Administrator's Letter
This season marks another milestone in the history of the Historic Resources and Museum Program as we celebrate our 10th anniversary. In July 2012, the City of Raleigh created the HRM Program to manage programs and operations at the Borden Building, City of Raleigh Museum, Latta University Site (now Latta University Historic Park), Mordecai Historic Park, Pope House Museum, Tucker House and the Raleigh Trolley. The initiative was part of a broader effort to reimagine the Parks and Recreation Department as the Parks, Recreation and Cultural Resources Department. Over the years, the HRM Program grew to include Fletcher Park Amphitheater, Moore Square, and Pullen Park, as well as dedicated curatorial staff to manage the expanding HRM exhibit and collection programs. Also in 2012, HRM first published the Raleigh Register, whose current issue focuses on the Moore Square Market of yesterday and today.

As always, we hope you enjoy reading the Register, and please stay tuned and stay involved!

Chair's Letter
Moore Square Market offers something for everyone. Live entertainment, a place to gather and play, as well as the opportunity to support local businesses. Something fun is always happening at this welcoming open space in downtown Raleigh.

The market features vendors selling fresh, seasonal goods, as well as original, high-quality crafts. Fruits, vegetables, meats, seafood, eggs, dairy, artisanal goods, pastries, and additional treats can be readily found at the market. Explore by yourself or join friends for the outdoor offerings found at Moore Square Market. There is something for everyone to enjoy thanks to Mother Nature and careful design; this history-rich site awaits your visit.

Esther Hall
Chair
HRM Advisory Board

Follow Us
Check our social media for the newest additions of upcoming events at all of our sites!

Front Cover Photograph Courtesy of The News and Observer, July 31, 1939
Food of the Past  
Ainsley Powell, Curator of Collections

Cooking, centuries ago, involved following handed-down instructions from family or cookbooks. The receipts, or what we call recipes today, were written in paragraph form, with general quantities of ingredients versus the precise amounts we prefer today. Additionally, all the ingredients were available for purchase at Raleigh's City Market starting in the early 20th century.

_Yorkshire cake receipt or recipe, “The New Domestic Cookery,” ca. 1830_

_Yorkshire Cakes._

Take two pounds of flour, and mix with it four ounces of butter melted in a pint of good milk, three spoonfuls of yeast, and two eggs; beat all well together, and let it rise; then knead it, and make into cakes; let them rise on tins before you bake, which do in a slow oven.

Another sort is made as above, leaving out the butter. The first sort is shorter; the last lighter.

_June bill of fare or menu, “The New Dixie Cookbook,” 1895_

6. **Sunday.** _Breakfast_—Twist rolls, fried chicken, potatoes, omelet. _Dinner_—Clam soup, baked lamb with potatoes, green pease, sliced tomatoes, asparagus, lettuce salad; strawberry short-cake with whipped cream. _Supper_—Cold biscuit, sliced lamb, fruit and light cake.

7. **Breakfast**—Oranges, corn batter cakes, broiled liver, scrambled eggs. _Dinner_—Roast beef, mashed potatoes, beets, cress salad; plain boiled rice with cream. _Supper_—Plain bread, bologna sausage, rusk with berries.
Ask A Farmer

Clarence & Tonya DuBois, Gabor Farm

In 2018, Clarence Dubois, owner of Gabor Farm, discovered he was Vitamin D deficient, and his doctor (also a farmer), told him to try growing mushrooms. He learned these special little fungi can absorb vitamin D directly from the sun and are the only produce item to offer this vital nutrient. Clarence had found his super food! Clarence and his wife, Tonya, were excited to add mushrooms to their family farm.

Q: How do mushrooms grow?
A: There are various types of mushrooms. We grow specialty mushrooms similar to nature. We grow them on wood since these are wood-loving mushrooms. We sterilize our wood to kill all contaminants. My wife works the lab - she inoculates the wood with the mushroom species that we want to grow. After the mushroom fully colonizes our grow bags, I take over. I take them to our climate-controlled grow tent, and after the right amount of time and conditions, the mushrooms produce fruit.

Q: What advice would you give to someone interested in starting to grow mushrooms?
A: Start with wasted mushrooms. They are the easiest, they're forgiving, and they're fun. Always wear a mask because mushrooms are a fungus. The same way you can get mold spores in your lungs, you can get mushroom spores in your lungs. Make sure to grow them in a well-ventilated place.

Q: Do you have a favorite type of mushroom?
A: My favorite type are the Oysters, but I think the Lion’s Mane is my second choice. Lion’s Mane are a little bit harder to grow than the Oysters, but once you see a Lion’s Mane, it reminds you of a hedgehog or a brain, so they are exciting and unique.

Q: What are the health benefits of eating mushrooms?
A: Vitamin B, Vitamin D, antioxidants, protein, and zero carbs. In Asia, mushrooms are used for food and medicine, but here we are just starting to uncover the health benefits of specialty mushrooms. You can eat raw mushrooms, make a mushroom tea, you can put them in your smoothie, you can dry them. No matter what you do with them, the health benefits that come from mushrooms remain after processing.

Clarence and Tonya, both military veterans, can be seen most Sundays at the Moore Square Market selling a delicious variety of mushrooms and produce. Their passion for farming, healthy living, and mushrooms is clear.
Markets at Moore Square – Bringing the Community Together Since 1792

Jenna Kostka, Moore Square Director

If you’ve been to Downtown Raleigh on a Sunday morning, chances are you’ve stopped by the Moore Square Market. Now in its fourth year in the Square, the Moore Square Market brings together farmers, bakers, makers, and the Raleigh community for a lively weekly market for 20 plus weeks each year.

Since its initial designation in 1792, Moore Square has been a gathering space for Raleigh residents. Throughout the late 18th and early 19th centuries, the community used the Square for impromptu gatherings, rallies, and religious services. By the mid-19th century, the Square began a transition to accommodate a wider spectrum of activities and commercial uses. From 1868-1870, Moore Square served as the interim location where farmers bought and sold goods during the construction of a new Market building on Fayetteville Street called Metropolitan Market. Metropolitan Market operated for several decades until the opening of City Market in the early 20th century. Throughout this time, the Square remained a favorite spot for large events and get-togethers, and farmers continued to use the space as a place to socialize and sell.

On October 1, 1914, with the opening of City Market, the commercial hub of Moore Square was anchored both physically and figuratively. Looking out over the Square from its location on the south side of Martin Street, the large building and heavy visitation changed the focus of Moore Square from a neighborhood gathering spot to city-wide destination. Booths from the Market would spill out into the Square, farmers would hawk their produce, and families could be seen enjoying a picnic on the lawns.

In 2022, the Moore Square Market continues the tradition of this community gathering space. On Sundays from May-October, farmers, bakers, and artisan makers showcase their goods, while families peruse and play in the Square.

With a variety of vendors, Moore Square Market has something for everyone.

Selling watermelons outside City Market, 1939. Courtesy of The News and Observer, July 31, 1939
HRM Volunteer Awards

Each year, the HRM staff and Advisory Board present awards to volunteers who have really gone the extra mile to support the HRM Program. The award presentations usually take place at the HRM Volunteer Banquet, an annual dinner and program where we say “thank you” to ALL of our volunteers. While we have not been able to hold the banquet for the past two years, we still wanted to continue the tradition of recognizing our dedicated volunteers.

Thank you to all of our volunteers, and congratulations to our winners below! Please visit the City of Raleigh’s YouTube channel at youtube.com/cityofraleigh to watch a series of videos recognizing our 2020 and 2021 award winners. We look forward to meeting again in person in 2022.

2020 HRM Volunteer Awards
2020 Outstanding New Volunteer Award: Napoleon Wright
2020 Outstanding Group Project Award: Latta Historic Park Citizen Planning Committee
2020 Stewardship Award: Victoria Hass
2020 Richard Stanhope Pullen Award: Alamo Drafthouse Cinema
2020 Outstanding Volunteer Award: Jennie Rambo

2021 HRM Volunteer Awards
2021 Outstanding New Volunteer Award: Deborah Martin and Debi Brondyke
2021 Outstanding Teen Volunteer Award: Max Neuwirth
2021 Outstanding Group Project Award: Fletcher Friday Volunteers
2021 Patty Mordecai Award: Emma Stout
2021 Stewardship Award: Meghan Plucinski
2021 Outstanding Volunteer Award: Belle Long
**First Friday Feature Film and Market**  
**Friday, July 1**  
Market runs from 5pm – 8pm,  
Movie starts at 8:30pm  
Moore Square  
Grab a blanket or lawn chair, pack a picnic, and enjoy an artisan market followed by a feature film each First Friday. July’s film is *National Treasure* (PG). Market presented by Pop-Up Carolinas.

**Cinema in the Square**  
**Thursdays in July & August**  
**Select Sundays starting at 6pm**  
Thursday, July 14 – *The Lion King* (G) (1994)  
Thursday, July 28 – *Black Panther* (PG-13)  
Thursday, August 11 – *Ghostbusters: Afterlife* (PG-13)  
Thursday, August 25 – *Shrek* (PG)  
Presented by Downtown Raleigh Alliance and Raleigh Parks. Join us in the Square for fun free movie event. Each event will also offer food trucks and pre-movie entertainment. Event starts at 7:30pm, movies begin at dusk.

**Raleigh Night Market**  
**Thursday, August 18**  
**Thursday, September 15**  
Moore Square  
Showcasing Raleigh’s creativity in Moore Square in downtown Raleigh. Discover locally-made goods and enjoy a night filled with music and entertainment with Triangle area artisans, food, and drinks. The Raleigh Night Market features over 100 vendors and 10+ food trucks!

**Moore Square Market**  
**May 1 – October 30 (excluding July)**  
**Sundays, 10am – 2pm**  
Moore Square  
The Moore Square Market will return in August. Farmers, bakers, and artisan makers come together to showcase their goods. Enjoy weekly entertainment, crafts, and specially themed markets throughout the season.

**First Friday Feature Film and Market**  
**Friday, August 5**  
Market runs from 5pm – 8pm,  
Movie starts at 8:30pm.  
Moore Square  
Grab a blanket or lawn chair, pack a picnic, and enjoy an artisan market followed by a feature film each First Friday. August’s film is *The Notebook* (PG-13). Market presented by Pop-Up Carolinas.

**Mordecai Historic Park’s 50th Anniversary Celebration**  
**Saturday, September 10**  
10am – 4pm  
Mordecai Historic Park  
Celebrate the 50th anniversary of the park with history, food, and community! Learn about the park’s opening in 1972, talk with our park partners, make a historic craft, and grab some food at food trucks!

**Summer Concert Series 2022 – Buckshot Betty**  
**Sunday, July 10**  
6pm  
Pullen Amusements  
Bring your own chairs and blankets and join us for this free concert series. Please be aware that concerts may be canceled due to inclement weather and that performers may change without notice.

**Summer Concert Series 2022 – SWAG**  
**Sunday, July 17**  
6pm  
Fred Fletcher Park  
Bring your own chairs and blankets and join us for this free concert series. Please be aware that concerts may be canceled due to inclement weather and that performers may change without notice.

**Summer Concert Series 2022 – Raleigh Concert Band**  
**Sunday, July 31**  
6pm  
Pullen Amusements  
Bring your own chairs and blankets and join us for this free concert series. Please be aware that concerts may be canceled due to inclement weather and that performers may change without notice.

**Summer Concert Series 2022 – Thelonious**  
**Sunday, August 14**  
6pm  
Fred Fletcher Park  
Bring your own chairs and blankets and join us for this free concert series. Please be aware that concerts may be canceled due to inclement weather and that performers may change without notice.
Historic Resources and Museum Program

In July 2012, Raleigh City Council created the Historic Resources and Museum Program, hereinafter the HRM Program, with the express purpose of protecting and programming identified cultural, museum, and historic resources within the City of Raleigh.

The HRM Program manages operations and programs at:

• Borden Building and Stone Circle at Fletcher Park
• City of Raleigh Museum
• Fred Fletcher Amphitheater at Fletcher Park
• John Chavis Memorial Park Carousel – Conservation
• Latta University Historic Park
• Moore Square
• Mordecai Historic Park
• Pope House Museum
• Pullen Park Historic Attractions
• Raleigh Trolleys
• Tucker House

Additionally, The HRM Program manages an artifact collection consisting of more than 21,000 fine and decorative material culture objects.

Raleigh Register
Raleigh Parks | Historic Resources and Museum Program

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