

DISCOVER YOUR CREATIVE SIDE

SERTOMA 2020 FALL CLASSES / WORKSHOPS

Registration begins July 28.

Registration online is available for most classes at reclink.raleighnc.gov.

Youth Classes

Drawing – Drawing Fundamentals

Age: 8-12yrs. In this class students will learn the basics of drawing using techniques that will help them draw the objects in front of them. We will do practice and final drawings using a variety of materials including marker, charcoal, pastel and pencil. Supplies included. 6 sessions. Instructor: Amy Veatch.

Course Fee: \$80 #261257 Sep 28-Nov 2 M 4:30-6:00pm

Pottery – Ceramic Sun Wall Hanging

Age: 6-11 yrs. We are going to anticipate some bright sunshiny days by making happy sun faces to hang on the wall. Children will take clay slabs and create a sun with a face. During the second class, children will decorate with glazes. They will be ready to pick up two weeks after the last class. 2 session. Instructor: Patty Merrell.

Course Fee: \$35 #261021 Oct 15-22 Th 4:15-5:30pm

Pottery – Eccentric Elephant

Age: 6-11 yrs. Students will create a unique and eccentric elephant in the first class. In the second class, students will add color with glaze to decorate. Pieces will be ready to pick up two weeks after the last class. 2 sessions. Instructor: Patty Merrell.

Course Fee: \$35 #261023 Oct 7-14 W 4:15-5:30pm

Pottery – Funky Fungi

Ages: 6-11yrs. Children will create splendidly speckled and spotted toadstools using textures and handbuilding techniques during the first class. During the second class, young potters will decorate with vibrant glazes. Pottery will be ready for pickup 2 weeks after the last class. 2 sessions. Instructor: Patty Merrell.

Course Fee: \$35 #261019 Sep 24-Oct 1 Th 4:15-5:30pm

Pottery – Holiday Gifts by Young Potters

Age: 5-10 yrs. Students will learn basic handbuilding techniques to create a unique plate for goodies or snacks and an enclosed candle holder. Pieces will be decorated and glazed during the second class and left for firing. Finished pottery will be available for pickup 2 weeks after the last class. No previous clay experience is necessary. 2 sessions. Instructor: Patty Merrell. Course Fee: \$40

#261017 Dec 1-8 Tu 4:30-6:00pm

Teen Classes

Drawing – Drawing Fundamentals for Teens

Age: 12-17 yrs. This class will explore drawing fundamentals such as contour drawing, gesture drawing, value and shading, composition and perspective. We will draw figures, landscapes in realistic and abstract experiments using a variety of drawing materials: pencil, pen, charcoal, colored pencils, pastels and markers. Supplies included. 6 sessions. Instructor: Anne Terry. Course Fee: \$80

#258546Sep 14-Oct 19M4:30-6:00pm#258547Nov 9-Dec 14M4:30-8:00pm

Painting – Painting for Teens

Age: 12-16yrs. In this class students will learn the basics of color theory, composition, using drawing in paintings, and how to paint objects in still life. We will explore abstraction with color theory, also. Each session will begin with practice drawing or painting and students will work on final paintings. Supplies included. 1 session. Instructor: Amy Veatch. Course Fee: \$80

#261265 Sep 17-Oct 22 Th 4:30-6:00pm

Pottery – Ceramic Face Masks

Age: 12-16yrs. We will create funky face masks to hang on the wall using slab and sculpting techniques. African masks will be examined and used as inspiration. 3 session. Instructor: Patty Merrell. Course Fee: \$50

#261029 Nov 4-25 W 4:00-6:00pm Skips 11/11

Pottery – Wheel Throwing for Teens

Age: 12-16yrs. Teens learn the basics of throwing pots on the potter's wheel. Class time includes throwing demonstrations followed by practice time on the wheel. Students work at their own level, so all teens are welcome! Class ends with glazing all pots for firing, and students can pick up pots after class has ended. Class does not qualify participants for a studio card. 6 sessions. Instructor: Anne Terry.

Course Fee: \$125 #258548 Sep 16-Oct 21 W 4:00-6:30pm

Printmaking – Printmaking for Teens

Age: 12-16yrs. Explore the world of printmaking from ordinary objects. Students will use plates and blocks to print images on paper with ink and paint. We will create plates to repeatedly print from and

we will create plates for mono printing. This class will give students a chance to try several types of printmaking! Supplies included. 6 sessions. Instructor: Amy Veatch. Course Fee: \$80 #261269 Oct 28-Dec 16 W 4:30-6:00pm

Skips 11/11 & 11/25

Adult Classes

Basket Weaving – Random Weave Baskets Workshop

Age: 16yrs. and up. Seemingly chaotic, the random weave actually embraces several fundamental structural components and allows for a broad range of forms to be built with highly textured surfaces. In this 2-week session we will learn the random weave process while making a basket tailored to your own aesthetics. No former basket experience is required. Great for those new to artistic work as well as artists wanting to learn a new medium. An \$18 materials fee, payable to the instructor at the start of the workshop, includes most of the weaving supplies. Participants will need to bring 2 small bath towels and a pair of clippers, such as used to cut a flower stalk. 2 sessions. Instructor: Anne Willson. Course Fee: \$60

#261253 Oct 7-Oct 14 W 6:30-9:00pm

Fibers – Scrunch, Pleat, and Cinch in Shibori and Indigo

Age: 16yrs. and up. The title gives a few words describing some aspects of folding in shibori, the art and craft of manipulation. For 2 days we will explore those implications, to create unique patterns and motifs on cloth. Working with plant fibers (cotton, linen, rayon, bamboo or blends of) is recommended for best results. Some cloth will be provided and we will be dyeing in indigo. A \$40 supply fee is due to the instructor at the start of the workshop, this will include cloth, needles, thread, dye and other supplies for cloth manipulation and processing. Students need to bring gloves appropriate for dyeing (in indigo), small scissors, and a bag lunch. 2 Sessions. Instructor: Susan Fennell. Course Fee: \$120

#260734 Oct 17-Oct 18 Sa-Su 10:00am-4:00pm

Fibers – Traditional Japanese Embroidery

Age: 18yrs. and up. The technique of Japanese embroidery goes back more than 1,600 years. We use silk and metallic fibers on silk fabrics to produce traditional and modern designs for framing. Instruction follows an orderly progression of steps with a new design at each level. This workshop is open to beginners as well as current students at all levels. Current students should bring projects they are working on. New students are required to purchase kit and supplies from the instructor, payable at first class. Two options are available, see the supply list on Sertoma's webpage for details and cost. Instructor needs one month's notice to order supplies for new students. Additional supplies will be available for purchase from instructor in class. New students are highly encouraged to contact the instructor for more information before enrolling. 2 sessions. Instructor: Pam Reading. Course Fee: \$75

#258550 Nov 7-8 Sa-Su 9:30am-4:30pm

Glassmaking – Fused Glass Painting

Age: 16yrs. and up. In this class you will use specialty glass and fusible paint to create unique, functional, glass artwork. You will start by experimenting with a variety of techniques for applying the paint to the glass. You will then learn how to layer the glass for firing in a kiln. We will make both small pieces suitable for pendants or magnets, and larger works that can later be made into dishes,

ornaments, and a variety of other objects. No experience with painting or glass required! \$30 supply fee due to instructor at first class. 6 Session. Instructor: Danielle Cozart. Course Fee: \$150 #260964 Sep 16-Oct 21 W 6:30-9:00pm

Glassmaking – Glass Jewelry

Age: 16yrs. and up. Learn to make stunning glass jewelry from start to finish! You will be begin by learning glass fusing and casting techniques to create glass focal pieces for your jewelry designs. Next, we'll explore a variety of techniques including attaching simple findings, working with wire, and creating a one of a kind setting out of metal. Along the way, we will discuss how to plan a design using your favorite glass focals. You will leave the class with at least 3 finished pieces. A \$30 supply fee paid to the instructor on the first night of class will include all materials and supplies. 5 Sessions. Instructor: Danielle Cozart.

Course Fee: \$150 #260761 Nov 4-Dec 9 W 1:00-3:30pm Skips 11/11

Jewelry: Advanced Ring Making

Age: 16yrs. and up. In this class the students will construct and set a ring in sterling silver with a large gemstone set in a handmade full bezel, with accent stones set into the shoulders of the ring band in the French pavé style. Students may choose the stone species, shape and cut (cabochon or faceted) of center stone and the color they wish to accent the center stone they choose. The student will construct the bezel and shank of the ring, assemble them together, and lay out and set the stones during the course of the class. Prerequisite: Beginning Metals at Sertoma or Pullen Arts Center and intermediate soldering skills. 6 Session. Instructor: Dustin Walker.

Course Fee: \$180 #260674 Nov 3-Dec 8 Tu 6:30-9:30pm

Jewelry: Anodizing Niobium

Age: 16yrs. and up. Experiment by adding beautiful color to your jewelry! With anodized niobium, you can add color to your pieces. Students will learn to anodize niobium with an electrolyte solution and electrical current. Anodizing brings out amazing color and highlights texture on niobium. The pieces created can be added to other metals by cold joining or be the centerpiece in a set of earrings or necklace. The creative possibilities are endless! Must have had a jewelry class at Sertoma or Pullen Arts Center. \$35 kit will be available for purchase at the first class. 6 sessions. Instructor Amy Veatch. Course Fee: \$150

#260306 Sep 25-Oct 30 F 10:00am-12:30pm

Jewelry: Beginning Metals

Age: 16yrs. and up. Design and construct earrings, pins, pendants, charms or other small objects and tokens in this basic metalworking class. Students will learn to saw, file, hammer and solder wire and sheet metals to create individual projects. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects. 6 sessions. Course Fee: \$150

er instructs		
Sep 17-Oct 22	Th	7:00-9:30pm
instructs		
Sep 16-Oct 28	W	10:00am-12:30pm
	Sep 17-Oct 22 instructs	Sep 17-Oct 22 Th instructs

Skips 10/7

Caitlin Lewis instructs #260300 Sep 21-Oct 26 M 10am-12:30pm

Jewelry: Chain Making

Age: 16yrs. and up. Learn how to make your own chain! Hone your soldering skills while learning tips and tricks to make beautiful one-of-a kind chains. Using sterling silver, brass, and copper wire students will be working with pliers, hammers, and the rolling mill along with an acetylene torch to create their own designs. Leave class with a completed chain and the skills to create many more! Class kits will be available for purchase for \$25 on the first day of class. Students are encouraged to bring their own materials. Prerequisite: Basic metalworking skills required. 4 sessions. Instructor: Samantha Clarke. Course Fee: \$100

#260733 Oct 8-29 Th 10:00am-12:30pm

Jewelry: Continuing Enamels

Age: 16yrs. and up. In this class we will expand on the Beginning Enamel class and delve into alternative techniques in enameling. We will learn about decals, iridescent powders as well as enamel paints and crayons. The sky's the limit - there will be tons of room for experimentation! Students will need to provide their own 20g copper. Everything else will be provided. Prerequisite: Beginning Enamel at Sertoma or Pullen Arts Center. 4 sessions. Instructor: Sarah West. Course Fee: \$200 #260358 Oct 3-31 Sa 10:30am-3:30pm

#260358 Oct 3-31 Sa 10:30am-3:30pm Skips 10/24

Jewelry: Continuing Metals

Age: 16yrs. and up. Prerequisite: Beginning Metals class at Pullen or Sertoma Arts Center. Continue to expand your jewelry making skills learning to solder, make a simple ring, set a stone and form a hollow bead. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects. 6 sessions.

Course Fee: \$150

Samantha C	larke instructs		
#260303	Nov 5-Dec 17	Th	7:00-9:30pm
			Skips 11/26
Amy Veatch	instructs		
#260304	Nov 2-Dec 14	Μ	10:00am-12:30pm Skips 11/30

Jewelry: Flush Setting Basics

Age: 16yrs. and up. This class is designed to get you comfortable with the basics of flush setting. Students will practice setting stones on a sample plate. Kit included. Beginners welcome! 2 Session. Instructor: Sarah West. Course Fee: \$105

#260753 Dec 4-11 F 9:30am-12:30pm

Jewelry: Hydraulic Press and Cold Joining

Age: 16yrs. and up. Use the hydraulic press to form your metal and learn to cold join the things you have formed! Students will use tabs, rivets, and wires to set objects and metal pieces formed in the

hydraulic press. You will learn to make lockets and bracelets using the hydraulic press to form them. Bring your ideas and stones or other small objects to set! Must have had a jewelry class at Sertoma or Pullen Arts Centers. \$30 Kit will be available for purchase at the first class. 6 sessions. Instructor: Amy Veatch.

Course Fee: \$150 #260307 Nov 4-Dec 16 W

10:00am-12:30pm Skips 11/11

Jewelry: Keep Your Hammers Shiny!

Age 16yrs. and up. If you have bought a new hammer recently or have a well loved hammer that needs to be refurbished you will want to take this class! We will learn how to shape and resurface our hammers and then use the polishing machine to put a mirror finish on them! Bring your own planishing or ball peen hammer or you will be able to purchase a ball peen hammer from the instructor. Students need to bring a planishing or ball peen hammer or money to buy ball peen hammer. 1 Session. Instructor: Sarah West. Course Fee: \$40

#260353 Dec 5 Sa 10:30am-1:30pm

Jewelry: Liquid Enamels

Age: 16yrs. and up. In this class we will primarily be using liquid enamels. We will play with layering liquid enamels, over-firing to produce new colors, torch firing and much more! Students will need to bring their own 20g and 22g copper. Prerequisite: Beginning Enamel at Sertoma or Pullen Arts Center. Instructor: Sarah West. 3 sessions.

Course Fee: \$150 #260367 Sep 12-26 Sa 10:30am-3:30pm

Jewelry: Make Your Own Stud Earrings

Age: 16yrs. and up. Stud earrings are a popular and practical alternative to larger dangly designs. In this class students will learn how to transform sheet metal and wire into unique stud earrings of their own design. Learn the basics of cutting, shaping and texturing metal, and how to solder ear posts. Optional jewelry kits will be available for \$25. The kit will provide you with solder, sawblades, drill bits, sandpaper and a small amount of silver wire and sheet copper to get started on projects. 4 Sessions. Instructor: Caitlin Lewis.

Course Fee: \$100 #261054 Oct 27-Nov 17 Tu 10:00am-12:30pm

Jewelry: Textured and Twisted – Bangle Bracelets

Age: 16yrs. and up. In this fun make and take class, you will learn some jewelry making basics. Each student will make at least two bangle bracelets - one with twisted wire and one with a hammer texture. Beginners welcome! 1 Session. Instructor: Sarah West. Course Fee: \$60 #260372 Dec 12 Sa 10:30am-3:30pm

Jewelry – Zen and the Art of the Jeweler's Saw

Age: 16yrs. and up. This one day class is designed to get you in the groove with your jeweler's saw. We will spend the first part of the class in a drawing exercise that will get our minds off our daily routine and get our creative juices flowing. Next we will transcribe our drawing onto the copper by sawing and piercing and texturing the day away! All materials and unlimited saw blades provided! All

levels welcome! 1 Session. Instructor: Sarah West. Course Fee: \$60 #260356 Dec 19 Sa 10:30am-3:30pm

Painting – Beginning Watercolors

Age: 16yrs. and up. Learn the basic techniques of transparent watercolor. Find out about the best paper, paint and brushes to use. Students will create a landscape after learning how to do wet-on-wet washes, wet-on-dry washes, trees, water, rock and skies. Students will learn how to achieve a beautiful glowing sky in watercolor. Supply list available on Sertoma's webpage. 5 Sessions. Instructor: Ryan Fox. Course Fee: \$100 #261239 Sep 14-Oct 19 M 9:30am-12:30pm Skips 10/5 #261240 Nov 9-Dec 7 M 9:30am-12:30pm

Painting – Chinese Brush Painting – Flowers & Birds

Age: 16ys. and up. Chinese brush painting is a traditional art form that shows the beauty of both simplicity and complication of the nature, with only ink or with ink and color. Flowers and birds is one of the tree major categories for Chinese brush painting. Students will learn how to paint flowers such as poppy, lily, rose, iris or Chinese national flower, the peony, as well as birds, which are popular brush painting subjects. Instructor will provide step by step demo and individual help. Each person will complete a beautiful painting in every class, while practicing basic brush painting techniques. In addition, the students will learn some basic Chinese calligraphy technique as the title of the paintings or the artist's names. This course is for both experienced and beginning students. The instructor will provide all the supplies and student will **pay \$5 for supplies** per workshop. Or the students can bring their own supplies if they prefer, supply list provided upon registration. Instructor: Jinxiu Zhao (Alice) is a professional artist who specializes in the teaching of Chinese brush painting and calligraphy to both children and adults. She has been teaching in North Carolina for 23 years at all levels of the K12-public/private schools, teachers' training programs and in private classes. 1 session.

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#258326	Sep 9	W	12:00-3:00pm
#258327	Oct 7	W	12:00-3:00pm
#258328	Nov 4	W	12:00-3:00pm
#258329	Dec 9	W	12:00-3:00pm

Painting – Color Theory Workshop with Peter Marin

Age: 16yrs. and up. In this workshop we will explore and demystify the issues and theories surrounding color and its application as it pertains to painting. The class will cover the foundations of color identification such as Newton's theories, Alber's perspectives, the Munsell model and Wurmfeld's proposals; and, will introduce the student to elements of color psychology such as gestalt, simultaneous contrast and optical mixing. Exercises include working in paint to learn about the properties that make up colors and how to train the eye to identify these traits. A history of color use and how color theory has evolved in art will be provided through a thorough slide lecture. Session will cover how color is an aid to communication in a visual language idiom and how to begin identifying color in context of a work of art. If you are a visual artist and wish to learn more about color so you may have a better handle on your visual vocabulary, this course is for you. Supply list available on Sertoma's webpage. 2 Sessions. Instructor: Peter Marin.

#261271 Oct 26 M 9:30am-4:30pm

Painting – Fun with Experimental Watercolor

Age: 15yrs. and up. Learn to experiment with watercolor using a variety of techniques and alternate surfaces. Through classroom demonstrations you will learn different ways to mix paint for unique effects and textures. Each class will feature a different teacher demonstration. Beginners and experienced students welcome. Supply list available on Sertoma's webpage. 5 sessions. Instructor: Ryan Fox.

Course Fee: \$100 #261251 Sep 14-Oct 19 M 1:00-4:00pm Skips 10/5 #261252 Nov 9-Dec 7 M 1:00-4:00pm

Painting – Intro to Painting with Peter Marin

Age: 16yrs. and up. This course introduces the student to the practice of painting such as color, form, composition and narrative. Comparative methods will be used to develop the foundations of a personal visual vocabulary with the aim of supporting a painting practice. Technical and theoretical issues will be discussed to form a frame of reference to serve as a reference point into painting. Class consists of slide lectures, studio time and take-home assignments. Any wet media welcome. NO experience required. Supply list available on Sertoma's webpage. 6 Sessions. Instructor: Peter Marin. Course Fee: \$120

#261228 Sep 18-Oct 23 F 9:30am-12:30pm

Painting – Landscape Workshop with Peter Marin

Age: 16yrs. and up. This workshop covers the history of landscape painting and how the landscape has been used by artists to render ideas about modernity, discovery, manifest destiny and colonialism, beauty and most recently, how it has formed the modern idea of environmentalism. Special focus is placed on understanding how the idea of landscape shapes ideas of the contemporary environmental movement. Work is made in response to the discussions. Formal and theoretical issues are addressed to aid the student in achieving a defined critical thinking position as to their work. Supply list available on Sertoma's webpage. 1 Session. Instructor: Peter Marin. Course Fee: \$90

#261278 Nov 2 M 9:30am-4:30pm

Painting – Larry Dean's Acrylics Studio

Age: 16yrs. and up. This class is ideal for those with some acrylic experience. However, beginners are welcome. Students will bring their own projects and proceed with advice and demonstrations from the instructor. Assistance with choosing and mixing colors, composition, perspective and more will help you develop your own style of painting. Come hone your skills in this friendly, informal environment. Supply list is available on Sertoma's webpage. 6 sessions. Instructor: Larry Dean. Course Fee: \$100

#259179	Sep 15-Oct 20	Tu	6:30-9:00pm
#259180	Nov 10-Dec 15	Tu	6:30-9:00pm

Painting – Larry Dean's Beginning Acrylics

Age: 16yrs. and up. This true beginners class offers a gentle introduction to acrylic painting or a reintroduction to basic concepts with a focus on getting started. Students will work from their own photos, simple still-life arrangements or their imagination. Students will learn about materials, color mixing, shape and perspective. Informal lessons and paint- along demonstrations will assist as you

learn at your own pace. Supply list is available on Sertoma's webpage. 6 sessions. Instructor: Larry Dean.

Course Fee: \$100 Sep 14-Oct 19 6:30-9:00pm #259175 Μ #259176 Nov 9-Dec 14 Μ 6:30-9:00pm

Painting – Larry Dean's Studio

Age: 16yrs. and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works-in-progress. Instructions will include color mixing, shape and perspective. Topics range from selecting a subject to varnishing the finished work. Informal advice will assist as you learn at your own pace. Supply list is available on Sertoma's webpage. 6 sessions. Instructor: Larry Dean.

Course Fee: \$100 Sep 15-Oct 20 #259177 Tu 1:00-3:30pm Nov 10-Dec 15 #259178 Tu 1:00-3:30pm

Painting – Sacred Geometry with Peter Marin

Age: 16yrs. and up. This course focuses on the ideas that have propelled art as an instrument of the sacred. We examine the history surrounding what sacred art has been considered and how it has evolved beginning with the Egyptians, the Greeks, the Renaissance, the Baroque, Modernity and finishing up in contemporary times. Assignments, slide lectures and readings are given on a weekly basis. Class covers significant mathematical and historical issues such as divine proportions, musical relationships, the Fibonacci sequence and irrational proportions. Bring usual painting materials, any wet media. Include a compass, tracing paper roll 12"/18" x any length. Instructor: Peter Marin. Course Fee: \$120 F

Nov 6-Dec 18 #261231

9:30am-12:30pm Skips 11/27

Painting – Workshop: Watercolor Weekend

Age: 16yrs. and up. Experience the joy of watercolor in a casual environment at Sertoma Arts Center. We will explore traditional techniques as well as some experimental techniques. Janie will demonstrate in the morning. We will break for lunch (bring your own) and we will have both of the afternoons to explore and enjoy art. Bring lots of photos, ideas and enthusiasm. Supply list is available on Sertoma's webpage. 2 sessions. Instructor: Janie Johnson.

Course Fee: \$150

#261289	Sep 19-20	Sa	9:45am-3:30pm
		Su	10:30am-3:30pm
#261290	Oct 17-18	Sa	9:45am-3:30pm
		Su	10:30am-3:30pm
#261291	Nov 21-22	Sa	9:45am-3:30pm
		Su	10:30am-3:30pm
#261294	Dec 12-13	Sa	9:45am-3:30pm
		Su	10:30am-3:30pm

Pottery – Carving on Clay Surfaces

Age: 16yrs. and up. Explore the tools and techniques that will make your pottery surfaces more unique and professional. This class focuses on ways to get a more consistent look, putting ideas into practice and fine-tuning a carving style that sets your work apart! Clay slab work will be the primary format, but wheel-thrown pieces may also be used. Basic pottery tools are necessary, and additional

carving tools will be suggested at the first class. Beginning Handbuilding at Sertoma or Pullen Arts Centers is required to qualify for this class. This course does not qualify for a studio card. 4 sessions. Instructor: Steve Karloski. Course Fee: \$65

#260995 Oct 26-Nov 16 M 7:00-9:15pm

Pottery – Creatures of Habitat

Age: 16yrs. and up. Bring all your basic handbuilding skills together to create fun and unique animals for the garden, porch or patio. This four-week course will focus on smaller wildlife forms, including frogs, fish, birds, lizards, turtles and a few insects. Explore the components that bring your favorite creatures to life. Students should bring a notebook to help with the thought and planning process. Prerequisite: Beginner Handbuilding at Sertoma or Pullen Arts Center. This course does not qualify for a studio card. 4 sessions. Instructor: Steve Karloski.

Course Fee: \$65 #260991 Sep 14-Oct 5 M 7:00-9:15pm

Pottery – Handbuilding: Beginning

Age: 16yrs. and up. This class explores techniques including pinching, coils and slabs, and provides an overview of ceramic materials and glazing. Classes provide demonstrations and individual work time with instructor guidance. Students are encouraged to practice between class sessions and will have free access to Sertoma's well-equipped studio. New students may not miss more than two classes and must attend the first class and the glazing class (approximately 5th week) to qualify for a studio card. Students will purchase materials at first class (approximately \$42). All skill levels are welcome. 7 sessions.

Course Fee: \$110				
Tim Cherry I	nstructs			
#260986	Sep 16-Oct 28	W	9:30-11:45am	
Steve Karlos	ski instructs			
#260987	Sep 16-Oct 28	W	7:00-9:15pm	
Laura Korch	instructs			
#260988	Oct 8-Nov 19	Th	9:30-11:45am	

Pottery – Wheel Throwing: Beginner

Age: 16yrs. and up. This course introduces students to the basics of throwing pottery and provides them with an understanding of ceramic terms, processes and knowledge needed to use the pottery studio safely and independently. Topics include centering clay, throwing basic forms, handles and glazing. Sessions include demonstrations and practice time under the guidance of the instructor. Students are encouraged to practice between class sessions and have free access to Sertoma's well-equipped studio. New students may miss no more than two classes and must attend the first class and the glazing class (approximately 6th week) to qualify for a studio card. Purchase materials at first class (approximately \$42). Please arrive 20 minutes early for first class to buy materials. 7 sessions. Course Fee: \$100

Juan waisi	I IIISII UCIS		
#260969	Sep 16-Oct 28	W	7:00-9:15pm
Tina Granv	ville Instructs		
#260970	Sep 16-Oct 28	W	9:30-11:45am
Andy McKe	enzie Instructs		
#260971	Sep 14-Oct 26	М	7:00-9:15pm

Pottery – Workshop: Majolica Holiday Ornaments

Age: 16yrs. and up. Create beautiful and colorful holiday ornaments using the majolica pottery technique. Students select terracotta ornaments that are glazed and ready to decorate with majolica colors. An assortment of shapes and variety of decorating colors gives you unlimited possibilities. Ornaments are left for firing after the workshop and can be picked up the next week. Ornaments cost \$2 and include clay, glaze, decorating colors and ribbon. The number of pieces created is up to the individual. This workshop is easy and fun, even for those with no pottery experience! Although open to new students, this workshop does not qualify students for a studio card. 1 session. Instructor: Patty Merrell.

Course Fee: \$35 #261030 Dec 6 Su 12:30-4:30pm

Fitness

Dance – Beginner and Improver Contemporary Line Dance

Age: 16yrs. and up. Join this beginner through improver line dance class and learn fun dances to all kinds of music: pop, western, and oldies. Line dancing is a great way to keep active - both for your brain and body! From 4:00-5:00 is easy beginner through solid beginner dances. You'll learn steps and gain experience doing beginner line dances. From 5:00-6:00 is improver level dancing, work on more challenging dances at the improver level. Knowledge of line dance steps is necessary and prior experience recommended. Instructor: Jackie Wheeler.

Course Fee: \$15

#258311 Sep 1-Dec 15 Tu 4:00-6:00pm Skips 11/3 & 11/24

Exercise – Sertoma Chair Yoga for Seniors

Age: 50yrs. and up. This chair yoga class is designed for all levels including seniors and others with varying degrees of mobility. Yoga can help relax tense muscles, stabilize joints and strengthen the body. Yoga can also improve digestion, circulation and reduce high blood pressure as well as anxiety. You will learn gentle stretching, breathing techniques and ways to calm the mind. Before undertaking any exercise program, one should consult a physician. Bring a yoga mat and wear comfortable clothing. 6 sessions. Instructor: Susan Kilmon.

Course Fee: \$52 #258318 Sep 8-Oct 13 Tu 1:30-2:30pm #258319 Oct 27-Dec 15 Tu 1:30-2:30pm Skips 11/3 and 11/24

Exercise – Sertoma Kripalu Yoga Beginning

Age: 16yrs. and up. The ancient art of yoga combines postures for the body, breathing for relaxation and meditation for the mind. Kripalu is a gentle yoga that encourages students to discover their own degree of flexibility rather than push past their limits. Before undertaking any exercise program, one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. 6 sessions. Instructor: Susan Kilmon.

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#258313	Sep 14-Oct 26	М	6:15-7:15pm
			Skips 9/28
#258312	Sep 14-Oct 26	М	7:30-8:30pm
			Skips 9/28

#258315	Nov 2-Dec 14	Μ	6:15-7:15pm
			Skips 11/23
#258314	Nov 2-Dec 14	М	7:30-8:30pm
			Skips 11/23
#258316	Sep 8-Oct 13	Tu	12:00-1:00pm
#258317	Oct 27-Dec 15	Tu	12:00-1:00pm
			Skips 11/3 and 11/24

Exercise – Sertoma Kripalu Yoga Continuing

Age: 16yrs. and up. This course is a continuation of the Kripalu Yoga Beginning Class. Students should have taken the beginning class or have yoga experience. Before undertaking any exercise program, one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. 6 sessions. Instructor: Susan Kilmon.

Course Fee: \$52

#258322	Sep 9-Oct 14	W	7:30-8:30pm
#258323	Oct 30-Dec 16	W	7:30-8:30pm
			Skips 11/11 & 11/24
#258324	Sep 10-Oct 15	Th	12:00-1:00pm
#258325	Oct 29-Dec 10	Th	12:00-1:00pm
			Skips 11/26

Exercise – Sertoma Kripalu Yoga Continuing with Meditation

Age: 16yrs. and up. This course is a continuation of the Kripalu Yoga Beginning Class and includes a meditation component. Students should have taken the beginning class or have yoga experience. Before undertaking any exercise program, one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. 6 sessions. Instructor: Susan Kilmon.

Course Fee: \$52

#258320	Sep 9-Oct 14	W	6:15-7:15pm
#258321	Oct 28-Dec 16	W	6:15-7:15pm
			Skips 11/11 & 11/25

Exercise – The Nia Technique

Age: 13yrs. and up. Nia is a form of fusion fitness for the body, mind, emotions and spirit. The technique integrates movements from dance, martial arts and healing arts to condition the whole body, quiet the mind, release stress and restore the spirit. It is fun, expressive and adaptable for all fitness levels. New to Nia? Take a free class! 6 sessions. Instructor: Laura Ghantous. Course Fee: \$48

#258552	Sep 12-Oct 24	Sa	10:15-11:15am
			Skips 10/10
#258553	Oct 31-Dec 19	Sa	10:15-11:15am
			Skips 11/7 and 11/28

Family – Nature

From Tiny Seeds to Giant Pumpkins!

Age: 2-6 yrs. Pumpkins are everywhere in Fall. But how do they grow from tiny seeds to giant pumpkins? Preschoolers will find out as they enjoy this program! Engaging activities, songs and surprises will delight our little learners. We'll even plant pumpkin seeds to take home and watch grow.

Preregistration is required. Children must be accompanied by adults. Adults attend free. For more information, contact Nature Programs at 919-996-6856. Course Fee: \$2 #259805 Oct 29 Th 10:30-11:30am

Into the Woods!

Age: 2-6 yrs. Preschoolers will explore the woods and discover the wonders of trees! We will learn how trees grow and how they change as the seasons change. Songs, stories and crafts await your little learner. Preregistration is required. Children must be accompanied by adults. Adults attend free. For more information, contact Nature Programs at 919-996-6856. Course Fee: \$2

#259799 Sep 24 Th 10:30-11:30am

Webs and their Weavers

Age: 2-6 yrs. Preschoolers will love this program all about those eight-legged master architects: SPIDERS! Games, stories, songs and live animals are sure to engage little learners. Preregistration is required. Children must be accompanied by adults. Adults attend free. For more information, contact Nature Programs at 919-996-6856.

Course Fee: \$2

#259813 Nov 19 Th 10:30-11:30am

SERTOMA ARTS CENTER

1400 W. Millbrook Rd., Raleigh, NC 27612 | 919-996-2329 | <u>www.raleighnc.gov/arts</u> Center Director Julia Meder | <u>Julia.Meder@raleighnc.gov</u> Assistant Director Kendal Draper | <u>Kendal.Draper@raleighnc.gov</u> Keyword: Sertoma Arts

