekday/\$72 Saturday

### ***Ages 6—8, Millbrook Exchange Tennis Center***

104	Mar 14 - Apr 27	M&W, 5—6 p.m.
105	Mar 15 - Apr 28	T&Th, 5—6 p.m.
103	Mar 12 - Apr 23	Sa, 11—12 p.m.

### ***Ages 8—10, Millbrook Exchange Tennis Center***

114	Mar 14 - Apr 27	M&W, 5—6 p.m.
115	Mar 15 - Apr 28	T&Th, 5—6 p.m.
111	Mar 12 - Apr 23	Sa, 9—10 a.m.
112	Mar 12 - Apr 23	Sa, 10—11 a.m.
113	Mar 12 - Apr 23	Sa, 11—12 p.m.

### ***Ages 10—18, Millbrook Exchange Tennis Center***

110	Mar 14 - Apr 27	M&W, 4—5 p.m.
116	Mar 15 - Apr 28	T&Th, 4—5 p.m.
118	Mar 12 - Apr 23	Sa, 10—11 a.m.

### Tennis Jr. Level 2

Must be able to have a sustained rally, serve 6 out of 10 in from the baseline, keep score and have played a full court set. This class works on using full swing forehand, backhand, serve, overhead, and good volley techniques while playing points. To pass, players must successfully demonstrate these techniques while playing a match.

Class Fee: \$132 Weekday/\$72 Saturday

### ***Ages 10—18, Millbrook Exchange Tennis Center***

102	Mar 14 - Apr 27	M&W, 4—5 p.m.
103	Mar 15 - Apr 28	T&Th, 4—5 p.m.
101	Mar 12 - Apr 23	Sa, 9—10 a.m.

## Junior Competition

### USTA Junior Team Tennis (JTT)

Ages 6 - 18, JTT consists of a practice and match each week. Players compete in singles and doubles matches against other area co-ed teams. JTT players can rally at least 6 times consistently and serve 6 out of 10 balls on each side. Players will be placed on teams based on their level and age as of August 31, 2022.

PRCR Fee: \$132 (city) or \$147 (non-city)  
USTA Local League Fee: \$22

**JTT City Team Tryouts:** Jan 17—19  
Email Cheri, [cheri.kohan@raleighnc.gov](mailto:cheri.kohan@raleighnc.gov)  
**JTT Registration Opens:** Jan 22, 10 a.m.

### ***8U, 10U Divisions:***

Practices at METC: Fridays, 5—6:30 p.m.  
Matches: Saturdays, 9 a.m.

101	8U Beginner
102	10U Beginner
103	10U Intermediate

### ***12U, 14U, 18U Divisions:***

Practices at METC: All divisions - Fridays, 4:30 p.m., 5 p.m., or 5:30 p.m.

Matches: Sat, 12uB/14uB @ 10:30 a.m.;  
12uS/14uS @ 12 p.m.;  
18uB/S/G @ 1:30 p.m.

104	12U Bronze	105	12U Silver
106	12U YB	107	14U Bronze
108	14U Silver	109	18U Bronze
110	18U Silver	111	18U Gold

**JTT League Coordinator:** Cheri Kohan  
[Cheri.Kohan@raleighnc.gov](mailto:Cheri.Kohan@raleighnc.gov)

PARKS, RECREATION  
AND CULTURAL  
RESOURCES

### **No Rain Makeups**

Class length is seven weeks, which includes one bonus week. If there is more than one week of rainouts, classes can be made up during other class times by emailing [david.bell@raleighnc.gov](mailto:david.bell@raleighnc.gov)

Registration opens November 30, 2021

# Adult Tennis - 2022 Spring Session



## Adult Instruction

### Adult Level 1

Ages 18+: No experience needed! Forehand and backhand groundstrokes, volleys, overhead, serve, scorekeeping, and the rules. To graduate to level 2, players must be able to serve from the baseline, keep score, and play a full court set.

Class Fee: \$132 Weekday/\$72 Saturday

#### **Millbrook Exchange Tennis Center**

103 Mar 14 - Apr 27 M&W, 10—11 a.m.  
106 Mar 14 - Apr 27 M&W, 6—7 p.m.  
104 Mar 15 - Apr 28 T&Th, 11—12 p.m.  
107 Mar 15 - Apr 28 T&Th, 7—8 p.m.  
102 Mar 12 - Apr 23 Sa, 9—10 a.m.  
105 Mar 12 - Apr 23 Sa, 12—1 p.m.

#### **Lake Lynn Community Center**

101 Mar 12 - Apr 23 Sa, 9—10 a.m.

### Adult Level 2

Ages 18+: Must be able to serve 6 out of 10 in from the baseline, keep score, and have played a full court set. This class works on using full swing forehand and backhand while playing points, full swing serve and overhead, and good volley technique while playing points. To pass, players must successfully demonstrate these techniques while playing a match.

Class Fee: \$132 Weekday/\$72 Saturday

#### **Millbrook Exchange Tennis Center**

101 Mar 14 - Apr 27 M&W, 11—12 p.m.  
102 Mar 14 - Apr 27 M&W, 7—8 p.m.  
103 Mar 15 - Apr 28 T&Th, 10—11 a.m.  
104 Mar 15 - Apr 28 T&Th, 6—7 p.m.  
105 Mar 12 - Apr 23 Sa, 10—11 a.m.  
106 Mar 12 - Apr 23 Sa, 11—12 p.m.

### Adult 2.5 Drills

Ages 18+: Must be at the NTRP 2.5 level or use full swing on most strokes during match play to enter this class. This is a drills class using all of your strokes. Topics may include topspin, underspin, and slice on the serve. To advance to 3.0 Drills, players must be at the 3.0 level or be able to hit topspin or underspin on some groundstrokes or volleys.

Class Fee: \$132 Weekday/\$72 Saturday

#### **Millbrook Exchange Tennis Center**

103 Mar 14 - Apr 27 M&W, 6—7 p.m.  
105 Mar 15 - Apr 28 T&Th, 6—7 p.m.

#### **Lake Lynn Community Center**

106 Mar 12 - Apr 23 Sa, 10—11 a.m.

### Adult 3.0 Drills

Ages 18+: Must be at the NTRP 3.0 level or use full swing on all strokes during match play to enter this class. This is a drills class using all of your strokes. Topics may include topspin, underspin, and slice on the serve. To advance to 3.5 Drills, players must be at the 3.5 level or be able to hit topspin and underspin on both groundstrokes, underspin on both volleys, and slice on the serve.

Class Fee: \$132 Weekday/\$72 Saturday

#### **Lake Lynn Community Center**

101 Mar 15 - Apr 28 T&Th, 6—7 p.m.  
102 Mar 15 - Apr 28 T&Th, 7—8 p.m.  
103 Mar 12 - Apr 23 Sa, 11—12 p.m.

### Adult 3.5 Drills

Ages 18+: Must be at the NTRP 3.5 level or be able to hit topspin and underspin on groundstrokes, underspin volleys, and slice serves during match play. This is a drills class, which will work on all of your strokes.

Class Fee: \$132 Weekday/\$72 Saturday

#### **Lake Lynn Community Center**

101 Mar 12 - Apr 23 Sa, 12—1 p.m.

### Quadrants

Ages 18+: Each week there will be courts of doubles matches. A player will play a total of 24 games in a round robin format—8 games with each of the 3 other players as a partner. The results will be used to adjust positions for the following week. The player with the most games won will move up and the player with the fewest will move down a quad. All players are responsible for being present or having a substitute present. New balls will be provided each week.

Quads Fee: \$44

#### **Millbrook Exchange Tennis Center**

##### **Women's Quads**

102 Mar 7 - May 16 M, 7—9 p.m.  
101 Mar 9 - May 18 W, 9:30—11:30 a.m.

##### **2.0-2.5 Co-Ed Quads**

103 Mar 10 - May 19 Th, 7—9 p.m.

Want to be a sub for Quads?

Email Cheri, [cheri.kohan@raleighnc.gov](mailto:cheri.kohan@raleighnc.gov)

## Adult Competition

### Ladder

Ages 18+: Recreational singles ladder play for all levels. Participants play challenge matches for points. Players may join the ladder any time. Ladder rankings will be updated online each Monday. Players arrange their own match time and location. The ladder finishes with a season ending tournament.

Ladder Fee: \$24

#### **Singles: Nov 22 - Feb 6**

401 Men's 3.0 405 Women's 2.5  
402 Men's 3.5 406 Women's 3.0  
403 Men's 4.0 407 Women's 3.5  
404 Men's 4.5

#### **Doubles: Nov 22 - Feb 6**

402 Men's 4.0 401 Women's 3.5

#### **Singles: Feb 28 - May 1**

101 Men's 3.0 105 Women's 2.5  
102 Men's 3.5 106 Women's 3.0  
103 Men's 4.0 107 Women's 3.5  
104 Men's 4.5 108 Women's 4.0/4.5

#### **Doubles: Feb 28 - May 8**

102 Men's 4.0 101 Women's 3.5

### Free Play for Seniors

Ages 55+: Free organized play for senior tennis players. This is a drop-in mixer with all levels of play. Simply show up and play at no charge.

#### **Millbrook Exchange Tennis Center**

Jan 1 - May 31 M&Th, 9—12 p.m.

### World Team Tennis - Ages 18+

WTT is co-ed teams competing in a format of six no-ad sets; men's and women's doubles, men's and women's singles, two sets of mixed doubles. Total games won from all sets determine the winner. Substitutions and coaching are allowed during the match.

Players looking for a team can sign up through RecLink.

Team Fee: \$75 May 9 - July 18

PARKS, RECREATION  
AND CULTURAL  
RESOURCES

For more information about Raleigh Parks, Recreation and Cultural Resources  
Tennis, please call 919-996-4129.

To check for weather related cancellations, visit <https://raleighnc.gov/tennis>. Click on "Weather Alert"

Registration opens November 30, 2021