

SRIS In-Person Programs

March 2021



Quest Adult Day Program

Ages: 22+

Quest is an adult day program for individuals with disabilities, who are interested in day-time recreation, healthy living and community engagement. Participants engage in various themed activities, including visits from specialists.

Participants who are able to work within a small group setting, manage personal care, and follow basic rules of safety and interaction are invited to join! Staff facilitation and supervision is provided on a 1 staff to 5 participant ratio. Individuals who require more support may attend with a personal assistant (additional paperwork required).

Days: Tuesday and Thursday

Time: 10:00am - 3:00pm

Location: Five Points Center for Active Adults



Tuesdays: March 2, 9, 16, 23, and 30

Cost: \$125 residents & non-residents

Barcode: 267253

10:00am-3:00pm

Thursdays: March 4, 11, 18, and 25

Cost: \$125 residents & non-residents

Barcode: 267257

10:00am-3:00pm

Please review the In-Person Know Before You Go information prior to registering.

PARKS, RECREATION
AND CULTURAL
RESOURCES

Specialized Recreation and Inclusion Services
2401 Wade Avenue
919-996-2147
SRIS@raleighnc.gov

SRIS In-Person Programs

March 2021



Art Time:

Join us to create some unique, one-of-a-kind art on the last Monday of the month! Each class will focus on a different theme, and various types of materials will be used. Materials will be provided. An instructor will be available to facilitate and assist participants at a ratio of 1:5. Individuals requiring a higher level of support may attend with a personal assistant. For more information, please call 919-996-2147.

Registration Deadline: March 15

Date: Monday, March 29th

Time: 6:30pm-7:30pm

Location: Hill Street Community Center

Barcode: 267308



VIP Bingo:

Join us, the last Wednesday of the month, for an evening of fellowship, fun and bingo. Braille and large print cards are available. There will be no food or drink provided. Transportation will not be provided for this program at this time, as well. For more information, please call 919-996-2147.

Registration Deadline: March 17

Date: Wednesday, March 31th

Time: 6:30pm– 7:30pm

Location: Top Greene Community Center

Barcode: 274619

SRS Egg Hunt:

Ages 6-15

Come enjoy a fun and safe experience for you and your family to explore Laurel Hills Park on an Egg Scavenger Hunt! There will be stations set-up around the park, where you will find a surprise filled eggs, activities to complete, and of course, clues leading you to the next station. This is a drop in program. Face masks are required and temperature checks will occur at check-in. For more information, please call 919-996-2147.

Date: Sunday, March 28th

Time: 2:00-4:00pm (drop in)

Location: Laurel Hills Community Center

Please review the In-Person Know Before You Go information prior to registering.

PARKS, RECREATION
AND CULTURAL
RESOURCES

Specialized Recreation and Inclusion Services
2401 Wade Avenue
919-996-2147
SRIS@raleighnc.gov

SRIS Virtual Programs

March 2021



Virtual Game Night:

Ages 15+

Get your game faces ready! Join us as we participate each week in a variety of games like charades, name that tune, bingo, hang man...and so much more! Each session will be a unique game night full of fun!

Registration Deadline: February 28

273387	M	Mar 1	7:00pm
--------	---	-------	--------

Registration Deadline: March 7

273388	M	Mar 8	7:00pm
--------	---	-------	--------

Registration Deadline: March 14

273389	M	Mar 15	7:00pm
--------	---	--------	--------

Registration Deadline: March 21

273390	M	Mar 22	7:00pm
--------	---	--------	--------



Virtual Fitness:

Ages 6+

Get your body pumping! Pull up a chair in front of your computer and we will go through a series of exercises to increase your heart rate and build muscle.

Registration Deadline: March 8

273440	W	Mar 10	10:00am
--------	---	--------	---------

Virtual Read and Chat:

Ages: 18+

Join us yet again to discuss a summary of chapters in a book we are reading together. Don't worry if you haven't joined before, we will catch you up to speed. We will also plan for the next chapters to read! Audiobooks are used throughout.

Registration Deadline: March 11

273384	F	Mar 12	5:30pm
--------	---	--------	--------



Virtual VIP Group Circle:

Ages 15+

This session is for participants who are blind or visually impaired. Join us virtually for our first live Group Circle chat. During this time you will get to engage with your peers and have fun, topic filled, communication. We're excited to chat with everyone!

Registration Deadline: March 16

273439	W	Mar 17	5:00pm
--------	---	--------	--------

**PARKS, RECREATION
AND CULTURAL
RESOURCES**

Specialized Recreation and Inclusion Services
2401 Wade Avenue
919-996-2147
SRIS@raleighnc.gov

SRIS Virtual Programs

March 2021



Virtual St. Patrick's Day Celebration:

Ages 15+

Join us virtually to celebrate all that is Irish while we discuss St. Patrick's Day celebrations around the world. We will also play some fun Leprechaun themed games!

Registration Deadline: March 18

273385 F Mar 19 5:30pm



Virtual Cooking Class:

Ages 15+

Join us from the comfort of your own home for a cooking class! Recipes will be easy to cook and require basic ingredients to minimize any need to go to the store. We will send the recipe in advance to ensure everyone has enough time to get all the necessary ingredients. Don't forget to send us a picture of your cooked meal!

Registration Deadline: March 17

273438 W Mar 24 5:00pm

Virtual Dance Party:

Ages 15+

Freeze! Join us while we dance from home learning new dance moves, playing freeze dance, and more. No supplies needed, as music will be provided virtually or play your own songs from your home dancefloor. Be prepared to show us your best move!

Registration Deadline: March 25

273386 F Mar 26 5:30pm

COMING IN APRIL:

- ⇒ More Virtual Programs
- ⇒ Outdoor Meet-Up Opportunities
- ⇒ Warmer Weather!

PARKS, RECREATION
AND CULTURAL
RESOURCES

Specialized Recreation and Inclusion Services
2401 Wade Avenue
919-996-2147
SRIS@raleighnc.gov