

Winter Classes

Art

Creating Abstract Art

Gail will show you some examples of abstract art styles, layering and will do a demo.

Please bring an apron or wear clothes that can get paint on them. Students are encouraged to have fun and experiment with supplies that are provided.

Painting Abstract Art Jan 14 Tu 2:30-3:30PM Fee: \$0

Creating an Abstract Self Portrait Mar 18 Tu 2:30-3:30PM Fee: \$0

Open Studio with Gail

Always wanted to try painting or need a creative boost? Join us for a fun, therapeutic art session! Gail will be there to answer questions and help you overcome painter's block. Bring your supplies (storage available), or purchase basics for a small fee. Brushes and easels are provided. Let's create, inspire each other, and finally fill that blank wall at home—because art is always better together! This program meets on the 1st & 2nd Tuesday of each month.

Jan 7-Apr 8 Tu 2:30-4:00PM Fee: \$0

Paint a Simple Bouquet

Students will do a simple sketch before painting with acrylics and exploring how layering works. Loose not precise approach will be encouraged. Supplies are provided but wear clothes that are not too fancy in case of paint coming in contact.

Apr 15 Tu 2:30-3:30PM Fee: \$0

Quilling

Discover the art of quilling in this engaging class! Learn how to craft basic quilling shapes as Janet demonstrates essential tools and techniques to help you create stunning designs. Connect with fellow crafters share ideas, explore new methods, and make lasting friendships. All supplies are included, so just bring your creativity! 1st Wednesday 1:00-3:00PM Fee: \$0

Jan 8 Snowflake (coils and shapes)

Feb 5 Hearts (shapes and scrolls)

Mar 5 Butterfly (husking)

Apr 2 Spring Flower (coils and stems)

Japanese Cultural Outreach

The Japan America Society of NC is providing cultural outreach programs. Instructor Miku Kubota is from Japan and is eager to share some of her culture with our patrons.

Furoshiki: learn how to wrap an object using a piece of fabric to transport goods. Bring a water bottle and small container/box, no larger than half the size of a shoebox.

Mar 4 Tu 1:00-2:00PM Fee: \$5

Kiri-Gami: learn to create intricate designs by cutting and folding Origami paper.

Mar 4 Tu 2:30-3:30PM Fee: \$5

Walnut Terrace Center
1256 McCauley Street
Raleigh, NC 27601
919-996-6160

raleighnc.gov/parks



Raleigh
Parks

Winter Classes

Educational

Write Your Story

Transform your life experiences into meaningful stories to share with future generations. In this supportive class, explore memories, craft vivid word pictures, and reflect on trigger themes provided by Janet. 2nd Thursday 1:00-3:00PM Fee: \$0

Jan 9 First Trip Without My Parents

Feb 13 What Age Did You Move Out On Your Own?

Mar 13 Describe a time when you moved up the ladder at work.

Apr 10 What were your career goals and what did you do to get there?

Social

Card Making to Lift Spirits

Give back while having fun! Join us to create greeting cards for Meals on Wheels—no experience needed. Supplies are provided. Enjoy a creative and rewarding experience while making new friends! Led by instructor Janet. 3rd Thursday 1:00-3:00PM Fee: \$0

Jan 16 Valentine Day

Mar 20 Easter/Spring/Mother's Day

Mah Jong: Open Play

Join your fellow game players for Mah Jongg. This is an open play time for all skill levels, no registration required, sign in upon arrival. Call 919-996-6160 to confirm play groups day of.

Jan 6-Apr 28 M 12:00-4:45PM Fee: \$0

Navigating the Future: A Roundtable for Sharing and Growth

Roundtable Discussion: Join us in exploring fresh and time-tested approaches to navigating your future in an ever-changing world. Share your experiences, stories, and insights to inspire and support others. Reflect on what you're doing now and what you hope to achieve. This engaging session is a chance to connect, listen, and learn together. Facilitated by Janet. Class meets the 4th Wednesday 1:00-3:00PM Fee: \$0

Jan 22 Clarify and Simplify: Do more with less.

Feb 26 Repurpose and Reframe

Mar 26 Create a plan for you and your world.

Apr 23 Put plans in place and take action

Canasta: Open Play

Join us for a lively session where you can socialize, compete, and make new friends while mastering this timeless classic! This ultimate card game from the rummy family is perfect for four players in two partnerships, Canasta combines strategy and fun as you race to create winning melds—sets of at least three cards of the same rank. Open to all levels of players. Instructed by Janet. 3rd Wed of the month.

Jan 15-Apr 16 W 1:00-3:00PM Fee: \$0

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